

## INFORMATION FOR PATIENTS

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# Undergoing a micturating cystogram

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The Radiology (x-ray) department has received a request from your hospital doctor for you to have a micturating cystogram. This leaflet will help you understand what is involved.

### How do I prepare for procedure?

There is no preparation for this examination. You may eat, drink and take any medication as normal.

Please leave any valuables at home. You are responsible for all personal items you bring into hospital and the Trust cannot accept responsibility for their loss or damage.

### What will happen during the cystogram?

A cystogram is an examination of the bladder. This examination involves passing a small tube into the bladder, which is filled with a special fluid to enable it to be seen via x-ray imaging.

This examination should not be painful but may cause slight discomfort as the tube is passed.

Males will have a local anaesthetic cream applied prior to catheterisation.

### What if I need further information?

If you have any questions that have not been answered by this leaflet, please feel free to contact us by telephone and one of our nurses will be happy to assist you.

### Contact us

X-ray department: Telephone 01623 672202.

### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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