

Wellbeing

CONVERSATIONS



Sherwood Forest Hospitals
NHS Foundation Trust

The NHS People Plan was published by NHS England and NHS Improvement in July 2020 outlining actions that organisations, employers and staff will need to take in the coming months. It includes a specific commitment to looking after our people and outlines the actions we must take to keep NHS staff safe. To support this the Plan asks that all NHS staff have a health and wellbeing conversation, and are supported to develop a personalised wellbeing plan.

At SFH we have started to introduce wellbeing conversations as part of the appraisal process. Commencing with areas that will pilot the approach and with a view to rolling out to all areas.

