

## Sherwood Forest Hospitals NHS Foundation Trust Board Update ICP Objectives Progress Report for 20/21

The report below is intended to provide the SFHFT Board with an update on the position against the Mid Notts ICP Strategic Objectives. Each objective is underpinned by two breakthrough objectives which during 20/21 were identified as medium term in supporting the ICP's vision of "Healthier and Happier Communities and Extending Life Expectancy for the MN population by 3 years"

These wide ranging strategic objectives are the responsibility of all of the partner organisations to support delivery and embed within organisation own strategic plans with all partners playing a key role in the delivery and impact to the overarching ICP vision.

The work on the objectives during 20/21 was adversely impacted by the Covid Pandemic with colleagues redirected to support the pandemic response resulting in a number of the deliverables rolled forward into 21/22, however a number of key success were achieved and will provide a baseline and framework for 21/22.

### Objective 1 – To give every child the best start in life

- Increase Readiness for school and the number of children with the skills to start school
- Increased focus on the benefits of breast feeding that leads to an increase in breastfeeding rates

- 78% of 2 year olds took up funded childcare places (15 hours per week) in spring 2020 and although these were adversely affected by Covid in the summer 20 they have continued to increase
- 93% of parents who applied took up extended entitlement places (30 hours)
- Nottinghamshire settings have participated in the National Early Years Professional Development Programme which will reach 45 settings to support Early language and numeracy
- Best Start Strategy 2021-2025 has been launched which has 10 key ambitions. A new system partnership has been formed of which the ICP is a member and will look to the ICP in developing and supporting the delivery of some of the key ambitions
- CCG and Nottinghamshire County Council have agreed to jointly commission speech and language services with funds pooled for the 21/22 financial work. During 21/22 the ICP will work with colleagues to determine the longer term opportunity for this approach across the wider ICP footprint
- Date for breastfeeding is shown by Local Maternity and Neonatal System level (LMNS) and not at ICP footprint. In the last reporting period Sept 20 the following data was available
  - Breast feeding Initiation – LMNS target 74%, LMNS actual 70.9%, SFH 60.4%
  - Breast Feeding Maintenance (6-8 weeks), LMNS target 46.2%, County actual inc SFH 43.4%
  - Reduction in smoking at the time of delivery – LMNS target 13.1%, LMNS actual 13.6%, SFH 18.5%
- Breast feeding breakthrough objective being reviewed for 21/22 to align to the Best Start Strategy

- ICP Board received a deep dive review of the Objective April 21

**Objective 2 – To promote and encourage healthy choices, improved resilience and social connection**

- Improve the connection and integration of the voluntary sector and current health and social services available to build effective services that support alcohol, diabetes, cancer, EOL and joint and bone pain (MSK)
- To help people to know how to stop smoking

- CVS led two events to support the ICP objectives, Diabetes and Learning Disabilities. The learning from these events are to be embedded in a 2 year work plan for the CVS to further support the delivery of objective 2.
- An Inequalities Oversight Group and the Partnership Board made up of system partners, patient groups and all sectors of the voluntary sector have been implemented and will report formally into the ICP governance structure for 21/22
- By mid 2020 at the end of the QIPP target associated with the End of Life Service, the service had contributed £1.365m to the system financial position in reducing demand on acute services . The service is to be reviewed during 21/22 with the aim of expanding its current programme budget to include fast track services to maximise the quality of the patient experience, capacity within the existing service and to look at further opportunities to support the transformation and efficiency programme at system level.
- Nottingham University graduates are undertaking a research project on the impact of the end of life services and impact to the population
- In six months of 20/21 2066 people were referred to the Specialist Stop Smoking Support Services which resulted in 476 stopping smoking, 23% of those referred

**Objective 3 – To support our population to age well and reduce the gap in life expectancy**

- Strengthen integration across the PNCs building on community based services that include the voluntary sector, care homes and care in the community settings
- Make sure people who are known to be frail are looked after in the best possible way.

- In Q1-Q3 - 5,256 referrals to the social prescriber Link Workers
- The ECRT care home team, hosted and managed by the MN ICP delivered
  - 1,517 flu vaccinations on behalf of the GPS across 115 care homes,
  - Supported the PHE swabbing programme for Covid swabbing 3880 people across the County and City
  - Delivered 3388 sessions of training into 163 homes to build the care home resilience and support the mitigation of demand in other areas of the system
- The discharge to assess model delivered in response to the pandemic with supported discharges managed by an integrated community based hub is now in place and is compliant with the national guidance. The ICP partners to work together during 21/22 to determine the ongoing delivery model.
- End of Life service, MSK Service, D2A all identified as key deliverables for 21/22 to support the development of the role of the ICP and to identify where support to transformation and efficiency can be identified

- ICP to be actively involved in the work to review the community services model for 22/23 onwards

**Objective 4 – To maximise opportunities to develop our built environment into healthy places**

- The physical environment within our communities is better used to ensure it has a positive impact on their health and wellbeing
- Everyone lives in safe housing and there is increased availability of social housing

- Improvements to the environment referenced in bids for the local authorities including Future High Streets, Towns Fund and Community Renewal
- Four districts working with their priority areas to look at delivering improvements for the residents that will have a positive impact on the health and wellbeing of the citizens
- For example Bellamy Estate in Mansfield - £5.7 million redevelopment of the estate to include housing regeneration, improvements to open space, £35k investment into children’s play area
- ICP working with LA partners to determine the role health partners could play in supporting these priority areas, for example the MN Inequalities group have supported the use of the vaccination bus, identifying areas of low take up including the Bellamy Estate where access to services needs to be flexible to meet the need of the population to improve take up.
- Learning from the Covid vaccine bus helping to support the ICP in identifying future models that can support the population need, building services from the bottom up and recognising that one size does not fit all
- British Cycle funding to support the population in learning to cycle – Bellamy Estate
- 21/22 work will see ICP partners joining up across the three Las and the wider system to effectively report performance within this objective in a meaningful way
- ICP Board received a deep dive review of the objective May 21

**Objective 5 – To tackle physical inactivity by developing our understanding of barriers and motivations**

- To help local people to know about what is happening and there is increased take up of existing campaigns across our communities
- Better understanding of the barriers to physical activity and why members of our community do not want to or like exercise and are not active

- Analysis was undertaken to understand the physical activity behaviour across the three districts and using Nov 19 as the data point for the work during 20/21, 24.6% of the population of Mid Notts are inactive varying between 19.5% and 33% which unsurprisingly also correlates with the areas of the highest health inequalities
- Active Notts are instrumental in the delivery of this objective as well as being linked in across a number of the ICP objectives and activities, MSK service review as another example
- Existing campaigns such as This Girl Can (Ashfield) and Undefeatables (M&A) are being reviewed as part of the work to engage with the local communities to provide a better understanding of their lives and motivation towards a healthier and more active lifestyle.
- The interdependencies between the objectives, for example 4 and 5 also support the delivery and in using Bellamy as an example where there is clear cross over where inactivity is a focus within the estate and actions to improve include a youth shelter, outdoor gym, green spaces and bike ability scheme
- There are two overarching principles to underpin the delivery of this objective

- Increasing physical activity requires a systems based approach, there is not a single solution or intervention
- Implementation requires a collective and co-ordinated response across all settings where people live, work and play – by all relevant stakeholders, at all levels to ensure a more active future
- ICP Board received a deep dive review of the objective November 20 and endorsed the cross sector and partnership on the steering group and to reposition physical activity as thematic and cross cutting not a single intervention

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