

INFORMATION FOR PATIENTS

How to use the Genuair inhaler

This leaflet will inform you how to use the Genuair inhaler device correctly.



The Genuair inhaler delivers a dry powder, and must be inhaled with a sharp inhalation of breath. This ensures that the powder is fully drawn out of the device and taken down into the lungs.

The Genuair device comes in green/white and yellow/white; this identifies the different medications contained within the two devices.

The benefit of using the device correctly is that your chronic obstructive pulmonary disease (COPD) will be controlled more effectively. In order for this to happen, the inhaler must be used regularly. The usual dosage is one inhalation morning and evening. **The Genuair inhaler should not be used more than this, if you have persistent breathlessness you need to use your reliever inhaler (Salbutamol).**

To effectively use your Genuair inhaler, follow this step-by-step guide:

1. Use only as prescribed.
2. Take off the protective cap.
3. Press the green/yellow button all the way down and release.
4. Check that the control window is green and no longer red.
5. Your inhaler is now ready to use.
6. Breathe out completely, away from the inhaler.
7. Put your lips tightly around the mouthpiece and breathe in strongly and deeply through your mouth.
8. Keep breathing in, even after you hear the click.
9. Do not hold the green/yellow button down while you are breathing in.
10. Remove the inhaler from your mouth, holding your breath for as long as is comfortable.
11. Slowly breathe out through your nose.
12. Check that the control window is now red – this means that you have received your full dose correctly.
13. If the control window remains green, repeat steps 6-12 again.

You can see how many doses you have left by checking the dose indicator, which goes down slowly in intervals of 10.

When a red-striped band appears, you should obtain a new prescription. The green/yellow button will lock in the middle position when the last dose is ready to inhale.

You may notice some grittiness in your mouth afterwards, to relieve this rinse your mouth with water.

How to store your Genuair inhaler

Keep in a clean and dry place away from the reach of children and pets. **Always follow the manufacturer's instructions in the patient leaflet.**

Contact details

Respiratory Specialist Nurse
Cardiorespiratory Department (Clinic 4)
King's Treatment Centre
King's Mill Hospital
Sutton in Ashfield
Notts
NG17 4JL

Telephone: 01623 622515, extension 6831, 3541 or 6324. Lines are open Monday to Friday between 9am-5pm.

Further sources of information

NHS Choices: www.nhs.uk/conditions
Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222
Newark Hospital: 01636 685692
Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet (if relevant) please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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