



Your Freedom to Speak Up Guardian and Champions

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We are listening

**#Team
SFH**





Hello!



My name is Kerry Bosworth

and I am your Freedom to Speak Up Guardian.

I am here to offer you a safe space to speak up and raise concerns you have about anything that impacts you at work, affects patient safety or quality, or if you have raised concerns in your area previously, but feel things haven't changed.

I will support you taking concerns forward confidentially at a reach and pace you feel comfortable with.

Sherwood is invested in continuing to create that just culture, speaking up and raising concerns helps the organisation to learn and improve to protect and care for our patients and our workforce. Please contact me via: **kerry.bosworth@nhs.net** or **07788 224490 / ext 4559**

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Hello!

My name is Dr Som Sarkar.



I am a consultant in critical care and anaesthesia.

Working through the pandemic in critical care, I have witnessed questionable behaviour towards some of our more vulnerable colleagues from all disciplines. I hope that by becoming a FTSU champion I am visible and approachable to support colleagues.

We invest a lot of time and resource in recruiting colleagues to join #TeamSFH and we owe it to all of them to ensure they work in a safe and nurturing environment, where they can fulfil their potential.

Please contact me via: somsarkar@nhs.net

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Hello!

My name is Kiran Dulay.



I joined Sherwood as a Clinical Typist two years ago and I work across both King's Mill and Newark Hospitals.

Since joining, I've been impressed by the level of encouragement across the organisation in creating an open and honest culture; but I know there is more we can do.

I mainly work from home and know that this can sometimes leave us feeling isolated and lonely. It's important that colleagues working off-site continue to feel a part of #TeamSFH and still feel able to raise any concerns. I feel passionate about giving a voice to those who need support in doing this, wherever they may be based.

Please contact me via: kiran.dulay@nhs.net

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Hello!

My name is Jane Hammersley.



I am a registered children's nurse working on ward 25.

I wanted to be a FTSU Champion as I feel that everyone deserves to have a voice and be listened to. We should celebrate the fact that we live in such a diverse society, and everyone should be empowered to be themselves freely, and to be able to speak up about things that may be worrying them without fear.

I have learned through experience that if you are listened to and feel valued, you work more effectively, and this creates a positive working environment. As part of the process of speaking up, I believe we can work together to make positive changes to ways of working and enhance patient safety.

Please contact me via: jane.hammersley@nhs.net

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Hello!

My name is Carol Hatton.



I am a HCA on ward 36 and I have worked at King's Mill Hospital for 13 years.

I wanted to become a Speak up champion to give people someone they feel safe to go and talk to about any issues they may have.

Speaking to colleagues, some feel that they are not listened to, or taken seriously. No one at Sherwood is 'only' something.

Please contact me for a chat; it will be taken seriously, confidentially and with the respect you deserve.

Please contact me via: **carol.hatton1@nhs.net**

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Hello!

My name is Ally Todorova.

I am a multi-cultural and bi-lingual Midwife.

I joined #TeamSFH in 2008 and found it really difficult to integrate myself personally, professionally and culturally, with no one to talk to or raise concerns, thus I have struggled for years.

Therefore, I have decided to become a FTSU Champion to improve colleagues and patients' experience so their concerns are listened to and acted upon.

As a FTSU Champion, I would like to be the beacon for voices that want and needs to be heard. So, if you want to speak, I am here to listen.

Please contact me via: ralista.todorova@nhs.net

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Hello!

**My name is
Conall-Eve Silvester-
Horvath**



I am a trainer and facilitator within the Learning and Development department.

We all have a voice; we all have the opportunity to say something. We all know organisations work better when we have a diverse set of opinions; it allows improvement and action to happen which has come directly from us.

My role as a champion is supporting you to make that first step if you have something you'd like to say. If you would ever like a chat, please get in touch.

Please contact me via: **conall-eve.silvester-horvath@nhs.net**

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Hello!

My name is Jackie Lynam.



I am from a generation where speaking up in the NHS (when I started 32 years ago), was not an option.

There have been so many improvements over the years that provide support people to people in their daily lives, encouraging us all to discuss our concerns. I want to be part of that process.

I consider myself to be an approachable person, having an open mind in all aspects of my life. I will always endeavour to make every effort to listen and assist anyone wherever possible. All conversations are confidential.

Please contact me via: **Jackie.lynam@nhs.net**

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Hello!

My name is Daniele Marta.



I enjoy being part of #TeamSFH as an Orthotist.

In my role being inquisitive, analytical and effective is a must. These skills are transferable into my role as a Speak Up Champion.

I am passionate about promoting safe wellbeing, stemming from an atmosphere and work environment based on mutual respect, honesty, openness and where victimisation and unfairness is completely absent.

Please contact me via: **daniele.marta@nhs.net**

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Hello!

My name is Diane Standing.



I have been a Patient Pathway Coordinator (PPC) for nearly 8 years at Sherwood.

There have been quite a few changes during this time, some good and some not so good. Working through the pandemic has been both challenging and rewarding, and has shown us different ways of working and communicating together.

My reasons for wanting to be a Champion is that I believe historically clerical and admin colleagues tend to get a little forgotten when decisions and changes are being made.

I am therefore passionate about helping these teams have a voice; hopefully by being able to speak up confidentially and being part of #TeamSFH.

Please contact me via: dianestanding@nhs.net

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Hello!

My name is Irena Wood.



I am part of the ECRT Team (Enhanced Care Response Team) and have supported care homes with various areas of training in response to Covid.

I initially started at Sherwood as a member of the bank team and enjoyed working in clinics, Endoscopy, ITU and particularly ED.

I am from a training background so I enjoy supporting people to develop and be the best they can be. Throughout this role I am hoping to support individuals to be part of the process that drives improvement in practice and maintains the quality of care given and received at Sherwood.

Please contact me via: **irena.wood@nhs.net**

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Hello!

**My name is
Tracey Plant.**



Freedom to Speak Up is important to me because everyone in their work place should be able to voice any concerns they may have, with confidence and without being afraid of any repercussions. I want my colleagues to know they have support in their job role.

I wanted to be a Champion because going to work should be a safe and happy experience and I would like to be part of being able to improve someone's everyday work experience

Being happy at work improves performance therefore resulting in a better work outcome for all involved.

Please contact me via: **tracey.plant2@nhs.net**

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Hello!

My name is Tracey Munks.



I work on the Pre-Op Assessment Unit at Sherwood.

I joined the Freedom to Speak Up agenda as a Champion because I want to ensure our new colleagues joining the Trust, have a voice and are heard.

Please contact me via: tracey.munks@nhs.net

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Hello!

**My name is
Dawn Scothern.**



**I am a Nurse Practitioner on Ward 11 at
King's Mill Hospital.**

I have become a Freedom To Speak Up
Champion so that I can support my colleagues
with any issues or concerns they may have.

Please feel free to come and chat, I will be happy
to help.

Please contact me via: **dawn.scothern@nhs.net**

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Hello!

**My name is
Ann Fewtrell.**



I have worked in Service Improvement for 15 years.

I originally trained as an Orthoptist, and then I worked in General Management before moving to Service Improvement.

I'm passionate about improving services for patients and improving working lives for colleagues. My job takes me all over the hospital and gives me the opportunity to talk to colleagues about what's working and what isn't.

Please contact me via: **ann.fewtrell1@nhs.net**.

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Hello!

**My name is
Gerrie Edwards.**



I have worked at the Trust for many years in different roles and my great passion is to ensure we deliver great care for our patients.

I also want to be a confidant for colleagues to turn to if there are issues they need to discuss or concerns they need to raise. I want to make a positive difference and I believe it's important that colleagues feel there is someone they can turn to.

Please contact me via: **geraldine.edwards@nhs.net**

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Hello!

My name is Jason Rohun.

I am a Physiotherapist.

I pride myself on providing a high standard of patient care. I want to be part of a culture whereby patients and colleagues feel safe, listened to and cared for. Speaking up is essential.

Please contact me via: jason.rohun@nhs.net

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Hello!

**My name is
Leanne Hostler.**



For the last 16 years I have worked at Sherwood.
I currently work as an specialist transfusion practitioner and I am very passionate about patient safety, continuous improvement and supporting colleagues.

I enjoy my role as Freedom to Speak Up Champion as I look forward to supporting colleagues in any way I can.

Please contact me via: **leanne.hostler@nhs.net**.

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Hello!

My name is Jason Hollywood- Long.



I have worked at Sherwood for 17 years and I have worked in various areas, and gained experience and many friends.

With this, I would like to support colleagues and give them the confidence to speak up about any issues and be the guidance they need to make their working environment a better place to be in. I want colleagues to feel empowered about their important work in this great Trust.

Please contact me via: Jason.hollywood-long@nhs.net

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Hello!

**My name is
Nikki Green.**



I am an E-learning Development Officer.

As a Freedom to Speak Up Champion, I would like to become a role model for others and be part of an open, honest and transparent culture and help others to have a voice.

Please contact me via: **nikki.green1@nhs.net**

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