



Newark Hospital
Ask for Newark



Sherwood Forest Hospitals
NHS Foundation Trust

Directory of services *for Newark Hospital*



**Healthier Communities,
Outstanding Care**

Newark Hospital

Newark Hospital is an important and much loved part of our community with the purpose of providing a broad range of healthcare services locally. Sherwood Forest Hospitals NHS Foundation Trust, which runs Newark Hospital, is focused on continuing to develop the hospital to ensure that wherever possible local people receive their care in Newark.

#TeamNewark

Our services are delivered by more than 400 dedicated nurses, doctors, allied health professionals, administrators and support staff who all play important roles. We are also proud to have more than 200 volunteers who generously provide their time to help colleagues and visitors.

In May 2020 Newark Hospital's CQC rating improved from Requires Improvement to Good overall following an assessment of services in January and February 2020.

Surgery and end-of-life care services at Newark were inspected and the hospital is now rated good overall for all five CQC areas — safe, effective, care, responsive and well led.

Surgery at Newark significantly improved its rating since the last inspection in 2016.

In particular, inspectors noted the way colleagues treated patients with compassion and kindness, respect, privacy and dignity, taking into account of their individual needs, and helping them understand their conditions, while providing emotional support for patients and families.

Charity support

We are fortunate to have the support of the Sherwood Forest Hospitals Charity, Friends of Newark Hospital and generous fundraising from our community which has helped buy specialist equipment to allow more patients to receive their care at our hospital.

A vibrant hospital

As you walk around the hospital you will find a calm environment and our staff do all they can to ensure you feel at ease and that you are comfortable.

Your feedback

We are always looking for ways to improve services and listening to your feedback is a really important way for us to do this. If you have any comments, compliments or concerns about Newark Hospital please contact the Patient Experience Team on 01636 685692 (8.30am to 5pm Monday to Friday), post on the website [careopinion.org.uk](https://www.careopinion.org.uk) or leave a message in our book on the Help Desk.



Directory of services

Outpatient Clinics

Department Leads :

Sam Lambert, Louise Morgan, Karen Meikle

Telephone: 01636 685798

Email Addresses:

Samantha.lambert3@nhs.net

Louise.morgan7@nhs.net

Karen.meikle1@nhs.net

We provide a wide range of multi-specialty clinics and our outpatients team work hard to ensure that we offer good access, personalised care and a positive patient experience.

Our range of outpatient clinic provision includes:

Abdominal Aortic Aneurism screening clinic

Antenatal

Cardiology

Colposcopy

Dermatology

Diabetes and Endocrine

Dietetics

Medical

ENT (Ear, Nose & Throat) *including Audiology*

Gastroenterology

General Surgical

Gynaecology

Haematology - *including Warfarin Service*

Neurology

Ophthalmology

Orthopaedic – *Elective follow up and Fracture*

Orthoptist

Orthotics

Paediatrics – *ENT, Ophthalmology, Dietetics and Community*

Pain clinics

Plastic Surgery

Community Podiatry

Rehabilitation Medicine

Respiratory

Rheumatology

Sleep Clinic

Surgical Appliances

Urology

Vascular

Stroke

Bramley Children's Unit

Lead Nurse:

Jo Yates RGN

Telephone: 01636 685857

Email: jo.yates2@nhs.net

The Bramley Unit is a purpose built, dedicated area for outpatient services for children and young people, enabling them to receive care at their local hospital. Our pediatric clinics include general clinics, allergy, ENT, endocrine, diabetes, respiratory and clinics for urgent referral

Surgical Ward

Ward Sister:

Denise Davies

Telephone: 01636 685850

Email Address: Denise.Davies@nhs.net



Patients can now undergo a wide range of day case surgery at Newark Hospital under specialties including:

- Breast
- Orthopedics
- Dermatology
- Pain
- ENT
- Plastics
- General Surgery
- Urology
- Gynecology
- Ophthalmology

A full list of surgical day case procedures currently undertaken at Newark Hospital is included on page 6.

Medical Day Case

Department Lead:

Denise Davies

Telephone: 01636 685850

Email Address: Denise.Davies@nhs.net

We offer a range of medical day case procedures at Newark Hospital including;

- Infusions
- Respiratory treatments
- Gastroenterology treatments
- Rheumatology treatments
- Transfusions
- Sub-cutaneous injections
- Antibiotics
- Hematology treatments
- Treatments for Inflammatory Bowel Disorders
- PICC Line dressings and flushes
- Chemo pump removal

Ambulatory Care

We offer access to a number of ambulatory care pathways via presentation at our Urgent Treatment Centre or direct referral from a GP, providing rapid access to assessment and treatment at Newark and avoiding unnecessary transfers to other hospitals. These include treatment for;

- Anaemia
- Incidental PE
- Cellulitis
- Pyelonephritis
- DVT

GPs can refer into these pathways by contacting the Newark Hospital Medic On Call via 01636 681 681.

Diagnosics

Lead Radiographer: Alison Luke

Telephone: 01636 685781

Email Address: Alison.Luke@nhs.net



We are able to offer a wide range of diagnostic tests on site including x-ray, ultrasound, CT imaging and MRI scanning.

General x-ray is provided for inpatients, outpatients (Trauma & Orthopaedics, Podiatry, Rheumatology, Respiratory, Urology), urgent care and GP referral. Appointments for GP patients are available 8:45am – 5:15pm.

Ultrasound is provided for Obstetrics, Gynecology (pelvic scans), MSK (shoulders, feet), Soft Tissue (groins, abdominal wall lumps) and General U/S (abdominal, kidneys, testes). Dopplers are available for assessment of Deep Vein Thrombosis via presentation at the Urgent Care Centre or referral to the Newark Hospital Medic On Call via 01636 681 681.

CT imaging is available for various examinations. CT Urograms can be directly requested. The following scans are available via referral: cancer staging scans, orthopaedic scans, CT colonography.

MRI scanning appointments are available 8am - 8pm on our mobile scanner. GP referrals can be made for Lumbar Spine and knee scans.

Mammography is provided from our Breast Screening mobile unit on site. This service is provided by Nottingham University Hospitals.

Endoscopy

Department Lead: Jane Cartwright

Email: jane.cartwright1@nhs.net

Telephone: 01636 685877

Our Newark endoscopy unit provides diagnostic procedures including: Bronchoscopy, Colonoscopy, Cystoscopy Flexible Sigmoidoscopy and Gastroscopy.

Therapies

Therapy Operational Manager: Fran Platts

Telephone: 01623 785177

Email Address: Fran.Platts@nhs.net

Our therapy teams provide a range of inpatient and outpatient services. Physiotherapists and Occupational Therapists provide assessment, rehabilitation and pre and post-operative treatment to inpatients. Our outpatient therapy services include neurological, hand therapy, rheumatology, women's health, musculoskeletal, respiratory and cardiac rehabilitation.

Sconce Inpatient Ward

Ward Sister: Kerry Hazard

Telephone: 01636 685860

Email: kerry.hazard@nhs.net

Our sub-acute medical Sconce Ward provides a positive and welcoming atmosphere and environment so that people feel comfortable and at ease through a difficult time in their lives. Our focus is and always will be on quality patient care. Our Sconce team maintains very high standards and strives to meet the expectations of all our patients.

We repatriate patients from other hospitals following their acute episode of care who can continue to be treated nearer to their own home. We also take a number of patients that require decision making on discharge planning and/or the next place of care helping to prevent unnecessary delays and find solutions or answers quickly.

GPs can also request to step up care for appropriate patients that may benefit from a short inpatient stay who can refer into the service by contacting the Newark Hospital Medic On Call via 01636 681 681.

Urgent Care

Department Lead: Michael Thomson

Contact telephone: 01636 685810

Email: Michael.Thomson2@nhs.net



Our Newark Urgent Treatment Centre is open from 9am to 10pm (with last patient seen at 9.30pm), seven days a week, to treat urgent but not life threatening conditions. The purpose built area and improved facility allows people to be treated and to return home as quickly as possible and we are proud of the service's consistently high performance in providing patients with timely access to urgent care.

Other Services

We also offer a range of other services including orthotics, sexual health, midwifery, respiratory care, phlebotomy and pre-operative assessment.

Full list of surgical day case procedures currently undertaken at Newark Hospital

Newark Theatres Department Lead: Amy Sprigg
Telephone: 01636 685 385
Email: amy.sprigg@nhs.net

Breast

Breast augmentation
Excision fibro adenomas
Excision breast lesions
Fistulectomy
Lipo fat transfers
Nipple reconstruction
Removal implants

Dermatology and Plastics

Basal Cell Carcinoma (BCC) and Squamous Cell Carcinoma (SCC) excision
Full thickness grafts
Punch biopsies

Ear Nose and Throat (ENT)

Adult Grommet Insertion
EUA and de-waxing / Suction clearance of ears
Excision of cyst/lesion around ears (Adult)
Tongue Tie Release
Mastoidectomy / Mastoid exploration
Tympanoplasty
Myringoplasty
Baha Implant insertion
External Canalplasty
Excision of external ear canal cholesteatoma
Excision of external ear canal osteoma
Ossiculoplasty
Tympanomastoidectomy

General surgery

Anorectal stretch
Circular stapling haemorrhoidectomy
Excision biopsy of lymph node for diagnosis
Excision/destruction of lesion of anus
Excision/treatment of anal fissure
Haemorrhoidectomy
Injection or banding of hemorrhoids Lateral sphincterotomy of anus
Laparoscopic Hernias
Pilonidal sinus surgery - laying open or suture/skin graft
Primary repair of femoral hernia Primary repair of inguinal hernia
Primary repair of inguinal hernia - bilateral Repair of other abdominal hernia
Repair of recurrent inguinal hernia Repair of rectal mucosal prolapse
Repair of umbilical hernia, para umbilical plus recurrent repairs
Sigmoidoscopy
Trans anal excision of lesion of rectum

Gynaecology

Destruction of lesion of cervix uteri
Endometrial biopsy/aspiration
+/- hysteroscopy
Intra uterine insertion and removal of coil devices
Myosure
Thermablades
Therapeutic (including endoscopic) operations on uterus (including endometrial ablation) Novasure

Ophthalmology

Cataracts
Incise and curate cysts Intravitreal Treatment Lid correction
Orthoptics

Orthopaedic surgery

ACL Repair
Arthroscopy of knee including meniscectomy, meniscal or other repair
Arthroscopy of shoulder
Arthroscopy of Ankles
Bunion operations with or without internal fixation and soft tissue reconstruction
Carpal tunnel release
Diagnostic arthroscopic examination of shoulder joint
Dupuytren's fasciectomy
Examination/manipulation of joint under anesthetic +/- injection
Excision of ganglion
Excision of lesion of peripheral nerve Excision of nail/nail bed
Lengthening/shortening of tendon(s) MUA joints and injections e.g. hip, knee, shoulder, coccyx
Caudal epidural
Operation/exploration of sheath of tendon (e.g. trigger finger)
Removal of foreign / loose bodies/ lumps and bumps
Removal of internal fixation from bone/ joint, including k-wires
Neurolysis & transposition of peripheral nerve e.g. ulnar nerve at elbow decompression
Therapeutic arthroscopy of shoulder - sub acromial decompression, cuff repair
Total Hip, Knee and Shoulder replacements
Avulsion of toenail and ablation of nail bed

Orthopaedic surgery continued...

Cuneiform osteotomy proximal phalanx
Chielectomy of the 1st MTP
Excision of ectopic bone in hallux
Fine needle aspiration of verruca vulgaris on the skin
Injection of MTP joint of Hallux Nail ablation
Neurectomy in the foot
Release of contracture of joint of toe Removal of screws
Scarf akin
Scarf osteotomy Hallux Metatarsal

Pain

Therapeutic localised injections
Trigger point injections

Urology

Correction of hydrocoele
Diagnostic endoscopic examination of bladder (including any biopsy)
Dilation of outlet female bladder
Endoscopic examination of urethra +/- biopsy
Endoscopic incision of outlet of male bladder
Endoscopic resection/destruction of lesion of bladder
Excision of epidermal lesion
Excision of lesion on penis
Excision of lesion on testis
Flexible Cystoscopy
Frenuloplasty of penis
Operations on urethral orifice
Orchidectomy
Operations on foreskin - circumcision, division of adhesion
Operation(s) on varicocele optical
Template biopsy of prostate
TURP
TURT
TURBT
Urethrotomy Vasectomy



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