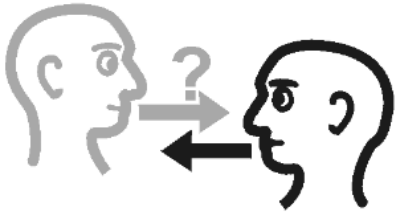
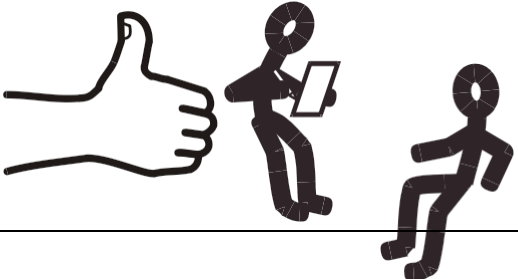
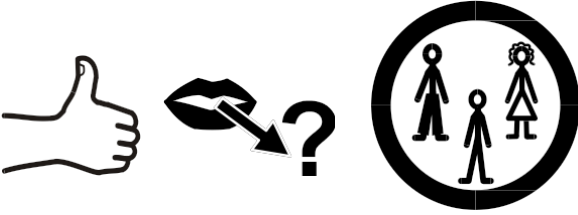
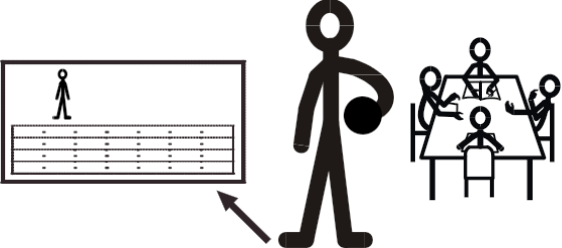
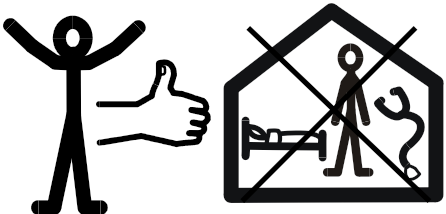
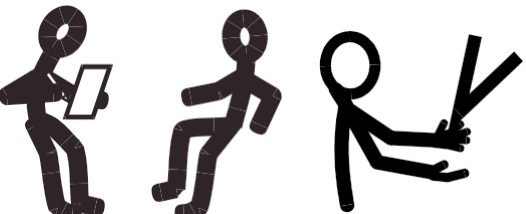
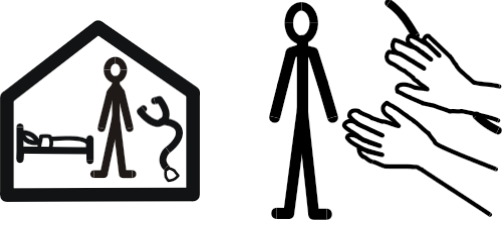
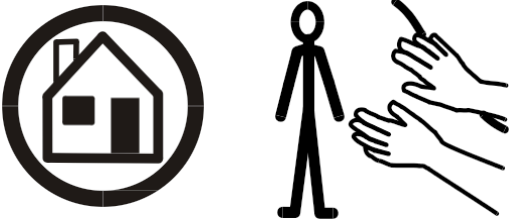
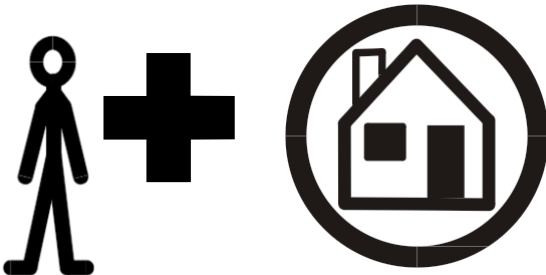


Going home from hospital

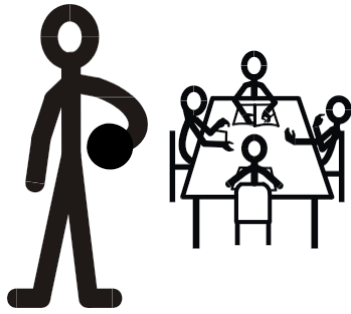
What is this leaflet about?	
	This leaflet is for patients.
	And relatives and carers.
	It tells you about what needs to happen to plan for you leaving hospital .
What happens in hospital?	
	The doctors and nurses on the ward will talk to you about leaving hospital.
	People will ask if it's ok to do an assessment. An assessment is finding out the best way to help you.

	We will check if it's ok to talk to other people that are close to you like close family and friends.
	The hospital will start making plans for you to leave hospital from your very first day with us.
	This is to make sure as soon as you are well (medically fit) you can leave the hospital.
	Some people get well and don't need a bed in hospital anymore.
	Some people get well but still need some care from others.
	These people can have the care they now need in the community.

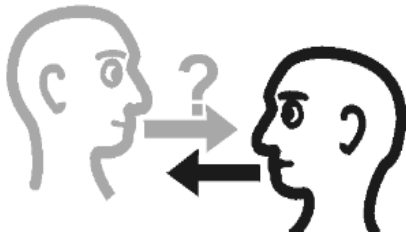
	This could be from: • Your GP • Outpatient visits to hospital • Rehabilitation • Social services.
What help will I get when I'm ready to leave hospital?	
	Your assessment will help decide what you need when it's time to go home.
	Some of the choices are:
	Home with voluntary services.
	Another hospital for rehabilitation. Rehabilitation means helping you get back to how you were before you came to hospital.

	Home with rehabilitation.
	Home with a package of care.
	Change of home.
	To residential care home.
	To nursing care home.
	To a residential home for a short time for more assessment.

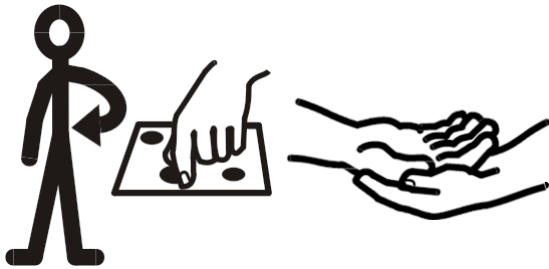
What can you expect Health and Social Services do?



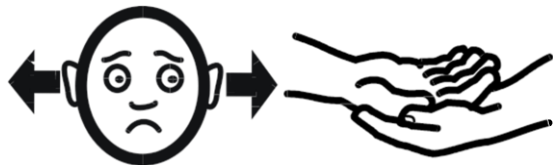
The hospital will start making plans for you to leave hospital from your very first day with us.



We will talk to you about your needs.



We will offer you choice about your support.



You can refuse the services offered **but** sometimes people do not meet the criteria for a different service as this won't help them.

Criteria is a set of rules to decide who should get a service.

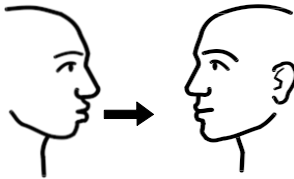


If you refuse a service and don't meet the criteria for anywhere else you will be discharged.

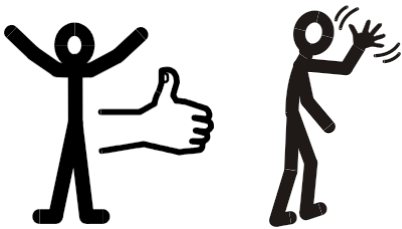


Staff will help you if you have any worries about your discharge from hospital.

What we expect from you/your family or carers?



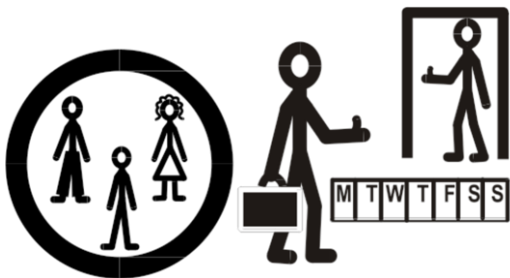
Tell us as soon as you can if there is a reason you cannot go home.



We will work with you to make sure you can leave hospital as soon as you are **well** (medically fit).



If you are having a change of home We ask that you **find a home within 7 days** of deciding this.

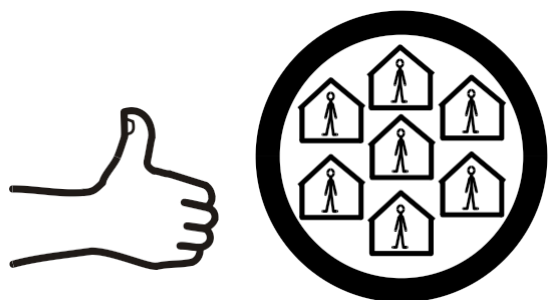


If you can't find a home we will ask your family/friend to look for a **place for a short time**.



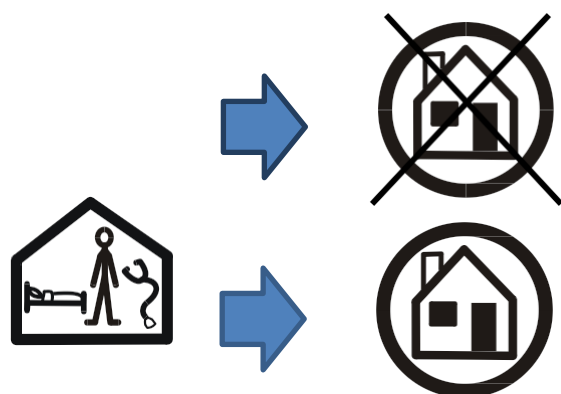
You cannot stay in hospital for a long period of time.

What if the help you need isn't available?



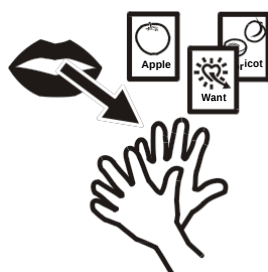
Care in the community is **safer** than being in hospital **once your medical problem is better**.

This is why it is important to leave Hospital as soon as you are well.



If your new home isn't available when you are well and ready to leave hospital, another home will be found for a short period of time.

Tell us what you think?



We want you to tell us about using the hospital.



Please contact our customer services department (PETS).



01623 622515, extension 3267 or 6101.

	sfh-tr.PALS@nhs.net
	Patient Experience Team King's Mill Hospital Mansfield Road Sutton in Ashfield Nottinghamshire NG17 4JL

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet please email: sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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