

Further sources of information

NHS Choices:

www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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INFORMATION FOR PATIENTS

Burns injury

Emergency Department

King's Mill Hospital

Mansfield Road
Sutton in Ashfield
Notts NG17 4JL
Telephone: 01623 622515, extension 2789

Newark Hospital

Boundary Road
Newark
Notts NG24 4DE
Telephone: 01636 681681

If you have superficial burns on your body, arms or legs, we will put dressings on them.

It might take your wound a couple of weeks to heal.

If you have burns on your hands or feet we might decide to treat them with an antiseptic cream in a plastic bag.

This means you can still move your fingers or toes so that they don't become stiff.

The skin inside the bag might so white and soggy, but it will go back to normal once the bag is taken off.

You should:

- ✓ Keep the burn and dressing clean and dry.
- ✓ Take tablets such as ibuprofen or paracetamol to relieve the pain.

Ibuprofen should be used with caution if you suffer from asthma or stomach ulcers.

Always read guidance on usage when taking any medication.

You should not:

- x Take the dressing off.

Go to your nearest Emergency Department at once if:

- Any fluid comes from the burn.
- You accidentally get the dressing wet.
- The burn starts to feel worse.
- You feel ill or develop a high temperature.

Aftercare

When exposed to the sun you should wear factor 30 sunblock for two years over the area of the burn.