

Further sources of information

NHS Choices:

www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

To be completed by the Communications office
Leaflet code: PIL202202-01-HTC
Created: February 2022/ Review Date: February 2024

INFORMATION FOR PATIENTS

High temperature (child)

Emergency Department

King's Mill Hospital

Mansfield Road
Sutton in Ashfield
Notts NG17 4JL
Telephone: 01623 622515, extension 2789

Newark Hospital

Boundary Road
Newark
Notts NG24 4DE
Telephone: 01636 681681

You should:

- ✓ Give your child a medicine, such as infant or junior paracetamol or ibuprofen (check the age range on the label), to bring down their temperature.

Always read guidance on usage when giving any medication. Infant or junior ibuprofen should be use with caution in children with asthma.

- ✓ Take your child's clothes off to cool them down. If they still wear nappies you can keep one on to stop any accidents.
- ✓ Use a fan to keep the room cool (if you have one or can borrow one), but don't point it straight at your child.

- Give your child plenty of cool drinks or their favourite ice lollies to help keep them cool.
- Ring your GP/attend the Emergency Department if your child has a febrile convulsion (a fit related to fever) or develops a rash that won't disappear (press a clear glass tumbler firmly against the rash – if you can see the marks clearly seek medical help immediately).

You should not:

- x Cool your child so much that they start to shiver. This means they are too cold.

Please remember:

- When you have to touch dirty nappies or clothes you should always wash your hands afterwards.
- When you are preparing food you should always wash your hands first.
- If the doctor has prescribed any tablets or medicines for your child you should make sure that you read and follow all the instructions given.
- If the doctor has prescribed antibiotics for your child you should make sure they finish the course, even if they seem to be completely better.