
INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

Autism Spectrum Disorder

Support services in Nottinghamshire for children and young people

Early Help Unit

Nottinghamshire central support service to all families. This service can provide information and advice to all families within the county with or without a diagnosis.

Telephone: 0115 8041248

Email: early.help@nottsc.gov.uk

Nottinghamshire Concerning Behaviours Pathway

Nottinghamshire guidance for all children and young people who present with concerning behaviours. It includes resources to support families/schools.

Website: www.nottinghamshire.gov.uk/concerningbehaviourspathway

Sherwood Forest Hospitals' Community Paediatric website

Information and advice around the assessment process and signposting to post diagnosis support.

Website: www.cyp.sfh-tr.nhs.uk

Nottinghamshire Help Yourself Website

This website aims to bring together all the information from health, voluntary sector and the county council in one place.

Website: www.nottshelpyourself.org.uk

The National Autistic Society (for Autism and Asperger's Syndrome)

Website: www.autism.org.uk

Telephone: 08088004104

Autism East Midlands (Nottingham Autism support group)

www.autismeastmidlands.org.uk

Unit 31

Crags Industrial Estate

Morven Street

Creswell

Worksop

S80 4AJ

Telephone: 01909 506678

Early intervention programme

Email: earlybird@nas.org.uk for information about dates, venues etc.

Website: www.autism.org.uk/earlybird

Telephone: 01226 779218

A Place to Call Your Own (APTCCO)

This charity offers support and services to families and siblings of children with additional needs.

Botany Avenue

Mansfield

NG15 5NF

Telephone: 01623 629902

Website: www.aptfoot.co.uk

Email: enquiries@aptfoot.co.uk

Sensory Library

Fountaindale Special School has a sensory library open all. Families can borrow equipment for free, after paying a small joining fee.

Telephone: 01623 792671

Website: www.fountaindale.notts.sch.uk/specialist-services/sensory-lending-library

Local parent support groups

Sutton - Mansfield and District Autistic Spectrum Support Group

Telephone: 01623 454662 (Joyce Betts)

Email: mansfieldautismsupport@hotmail.com

Meet on the first Monday of the month, 7pm to 9pm, at Harwood Court, Harwood Close. Members of this group can access a library of books on autistic spectrum disorders, monthly swimming sessions on Sundays at Sutton pools, trips, school holiday activities etc.

Rainworth – WASP

Parent support group at Joseph Whittaker School

Telephone: 0794 6833478/01623 795610

Email: sueharpham@josephwhittaker.notts.sch.uk / suzey.edwards@hotmail.co.uk

Newark and Sherwood Autism Support Group

Contact Laura: 07808345211/ newarkautismgroup@hotmail.co.uk

Or Rachael: 07960121027

Autism East Midlands (family support hubs)

Website: <http://www.autismeastmidlands.org.uk/>

The Diamond Centre

Diamond Avenue

Kirkby in Ashfield

Notts

NG17 7GQ

Meets every fourth Monday of the month, 4pm to 8pm.

<http://www.autismeastmidlands.org.uk/family-child-services/family-support-hubs/kirkby-in-ashfield-autism-hub/>

Southwell Parent's Support Group

Telephone: 07961038470

Website: <http://www.southwellasdpayers.btck.co.uk/>

Email: southwellasdpayers@outlook.com

Information Services

Information Service, which covers the city and county

Website: www.askiris.org.uk

Telephone: 07827938966

By completing the Disability Register form you will be added to the mailing list to receive the quarterly Iris magazine, which features events, articles, news from support groups.

Library and Knowledge Service, King's Mill Hospital

Online link to catalogue of books and resources <http://sherwoodforest.nhslibraries.com/> - search using the term "child health collection".

Telephone: 01623 622515, extension 4009.

Nottingham City Hospital

Hucknall Road

Nottingham

NG5 1PB

Telephone: 0115 88 31158 or 0115 88 31157.

Email: infoservicescdc@nottshc.nhs.uk

Online link to catalogue of books and resources:

<https://www.nottinghamshirehealthcare.nhs.uk/the-information-service>

Education

Ask Us Nottinghamshire (formerly the Parent Partnership Service) support for parents to understand the education system, and can provide to improve communication between parents and school.

Telephone: 0115 804 1740

Website: www.ppsnotts.org.uk/

IPSEA (Independent Parental Special Education)

Advice line: 0800 018 4016

Website: <https://www.ipsea.org.uk/>

Puberty, relationships and sexual health

SEXions team

Telephone: 01623 622515, extension 4094

Phone or text Monday to Friday on mobile 07990585647 or 07990585642.

NSPCC Underwear Rule

Provides parents of children with autism with additional guidance on how they can keep them safe from abuse.

Website: <http://www.autism.org.uk/about/communication/sex-education/underwear-rule.aspx>

Benefits and funding

Children's DLA – telephone: 0800 121 4600

Personal Independence payment (PIP) – telephone: 0800 1214433 (young people over 16 years)

Website: <https://www.gov.uk/disability-living-allowance-children>

Mansfield Welfare Rights

141 Newgate Lane

Mansfield

Notts

NG18 2QD

Telephone: 01623 421375

Family Fund

Means tested yearly financial grant.

Website: www.familyfund.org.uk

Telephone: 01904 550055

Adults with Asperger's Syndrome Team (advice only)

Website: www.nottinghamshire.gov.uk/care/adult-social-care/help-living-at-home/aspergers-syndrome

Telephone: 0300 500 80 80

A guide for parents and carers

Special educational needs and disability

Website: <https://www.gov.uk/education/special-educational-needs-and-disability-send-and-high-needs>

Hospital passports

A hospital passport aims to bring useful information to help support a person with a disability in a hospital environment. The passport contains tips to help staff understand individual needs and provide the care they need.

Website: <http://www.autism.org.uk/about/health/hospital-passport.aspx>

NHS Choices

Website: <https://www.nhs.uk/Livewell/Childrenwithlearningdisability/Pages/Going-into-hospital-with-learning-disability.aspx>

Wiki Website

A Wiki Website is your very own website. You can add pictures, videos and sound clips to tell your story and share your successes, hopes and dreams.

Website: <http://nottinghamshire.familyservicedirectory.org.uk> and type in WIKI in keyword

Concerns for bullying

Anti-bullying Alliance

<https://www.anti-bullyingalliance.org.uk/>

The National Autistic Society

<http://www.autism.org.uk/about/in-education/bullying/guide-parents.aspx>

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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