
INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

Physical disabilities resources

Information, support and useful websites

Local information

APTCOO (A place to call our own)

Unit 15
Botany Park
Botany Avenue
Mansfield
Nottinghamshire
NG18 5NF (Sat Nav use: NG18 5NG)
Telephone: 01623 629902
Email: enquiries@aptcoo.org
Website: <http://www.aptcoo.co.uk/>

Ask Iris

An information service for parents of children and young people with disabilities in Nottingham and Nottinghamshire
Telephone: 07827 938966
Email: contactus@askiris.org.uk
Website: <http://www.askiris.org.uk/>

Community Paediatrics website (Sherwood Forest Hospitals)

www.cyp.sfh-tr.nhs.uk

Nottinghamshire Help Yourself

This website is designed to help you find information about a whole range of services that are available in the county.

<http://www.nottshelpyourself.org.uk>

There are specific resources for children/young with additional needs and their families. Select the Local Offer – Special Educational Needs and Disabilities box.

National

AbilityNet

AbilityNet helps people of any age and with any disability to use technology to achieve their goals at home, at work and in education.

Helpline: 0800 269 545

Website: <https://www.abilitynet.org.uk/homepage>

Contact a Family

Provides information about medical conditions including learning disability, there is also advice and support around general difficulties including sleep, education and benefits.

Helpline: 0808 808 3555

Website: <http://www.cafamily.org.uk/>

Family Fund

Provides grants to low income families with a severely ill or disabled child.

Website: <http://www.familyfund.org.uk/>

Family Lives

Provides support help and advice for parents managing children and young people with or without disabilities.

Freephone: 0808 800 2222

Website: www.familylives.org.uk

The Information, Advice and Support Services Network (IAS Services) – East Midlands

Offer information, advice and support for disabled children and young people, and those with SEN, and their parents.

Website: <https://councilfordisabledchildren.org.uk/information-advice-and-support-services-network/find-your-local-ias-service/east-midlands>

Scope

Scope is a national charity which provides support and information for families and professionals around disability.

Website: <https://www.scope.org.uk/>

Telephone helpline: 0808 800 3333

National Association of Special Schools (NASS)

NASS is a membership organisation working with and for special schools in the independent, voluntary and private sectors within the UK. Find a school with a searchable map of NASS member schools.

Website: <http://www.nassschools.org.uk>

The Priority Trust

The Trust provides funding for mobility equipment.

Website: <http://www.prioritytrust.org/>

Relate

Support for the parents of children and young people experiencing difficulties. Website:

<http://www.relateforparents.org.uk>

Benefits

Citizens Advice Bureau

Online advice: <http://www.adviceguide.org.uk/>

Disability Rights UK

Telephone: 020 7250 8181

Disability Living Allowance factsheet

Website: <http://www.disabilityrightsuk.org/disability-living-allowance-dla>

Personal Independent Payment (replaces Disability Living Allowance for those over 16 years of age)

Website: <http://www.disabilityrightsuk.org/personal-independence-payment-pip>

Department for Work and Pensions

Website: <http://www.dwp.gov.uk/>

Disability Living Allowance

Website: <https://www.gov.uk/disability-living-allowance-children>

To order a Disability Living Allowance claim pack, telephone 0845 712 3456.

Education

Ask Us Nottinghamshire (formerly the Parent Partnership Service)

Support for parents to understand the education system, and can provide to improve communication between parents and school.

Telephone: 0115 804 1740

Website: www.ppsnotts.org.uk/

IPSEA (Independent Parental Special Education)

Advice Line: 0800 018 4016.

<https://www.ipsea.org.uk/>

Information regarding supporting children with additional needs in school can also be accessed on the Nottinghamshire Help yourself website SEND local offer as listed above.

Websites for children and young people

The Information, Advice and Support Services – Children and Young People

<http://cyp.iassnetwork.org.uk/>

Information services

Library & Knowledge Service, Kings Mill Hospital

The Library holds a number of books and resources which can support your child and young person's needs. Books are available to be borrowed by professionals and members of the public.

Telephone: 01623 622515, extension 4009

Email: library.sfht@nhs.net

Online link to catalogue of books and resources: <http://sherwoodforest.nhslibraries.com>

Just enter "Child Health Collection" in the search box to view what is available.

Children's Development Centre Information Service

Telephone: 0115 8831157 or 0115 88 31158

E-mail: infoservicescdc@nottshc.nhs.uk

Online link to catalogue of books and resources: <http://childrenscentre.nhslibraries.com>

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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