INFORMATION FOR PATIENTS

Preoperative assessment for wrist denervation

A referral has been made by your hand surgeon for an assessment of your wrist. This is to determine whether you would benefit from wrist denervation surgery. The aim of surgery is to manage chronic wrist pain and preserve useful movement in your wrist.

Assessment procedure
The assessment includes a two hour therapy appointment where you will undergo a series of assessments to record the movement, function and pain levels of your wrist.

This is followed by a series of local anaesthetic injections administered by a hand surgeon.

A break of 15 minutes is then taken to allow the injections to take effect. All previous assessments are then repeated to determine the success of the nerve blocks.

The results are discussed with your therapist and hand surgeon in clinic to assist in the best option for you.

You will be provided with a short questionnaire about levels of difficulty when using your hand/wrist. Please can complete the questionnaire and bring to your therapy appointment.

Contact details
If you have any concerns or queries please contact the hand therapy team on 01623 622515, extension 4271.

Further sources of information
NHS Choices: www.nhs.uk/conditions
Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)
PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King’s Mill Hospital: 01623 672222
Newark Hospital: 01636 685692
Email: sfh-tr.PET@nhs.net

Further information from other sources:
NHS Choices: www.nhs.uk/conditions

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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