

Board of Directors Cover Sheet

Subject:	Chairman Report		Date: 22 February 2018		
Prepared By:	Kerry Beadling-Barron, Head of Communications				
Approved By:	John MacDonald, Chair				
Presented By:	John MacDonald, Chair				
Purpose					
To update on key events and information from the last month. Decision					
				Approval	
				Assurance	Х
Strategic Objectives					
To provide outstanding care to our patients	To support each other to do a great job	To inspire excellence	fr	o get the most om our esources	To play a leading role in transforming health and care services
Х	Х	Х	X		Х
Overall Level of Assurance					
	Significant	Sufficient	Li	imited	None
			Х		
Risks/Issues					
Financial					
Patient Impact					
Staff Impact					
Services					
Reputational					
Committees/groups where this item has been presented before					
N/A Executive Summary					

An update regarding some of the most noteworthy events and items over the past month from the Chair's perspective:

- Visits to Trust teams
- New surgeon joins Newark Hospital
- Trust top recruiter for national frozen shoulder trial
- CQC maternity survey rates Trust as one of the best in the country



Chairman Report – February 2018

Visits to Trust teams

Since the last Board of Directors' meeting in January I have been out and about across the Trust to the following departments:

- I have spent time on main reception, with a number of hotel and support services, theatres, and maternity. I have also been to see that stroke unit, pre-op and will visit the day case unit on 20th.
- Outside of the Trust I chaired Alliance Board and worked with partners to develop plans for system working. I have also met with other chairs regarding the STP and Richard and I met with the Chair and CEO of EMAS re working together. I have also met with and briefed our local MPs.

New Surgeon joins Newark Hospital

Consultant Orthopaedic Hand Surgeon Mr Michael Gale will be joining the team at Newark Hospital this week to help expand the hand and wrist surgery offered at the hospital. Mr Gale graduated from Cambridge University in 2004 with a distinction in surgery. He then moved to Derby where he did his basic surgical training rotation.

Mr Gale already has a history with the Trust, having worked at Sherwood Forest Hospitals during his higher specialist training in orthopaedics in the East Midlands, which included hand surgery rotations in Chesterfield, and then in Nottingham under Professor Davis, Nottingham's Professor of Hand Surgery. Mr Gale completed his training in 2016 and then did a hand surgery fellowship at the world-famous Pulvertaft Hand Centre in Derby.

Outside of work, Mr Gale spends his time enjoying family life. In his younger years he played rugby union and lacrosse, including playing lacrosse for Ireland in the 2001 European Championships.

Mr Gale's professional interests lie in common diseases of the hand and wrist, such as arthritis of the joints and Dupuytren's disease. He also specialises in the treatment of hand and wrist injuries.

He said: "As I become more established, I would like to offer a more accessible and comprehensive hand surgery service for the people of the Newark area. I especially want to develop the day surgery aspect of my practice and see Newark as a valuable resource. I also hope to be able to reach more patients from the East of our catchment."

Sherwood Forest Hospitals has been named as top recruiter in the country for the United Kingdom Frozen Shoulder Trial.

The latest medical trial that the Trust is running is to help patients with frozen shoulder, a painful and debilitating condition causing stiffness and disability in the affected shoulder



and arm. It affects around 1 in 12 men and 1 in 10 women of working age, causing interference with their work, domestic and leisure activities.

Treatment in hospital may involve, physiotherapy, manipulation under anaesthesia or arthroscopic capsular release (ACR) which is a keyhole technique, followed by manipulation to confirm restoration of range of motion in the shoulder.

Although all three of these treatments are regularly provided in the NHS, it is not currently known which one works best. The aim of the study is to answer the question: 'Should adult patients with a frozen shoulder receive a programme of early structured physiotherapy, manipulation under anaesthesia or arthroscopic capsular release?' The study aims to change best practice within the NHS and offer all patients the same treatment and care. The study, funded by the National Institute for Health Research (NIHR), will measure improvements in participants' pain, function and general well-being at 3, 6 and 12 months following their entry into the trial. The study will also assess any problems or complications that may arise following these treatments.

Patients from both King's Mill Hospital and Newark Hospital will be taking part in the study, with 47 patients being recruited.

Research Team Leader, Dominic Nash said: "The trial would not have been a success without the help of nursing and clinical staff across the Trust. It was a truly collaborative effort and the success of this trial will lead to even stronger associations with the trial sponsor (South Tees Hospitals NHS Foundation Trust) and more studies being open at Sherwood Forest Hospitals."

New mums have voted King's Mill Hospital as one of the best hospitals in the country to give birth, according to the results of a recent patient satisfaction survey.

New data from the Care Quality Commission's (CQC) national survey of maternity experience shows that Sherwood Forest Hospitals is one of the best performing Trusts in the country when it comes to women giving birth to their babies at the hospital.

Some of the areas that the hospital scores highly in include partners being involved as much as they want to be, the mother being able to move around and choose a comfortable position during the birth, new mums being given skin-to-skin contact, and that the family feel that they are treated with respect and dignity by staff.

The national survey asked 18,400 women across the country who gave birth in February 2017 about their experiences. The data covered 130 NHS Trusts and a total of 113 responses came from women who had given birth at King's Mill Hospital.

Head of Midwifery at King's Mill Hospital, Alison Whitham, said: "The care that we provide to women and their babies, and the experience that they have while with us, is very important and so we are really proud to have been recognised as one of the top Trusts in the country. This is testament to the hard work and dedication of our fantastic maternity team at King's Mill Hospital.



"We are particularly pleased that we are performing above most Trusts when it comes to giving birth and labour, that our patients feel that they are able to involve their partner in the experience, and new mums feel that our midwives treat them with the respect and dignity that they deserve.

"One of the things that we did last year to help us to improve our maternity services was to hold a Whose Shoes event, which involved King's Mill Hospital midwives and new mums coming together to talk about their experiences and inform future improvements. "Feedback direct from patients is really important to us and we always encourage families to let us know about their experience. We are now looking at the survey results in more detail to see what action we can take to improve even further and offer even better care to our maternity patients."