

## Board of Directors Cover Sheet

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|--|--|------------------------------|---|--|
| <b>Subject:</b>  | Chairman Report                                |                              | <b>Date:</b> 25 January 2018              |  |
| <b>Prepared By:</b>  | Kerry Beadling-Barron, Head of Communications  |                              |   |  |
| <b>Approved By:</b>  | John MacDonald, Chair                          |                              |   |  |
| <b>Presented By:</b>   | John MacDonald, Chair                          |                              |   |  |
| <b>Purpose</b>   |  |                              |   |  |
| To update on key events and information from the last month.   |  |                              | <b>Decision</b>                           |  |
|  |  |                              | <b>Approval</b>                           |  |
|  |  |                              | <b>Assurance</b>                          | X  |
| <b>Strategic Objectives</b>  |  |                              |   |  |
| <b>To provide outstanding care to our patients</b>   | <b>To support each other to do a great job</b> | <b>To inspire excellence</b> | <b>To get the most from our resources</b> | <b>To play a leading role in transforming health and care services</b> |
| X  | X  | X                            | X   | X  |
| <b>Overall Level of Assurance</b>  |  |                              |   |  |
|  | <b>Significant</b>                             | <b>Sufficient</b>            | <b>Limited</b>                            | <b>None</b>  |
|  |  |                              | X   |  |
| <b>Risks/Issues</b>  |  |                              |   |  |
| <b>Financial</b>   |  |                              |   |  |
| <b>Patient Impact</b>  |  |                              |   |  |
| <b>Staff Impact</b>  |  |                              |   |  |
| <b>Services</b>  |  |                              |   |  |
| <b>Reputational</b>  |  |                              |   |  |
| <b>Committees/groups where this item has been presented before</b>   |  |                              |   |  |
| N/A  |  |                              |   |  |
| <b>Executive Summary</b>   |  |                              |   |  |
| <p>An update regarding some of the most noteworthy events and items over the past month from the Chair's perspective:</p> <ul style="list-style-type: none"> <li>• Visits to Trust teams</li> <li>• Trust steps up smoke free site patrols with Ashfield District Council</li> <li>• Staff star nationally recognised as hero as winter hits</li> <li>• Trust invests in future of Newark Hospital</li> <li>• Trusts combine expertise to save patient from severe stroke</li> </ul> |  |                              |   |  |

## **Chairman Report – January 2018**

### **Visits to Trust teams**

Since the last Board of Directors' meeting in December I have been out and about across the Trust. This has included spending time in maternity, theatres, the Accident and Emergency department, with the Procurement Team and a number of the soft Facilities Management areas.

I have been very impressed by work that is going on, particularly given the pressures the Trust and wider NHS has been under and want to recognise and thank all SFH colleagues for their work and commitment at this time.

### **Sherwood Forest Hospitals steps up smoke free site patrols with Ashfield District Council**

As the New Year starts, Sherwood Forest Hospitals is reminding patients and visitors that all of our sites are smoke-free.

A formal agreement between Ashfield District Council and Sherwood Forest Hospitals has now been put in place, which allows Ashfield District Council's Community Protection Officers (CPOs) to fine people if they are seen to be dropping litter, particularly any smoking-related litter, at King's Mill Hospital.

CPOs will be regularly patrolling King's Mill Hospital, including the hospital's main entrance. They will be asking people who are smoking to move to outside the grounds of the hospital as well as fining anyone who is seen to be dropping litter.

The Trust actively supports both staff and patients within our care to stop smoking by referring patients to Smokefreelife Nottingham and providing them with appropriate medication and patches when required. Support is also provided to staff who wish to quit, as they have access to a free 30 minute assessment to discuss how they can quit smoking.

The Nottinghamshire Smokefreelife mobile clinic also visits King's Mill on Monday's and Friday's each week. The clinic provides leaflets, which include tips and advice about how to quit along with details of support groups and advice.

Smoking is a particular problem in and around the entrance of our King's Mill Hospital site, which is why we have sought help from Ashfield District Council to patrol the area. It's really not healthy for our patients, visitors or staff to have to battle through harmful smoke to enter the building and I would like to remind people that although we are supportive of those who wish to quit, we do take a zero tolerance approach to smoking.

Cllr Nicolle Ndiweni, Portfolio holder for Stronger and Safer Communities says: "The Council has been contracted to carry out work for Sherwood Forest Hospitals at the King's Mill site to address the problem of litter associated with cigarettes. Community Protection Officers will speak with patients and visitors to remind them that the grounds of the Hospital are smoke free and ensure that any litter is appropriately discarded. Ashfield District Council wants to help people to live in a Safe, Clean and Green environment that residents are proud of and all necessary action will be taken moving forward."

## **Staff star nationally recognised as hero as winter hits**

Like many Trusts across the NHS, we have been feeling the pressures of winter.

This did not stop one member of staff from Newark Hospital going above and beyond her call of duty though to help a patient out when they needed it the most.

Physiotherapist, Victoria Pashby's actions have even been nationally recognised, as she has been named as a 'Winter Hero' by NHS Providers for going the extra mile.

Victoria changed her normal working hours especially so that she could come in at 4:30am to assess and advise a patient on getting out of bed to use a commode, which meant that the patient could still be discharged the next day as planned.

Victoria's normal hours of work are 8am – 4pm, but she asked to start at 4:30am for the day so that she could assess and advise her patient in real time and see what was needed to enable her patient to do the task independently and ensure that everything that was needed was in place before the patient was discharged.

Victoria's Therapy Team Leader, Kate Lyons, also nominated her for an internal Sherwood Forest Hospitals 'Star of the Month' award, which she won.

Kate said: "We are really proud to have Victoria on the team. I feel that she really demonstrated what a team player she is and how caring she is, as well as going above and beyond what is expected of her to help the patient."

Victoria added: "I was just really pleased that I could help my patient get home and be discharged in a timely and safe way. I knew it was going to result in the best outcome for her, so I didn't mind starting my shift earlier to help get her in the best environment for her to help with her recovery. It's really important to me that all my patients get the best care they possibly can, so I don't mind thinking outside the box and altering my hours if it's the best thing for the patient."

Assistant Chief Operating Officer for Newark Hospital, Ant Rosevear added: "It's brilliant that Victoria's actions have received national recognition. Victoria and so many of her colleagues at Newark Hospital have gone above and beyond during what has been a busy time for us as a Trust. We are really thankful to our doctors, nurses, therapists, cleaners and volunteers amongst others for their dedication and hard work to ensure that the very best care is given to our patients."

## **Trust invests in future of Newark Hospital**

A significant investment has been made in to Newark Hospital's electrical infrastructure to ensure that it is fit for the future.

We have invested £1m to upgrade Newark Hospital's electrical infrastructure and theatres. The electrical work will ensure that the hospital has a robust standby generator to power the hospital should there be a power outage at any point in the future.

Other major work has included upgrading the electrical supplies in the hospital's theatres including new theatre lighting, supplying a new location for the transportable MRI Scanner and providing a new cooling system to ensure that the hospital is at a more comfortable temperature for patients.

Assistant Chief Operating Officer for Newark Hospital, Ant Rosevear said: "I am really pleased that this work is taking place, as it really does safeguard the hospital for the future.

"Once this work has been completed it will ensure the future sustainability of services for many years to come, enabling us to provide health care service locally for Newark residents."

Work has been carried out by a number of contractors including; Skanska, Siemens, Grays and Bailey Construction.

### **Trusts combine expertise to save patient from severe stroke**

Thanks to the fast actions of a friend and the collaborative approach from us and Nottingham University Hospitals NHS Trust, Nottinghamshire patient Julie Bacon is on the road to making a full recovery after having a severe stroke in late December.

On 21 December Julie, 58, from Sutton in Ashfield, was out having a meal with her friend, Beverley Stringfellow. She went to use the bathroom and did not come back for some time, so Beverley went to look for her. She found Julie slumped in the toilet and quickly phoned for an ambulance.

Julie was then taken to King's Mill Hospital, where she was quickly assessed by the stroke team, who found that Julie had totally lost her speech, could not see out of her left eye and had lost all movement in her right arm and leg.

The team knew they needed to act fast and managed to administer the clot-busting drug (a procedure known as thrombolysis) within 29 minutes of Julie's arrival to A&E.

Sherwood Forest Hospitals Specialist Stroke Nurse, Emma Gillies explains the importance of this: "It is really important to administer the clot-busting drug within four and a half hours of stroke symptoms starting to try and disperse the clot and return the blood supply to the brain. This is why it is crucial to get suspected stroke patients to A&E and seen by the stroke specialist team as soon as possible. Our Stroke Unit has a dedicated phone line that A&E use to contact us, so we can act as quickly as possible, so this really did help in Julie's case."

As soon as Julie had received the clot-busting treatment and a CT angiogram, which confirmed she had a clot blocking the circulation to the left side of the brain from the carotid in the neck upwards, a decision was made to transfer her to Nottingham's Queens Medical Centre to have a pioneering procedure known as a mechanical thrombectomy – a specialist procedure (only performed at neuroscience centres in the UK) where a Consultant Interventional Neuroradiologist uses catheters and stent-like devices to remove the clot blocking the brain blood vessel.

By 6:20pm on the same day, Julie had received the treatment that she needed. After an overnight admission to QMC under the care of the neurology team, she was transferred

back to King's Mill Hospital the following day, which is closer to her home and family. One day later she was able to speak, see better from her right side and could walk with supervision.

Julie's Husband, Gary Bacon said: "We can't thank both hospitals enough. Julie is making a fantastic recovery thanks to the treatment that she received from the Queens Medical Centre and thanks to the fast actions and care from King's Mill Hospital.

"To say that she had a stroke on the 22nd and was home by 28<sup>th</sup> December is pretty amazing, we are quite surprised by the improvements she has made so quickly. I didn't realise at the time quite how pioneering the treatment at QMC is, but I'm so pleased Julie was able to have it and is making such great progress. To look at her you wouldn't even know that she has had a stroke."

Julie is now having therapy with Sherwood Forest Hospital's Early Supported Discharge team who will deliver stroke therapy every day for the next four weeks in her own home. Gary added: "The therapy team have been great and the sessions are going really well. It's great to have this kind of support at home, so that Julie can gain confidence again in her own surroundings."

Stroke Consultant Dr Anoja Rajapakse, who treated Julie when she was first admitted, added: "It is fantastic that Julie has made such an amazing recovery since her stroke. When she came in she was scoring really high on the National Institutes of Health Stroke Scale (NIHSS), indicating that she had had a severe stroke. To see Julie making such progress in such a short space of time really is fantastic.

"I'd also like to thank colleagues at Nottingham University Hospitals (NUH) for their great team work and Sherwood Forest Hospitals Consultant Radiologist, Dr Jayant Vanjari, who also provided excellent support. I'm really proud that we are able to offer such a high level of care to our patients whilst working in collaboration with our partners at NUH."

Sherwood Forest Hospitals is one of the best in the country and top in the East Midlands for recognising and treating patients who have had a stroke. The Trust has the second highest score in the country out of 140 Trusts, after being given an A rating by the Sentinel Stroke National Audit Programme (SSNAP).

Dr Robert Lenthall, who performed the thrombectomy at Queens Medical Centre said: "Recent clinical trials have confirmed that when a large blood vessel supplying the brain is blocked by a clot, patients that receive mechanical thrombectomy make a significantly better recovery than patients that are treated with thrombolysis alone.

"The chances of a good outcome from treatment fall as time passes, so rapid diagnosis, effective communication and teamwork are essential at a regional level, to enhance prospects for recovery.

"Julie presented with a severe stroke so I was very pleased to hear that she is making a good recovery and would like to thank everyone that helped deliver her care."