

INFORMATION FOR PATIENTS

Minor contrast extravasation

Breast Unit, clinic 14

Patient name:

Patient ID:

Date:

During your visit to the Breast Unit today you were given an injection of contrast medium (an x-ray dye). This was a necessary part of the examination.

Unfortunately, not all of the injection went into the vein; a small amount went into the tissues around your vein. This is called extravasation.

You may experience some tenderness, swelling or redness around the site of the injection. This can last for around one to two days and should resolve without any treatment.

To help speed up the recovery:

- Keep your arm raised and gently massage the area to help reduce any swelling.
- Apply a cold compress to the area.

We would like to know if you are experiencing any symptoms so we will call you tomorrow.

If you notice any of the following, please call the Breast Unit on 01623 622515, extension 3226, for advice:

- Numbness or tingling of the lower arm or hand.
- Increasing redness or blisters at the injection site.
- Increased pain that does not get better over time.
- Unusual coolness of the lower arm or hand beyond the injection site.
- Any increase in the size of your arm.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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