Agenda Item:

Board of Directors Meeting

Report

Subject: MONITOR QUARTER 4 SELF CERTIFICATION

Date: 24th April 2014

Author: KERRY ROGERS, DIRECTOR OF CORPORATE SERVICES/COMPANY

SECRETARY

Lead Director: KERRY ROGERS

1. Executive Summary:

This report is presented to the Board of Directors to safeguard debate and thorough understanding of the Board certifications to be submitted to Monitor to ensure all Board members are clear of their responsibility to be confident of the accuracy and appropriateness of the declarations being made. The Director of Corporate Services requests that Board pay particular attention to the Finance and Governance Declaration with regard to its confidence in achieving/sustaining against the Continuity of Services rating and the Governance declaration in achieving targets for the next 12 months and it is appropriate for Board consideration of the Financials in terms of a clear understanding of the potential for any future material financial risks.

2. Action Required by Board:

The Board are invited to approve the Declarations, Exception Report and supporting paperwork for onward submission to Monitor and agree relevant amendments and additions having regard also to a prospective assessment of anticipated performance and the potential for breach.

Board will be requested to review Appendix 1 and 2 each quarter to ensure each member has confidence in the Trust's assurance systems and processes that support the Declarations and to drive improvements accordingly should any view be taken concerning system weakness.

Relevant Strategic Objectives (please mark in bold)				
Achieve the best patient experience		Achieve financial sustainability		
Improve patient safety and provide high quality		Build successful relationships with external		
care		organisations and regulators		
Attract, develop and motivate effective teams				
Links to the BAF and Corporate	Obligated through our Licence to identify and manage risks to			
Risk Register	compliance with the Conditions of our Licence including the QGF			
Details of additional risks	n/a			
Links to NHS Constitution	Duty of Quality			
Legal Implications/Impact	Failure to deliver against the QGF increases likelihood of			
	continuance of Regulatory enforcement action			

BOARD OF DIRECTORS DETAILED REPORT

Subject: Quarterly Monitor Self Certification – Quarter 4 2013-14

Report from: Kerry Rogers, Director of Corporate Services / Co Secretary

Report to: Board of Directors at its 24th April 2014 meeting

Status: Approval (Self Certifications and supporting documents)

1. Background

	Self asst	Breach	Commentary	
Q1	Red override	Cdiff 1.0	8 cases vs 25% target of 6	
13/14		MRSA	Below deminimus	
Q2	Red override	Cdiff 1.0	2 nd Quarter breach (17 cases vs 50% target 13)	
		MRSA	Below deminimus	
		CQC 4.0	Warning Notice	
Q3	Red	Cdiff 1.0	3 rd Quarter breach	
		RTT non-admitted &	1 st Quarter breach	
		incomplete 2.0		
		CQC 4.0	Need to check with CQC before submission re	
			status of warning notice	
Q4	Red	Cdiff 1.0	4 th Quarter breach	
		RTT non-admitted	2 nd Quarter breach	
		RTT admitted	1 st Quarter breach	
		A&E 4 hour target	1 st Quarter breach	
		CQC 4.0	Outcome 16 reduced to compliance action	

Monitor confirmed in their Q2 Executive Summary that the Trust had been assigned a Red governance risk rating which will continue alongside the Trust's Licence conditions. The Board in its May Annual Plan highlighted performance risks in respect of C.difficile and challenges in respect of A&E and in light of discussions in connection with RTT18 weeks will need to reflect on future risks to ensure appropriate declarations have been made in the Annual Plan submission

This report which supports the enclosed Board self-certifications is to ensure all Board members are clear of their responsibility to ensure the accuracy and appropriateness of the declarations being made.

Monitor's role is to assess risk and intervene to ensure compliance with all aspects of the Trust's Licence. To do this, Monitor relies primarily on the information it receives directly from NHS foundation trusts, but will consider indirect third party reports on a variety of specific issues, and as such it is important that any significant third party interventions are highlighted by the Trust itself.

Finance (continuity of services), governance, and mandatory (commissioner requested) services form the core of the Trust's Licence to operate. Monitor will review these areas directly, primarily from information provided in our *Annual Plan* and in-year monitoring submissions. Monitor will also take into account any exception or third party reports regarding significant issues.

At the completion of the annual risk assessment and each quarterly review, the Trust receives risk ratings and a summary of key issues to be followed up either by the Board or by Monitor. Monitor also publishes a summary of the results, together with a commentary. These will following receipt be presented to Board members through the agenda each quarter.

For 2013/14 there have been further changes to the number of Declarations the Board is required to make on a quarterly basis as described in the Director of Corporate Services Risk Assurance Report to the October Board of Directors' meeting. Two appropriate responsible officers must make two separate declarations, and included below is the proposed declaration for Q4 each of which must be approved by the Board:

- Finance (Continuity of Services) Declaration Not confirmed
- Governance Declaration Not confirmed

If the Trust has recorded failures to achieve any of the healthcare targets or indicators we are unable to sign 'confirmed' on the Governance Declaration

If we are unable to sign 'confirmed' on the Finance Declaration we are required to send further details to Monitor with our return which the Chief Finance Officer will present to the meeting and which has not as is typical been discussed in further depth at the Finance & Performance Committee meeting which is due to meet after the Board meeting paper submission date.

To emphasise the importance of the Boards' self-certification process the Director of Corporate Services invites Board members to recall the December 2012 FT Bulletin in which Monitor stated that in order to operate a compliance regime combining the principles of self-regulation and limited information requirements, it must be able to rely on the accurate assessment of risk by NHS foundation trust boards via the self-certification process. A significant number of trusts met the criteria for a self-certification review Quarter2 of 12/13 and Monitor took the opportunity to remind us that Monitor takes the self-certification process very seriously, and would follow up with trusts where self-certification discrepancies were considered to be indicative of a wider governance concern. For Board's reference, included at Appendix 2 is a summary of recommendations which have arisen from previous independent self-certification reviews which the Board is invited to consider in the context of its own self certifications going forward.

2. Approach to in-year monitoring

Monitor's programme of in-year monitoring is designed to measure and assess actual performance against the Annual Plan. The frequency and depth of in-year monitoring is determined by our risk rating, although for most NHS foundation trusts in-year monitoring will take the form of a quarterly submission and other exception and ad hoc reports. Based on in-year submissions, Monitor will assign and publish a quarterly risk rating in two areas – continuity of services and governance.

Currently, the Trust remains on monthly monitoring with Monitor due to its Discretionary Requirements and the associated conditions attached to its Licence

3. Approach to intervention

It is the responsibility of the Board to remedy any potential compliance failures in the first instance. Wherever it is appropriate, Monitor may work with an NHS foundation trust in resolving issues before considering intervention. This could involve regular reviews of progress or proposing the involvement of other parties, such as other NHS foundation trusts that have successfully dealt with such an issue, or an appropriate professional adviser.

Where a developmental approach is not appropriate, for example for significant financial or clinical failures, or where such an approach is failing, Monitor will generally consider intervening. In determining whether or not to intervene, Monitor must decide whether failure to comply with the Licence is or is not 'significant' (under the provisions of section 52 of the Act). In making its judgement of 'significance', Monitor will make a case-by-case determination, examining the circumstances to decide what action, if any, is appropriate. Monitor will aim to ensure that its responses are proportionate.

Circumstances will arise where an NHS foundation trust has failed to comply with its Licence but the failure is not judged to pass the statutory test of 'significance'. Monitor may draw such circumstances to the attention of the Board to seek confirmation that remedial action is in hand. Monitor may decide to *make public* failures to comply with the Licence whether or not they are significant in statutory terms. There is a legal obligation on Monitor to publicise formal interventions made under section 52 of the Act.

4. Approach to intensity of monitoring

The intensity of monitoring will be guided by risk assessments. This includes both a forward-looking orientation and an assessment of historic performance. For those NHS foundation trusts where the board struggles to manage risks of non-compliance with their Licence, monitoring will be more intense, and usually monthly (as in our case).

5. What NHS foundation trusts are required to provide

NHS foundation trusts are required to provide to Monitor in-year submissions covering financial and non financial performance in the most recent quarter and year to date against annual plan. Monitor will review actual quarterly performance against the annual plan. In cases where there is any material variance between the in-year financial submissions and the relevant quarter of the annual plan, NHS foundation trusts are required to provide a financial commentary explaining the reasons for the variance and the actions which they propose to take to address it. As part of the in-year submission, NHS foundation trusts must also provide:

- Self certification that the Trust will continue to maintain a continuity of services risk rating of at least 3 over the next 12 months
- self-certification that all targets have been met (after the application of thresholds) over the period and plans in place are sufficient to ensure that all known targets, including those which will come into force, will also be met;
- self certification that it is satisfied that, to the best of its knowledge and using its own
 processes (supported by CQC information and including any further metrics it chooses to
 adopt), it has and will keep in place, effective arrangements for the purpose of monitoring
 and continually improving the quality of healthcare provided to its patients
- a report on the results of any elections including turnout rates; and
- a report on any changes in the board or board of governors which involves completion of an on line form and Exec turnover is from Q3 14 a new declaration, with Monitor deeming high turnover as a sign of governance issues.

NHS foundation trusts are required to report in-year, quarterly in the first instance, by 31 July (Q1), 31 October (Q2), 31 January (Q3), and 30 April (Q4) respectively.

The Risk Assessment Framework also has additional measures to enable Monitor to continue to judge whether NHS foundation trusts are well-run, through strengthening the existing range of measures to assess good governance by taking extra material such as staff and patient

satisfaction surveys into account. The detail of this was reported to Board in the RAF report in October 2013.

6. What Monitor will do with the information

Monitor will evaluate the in-year returns submitted by each NHS foundation trust to verify that the NHS foundation trust is achieving plan and continuing to comply with its Licence.

7. Exception reporting

NHS foundation trusts need to report to Monitor in-year any material, actual or prospective changes which may affect their ability to comply with any aspect of their Authorisation, and which have not been previously notified to Monitor. Examples are given below:

8. Examples of exception reporting:

8.1 Continuity of Services (Finance)

- Unplanned significant reductions in income or significant increases in costs
- Requirements for additional working capital facilities beyond those incorporated in the prudential borrowing limit ("PBL")
- Failure to comply with the NHS Foundation Trust Annual Reporting Manual (formerly the Financial Reporting Manual (FT FReM))
- Discussions with external auditors which may lead to a qualified audit report
- Major investments that could affect financial risk rating

8.2 Governance (incl. Mandatory services)

- Events suggesting material issues with governance processes and structures e.g.:
 - Removal of director(s) for abuse of office
 - Failure or likely failure to meet national core standards or targets over the quarter
 - Failure or likely failure to comply with the Hygiene Code
 - Significant non-contractual dispute with an NHS body that lacks powers to enforce cooperation
- Adverse report from internal auditors
- Significant third party investigations that suggest material issues with governance e.g., fraud, CQC reports of "significant failings"
- Proposals to vary the Authorisation
- Proposals to vary mandatory service provision or dispose of assets
 - Including cessation or suspension of mandatory service(s)
 - Via variation of Authorisation or asset protection processes
- Loss of accreditation of a mandatory service
- Impact of introduction of new services where these give rise to material increases in cost

Other risks

- Enforcement notices from other bodies implying potential or actual significant breach of any other requirement in the Licence, e.g.:
 - Health and Safety Executive or Fire Authority notices

Exception reports on failure or likely failure to meet a target, national essential standard or comply with the Hygiene Code should be submitted if a target, national essential standard or the Hygiene Code has not been or will not be met or complied with. *The proposed Governance exception report for the Trust is included with the papers to Board*

9. Revised Compliance Framework – Risk Assurance Framework

A report was provided to Board in October 2013 outlining changes for 13/14 and Board was invited to consider its future information requirements and required levels of assurance in order to satisfy the changes which took effect from 1st October since the publication of the 13/14 Risk Assurance Framework. From 1st October 2013 the RAF replaces the Compliance Framework as Monitor's approach to overseeing FTs. A key part of this new framework is the new risk rating methodology, as set out in the RAF.

Under the RAF, a governance rating will highlight any concerns Monitor have with the way a trust is being run, and what regulatory action they are taking. A continuity of services risk rating will represent Monitor's view of the level of financial risk a provider is running and what Monitor is doing about it. It is important that Board members familiarize themselves with Monitor's approach to regulation and that every member challenges the Board's ability to sign the Corporate Governance Statement which it will be required to do when submitting the Annual Plan each March.

The *Risk Assessment Framework* describes the proposed approach to assessing risk in two areas of the licence:

- the **continuity of services licence condition 3**, which requires **all NHS providers** to ensure they remain a going concern; and
- the **NHS foundation trust licence condition 4**, which lays out Monitor's definition of good governance and **only applies to NHS foundation trusts**

10. Risk Ratings

Following their conclusion on Q2 analysis, Monitor published both the Compliance Framework financial risk rating and the RAF continuity of services risk rating which was sent to the December Board and was identified as a **'shadow' rating**. This dual publication is intended to reflect that the Q2 performance data on which these ratings were based related to a period when the Compliance Framework was in force, when the RAF will be in force at the time of publication. The continuity of services risk rating was the only financial rating published following Monitor's analysis of Q3 which was presented to Board at its March meeting.

Under the RAF, the governance rating will highlight any concerns they have with the way the Trust is being run and what regulatory action they are taking. The continuity of services risk rating will represent Monitor's view of the level of financial risk a provider is running and what Monitor is doing about it.

10.1 The governance rating

Monitor will primarily use a governance rating, incorporating information across a number of areas. They will generate this rating by considering the following information regarding the Trust and whether it is indicative of a potential breach of the governance condition:

- 1. Performance against selected national access and outcomes standards (eg if we fail to meet 4 or more of these at any given time or fail the same target for 3 consecutive quarters then governance concern triggered and potential enforcement.) (cDiff)
- 2. CQC judgments on the quality of care provided (eg our Warning Notice)
- 3. Relevant information from third parties (eg Keogh, Newark surgery review, mortality)
- 4. A selection of information chosen to reflect quality governance
- 5. The degree of risk to continuity of services and other aspects of risk relating to financial governance

10.2 Assigning ratings

The governance rating assigned reflects Monitor's view of our governance

- they will assign a green rating if no governance concern is evident
- where they identify potential material causes for concern in one or more of the 5 categories, they will replace a green rating with a description of the issues and the formal/informal steps Monitor are taking to address it
- they will assign a red rating if they take regulatory action

10.3 Levels of risk to continuity of service

The conditions concerning affordability of debt in Monitor's *Prudential Borrowing Code* are designed to enable NHS foundation trusts to operate with an appropriate degree of financial independence without compromising their provision of NHS services. Monitor has incorporated Capital Servicing Capacity, which forms part of the *Prudential Borrowing Code*, in our continuity of services risk rating for all providers of Commissioner Requested Services.

Monitor introduces four levels of risk to the continuity of services:

Continuity of Service Risk Rating	Description	Monitoring frequency	Regulatory activity
4			
	No evident concerns	Quarterly	None
3	Emerging or minor concern potentially requiring scrutiny	Potential monthly	None
2*	Level of risk is material but stable	Potential monthly	None
2	Material risk	Monthly or greater	Consideration for potential investigation (ultimately Enforcement Action)
1	Significant risk	Monthly or greater	Potential investigation and appointment of contingency planning team

11. Quality Governance Framework

Board members are reminded that the requirement is to "assess against" rather than "have regard to" the Monitor Quality Governance framework. If Monitor has evidence that a Board may not be meeting quality of healthcare requirements, it will explore the basis of our declaration which will include consideration of the potential commissioning of an external review of our processes. Since last financial year, we no longer have to submit a quarterly declaration, but given its prominence as part of the annual Board certification process, we will on at least a quarterly basis, bring to Board an assessment of our status in accordance with Monitor's best practice framework. For now, the Director of Corporate Services/Company Secretary will report to Board on that basis. Monitor are relying on our annual declaration within the Annual Plan so do not require a quarterly declaration, however, a declaration was required on 31st October 2013 in accordance with our Discretionary Requirements and the outcome of our final external assurance report from Monitor scored the Trust at 4. The Board approved a TMB recommendation of a score of 3.5 at their March meeting and supported further work that would result in a score of 3 by the end of June. Monitor have been advised that our score is now below 4.

The Executive Director of Nursing will present an update on Learning Disabilities which is part of the Governance Declaration where Board are certifying against compliance with requirements regarding

access to healthcare for people with a learning disability. The Trust has to be achieving all 6 criteria for meeting the needs of people with a learning disability, as detailed in the report, which are based on the recommendations set out in Healthcare for All (DH2008). Board are reminded of the importance of evidencing compliance in this area given the tight focus adopted by the CQC where previous reviews of learning disability services found that almost half were not meeting government standards with many failings being a direct result of care that was not centred on the individual or tailored to their needs. (See Appendix 1). The patient story to Board in March provided a robust account of the excellent work the Trust is doing in this area.

All other performance indicators which form part of the Governance Declaration are subject to monthly reporting to Board. The Quality and Safety quarterly report will refer to the regular CQC self-assessments, and the last equivalent IMR (Intelligent Monitoring Report) report is also presented to Board depicting the CQC view of the Trust at its last publication. **Declaration 'not confirmed' has been presented as signed within the Board pack pending deliberations due retrospectively to cDiff and RTT breaches and the ongoing recovery programme regarding our Discretionary Requirements.**

11. Action required by Board of Directors

In recognising the need to understand the regulatory obligations detailed within this covering paper, the Board of Directors is invited to review the enclosed Continuity of Services/Finance papers and Declaration, Governance Declaration, and Exception Report and supporting performance data and **APPROVE** the self certification to Monitor which includes the Board's **prospective view** of achievements into the future. The Finance Report and commentary will be presented by the Chief Finance Officer and requires Board **approval**.

In approving declarations, the Board is required to have regard to the information provided to Directors over the previous quarter period, through particularly any board assurance reports, and BAF reports, through its knowledge of the Annual Plan, of the work of Audit and Board committees and activities through accelerated assurance programme, IAT and Outcome Guardians, (including the CQC assessments incorporated in the Director of Nursing and Medical Director's quarterly Board report), the consequence of any third party visits or interventions (including Monitor and CQC), and through scrutiny of monthly financial and non financial performance data, and quality and standards data, recognising also the historical and prospective work of Internal Audit and external reviews.

Board members are invited to ensure they are comfortable with the statements made within the Exception Report being suitable in content and context for onward submission to Monitor by the Director of Corporate Services who would wish particularly to draw to the Board's attention the importance of debating the Finance and Governance Declarations prospectively.

APPENDIX 1

Supporting information to members to assist with quarterly self certification

Continuity of Services (Financial) Risk Ratings

Indicators of forward financial risk

Each quarter Monitor requires trusts to submit a limited set of indicators of forward financial risk to highlight the potential for any future material financial breaches of the Authorisation. Where trusts inform Monitor that one or more of these indicators are present at a trust, Monitor will consider whether a meeting with the trust to discuss them is appropriate. Following this meeting, Monitor may request the preparation of plans or the provision of other assurances as to an NHS foundation trust's capacity to mitigate any potential risk. These indicators do not of themselves affect Monitor's risk ratings or trigger formal escalation

In order to certify on financial performance, Monitor would expect boards to:
$\ \square$ have a full understanding of the current and future financial position, and how it relates to the
external environment in which the trust operates and the strategy of the trust;
□ maintain systems to monitor and regularly report on financial performance to the board and be
confident of the basis of preparation and accuracy of the financial performance information being
reported;
□ review and challenge financial performance on an on-going basis;
$\ \square$ use forecasting and extrapolation of current and historical trends to help predict future financial
performance;
$\ \square$ have a full understanding of the basis on which the certification is given.
Where there is evidence that a board may not be meeting Monitor's financial risk requirements, Monitor is likely to explore the basis for a board's certification.
Governance (service performance) ☐ have a full understanding of the basis on which healthcare targets are measured as included in the
Risk Assurance Framework;
□ be confident that they are receiving accurate information as to current and expected levels

of	perfo	ormance against each of the healthcare targets and any performance risks;		
	use forecasting and extrapolation of historic trends to help predict future performance;			
	sati	sfy themselves that systems are in place to ensure risk to delivery has been properly assessed		
	mai	ntain systems to monitor and regularly report on performance		
Go	vern	ance (Learning disabilities)		
an	nual	undation trust boards are required to certify that their trusts meet requirements below at the plan stage and in each quarter. Failure to do so will result in the application of the service nance score for this indicator.		
	a)	Does the NHS foundation trust have a mechanism in place to identify and flag patients with learning disabilities and protocols that ensure that pathways of care are reasonably adjusted to meet the health needs of these patients?		
	b)	Does the NHS foundation trust provide readily available and comprehensible information to patients with learning disabilities about the following criteria: □ treatment options;		
		\square complaints procedures; and		
		□ appointments?		
	c)	Does the NHS foundation trust have protocols in place to provide suitable support for family carers who support patients with learning disabilities?		
	d)	Does the NHS foundation trust have protocols in place to routinely include training on providing healthcare to patients with learning disabilities for all staff?		
	e)	Does the NHS foundation trust have protocols in place to encourage representation of people with learning disabilities and their family carers?		
	f)	Does the NHS foundation trust have protocols in place to regularly audit its practices for		

patients with learning disabilities and to demonstrate the findings in routine public reports?

APPENDIX 2

Summary of Monitor's recommendations from previous independent self-certification reviews of foundation trusts

The Board's role

- Introduce an additional level of executive challenge within the overall self-certification process. For example, peer review sessions:
- Provide for an initial NED challenge to the level of assurance obtained before consideration by the trust Board:
- Ensure that executive directors and NEDs properly assume responsibility for self-certification declarations;
- Ensure that sufficient time and focus is given at trust Board meetings to challenge self-certification recommendations.

Board reports

- Clear ownership, process and timetable (including data 'freeze' dates) for recording, validating, and reporting of data are required to ensure that all performance reports are based on the same information;
- Ensure that Board minutes provide sufficient detail of key discussions held by the Board;
- Trust performance reports should contain sufficient detail to enable NEDs to scrutinise and challenge self-certification proposals;
- Draft self-certification declarations should be prepared well in advance of submission deadlines to allow time for proper scrutiny and challenge;
- Board assurance documents, discussions of risk and the self-certification process should be aligned;
- Ensure that trust's risk register is updated and reported to the Board on a regular basis;
- · Board minutes to clearly document the decision making process of self-certifications; and
- Self-certification to Monitor to be added as a standard Board meeting agenda item.

Board sub-committees

- Ensure that the Audit Committee and Information Governance Committee review their operations to ensure they provide appropriate levels of assurance to management and the Board;
- Audit Committee operations need to embrace the full remit of the NHS Audit Committee Framework; and
- The Audit Committee should review the accuracy of self-certification declarations made to Monitor.

Directorate responsibility

- · Ensure that directorates engage effectively with the trust's governance agenda; and
- Ensure clear ownership of reporting performance to the Board by executive and directorate management.

Risk reporting

- Risk reporting processes at clinical business unit level need to ensure that the trust's risk register is complete; and
- The Trust Assurance Framework should map the risks of the trust not achieving its strategic objectives
 to the controls in place to mitigate these risks and the assurances over the effectiveness of the controls.

Internal audit

- A rolling programme of internal audit work should be used to support the self-certification process;
- The Audit Committee should commission internal audit to assess whether the trust's risk mitigation actions have been successful at reducing risk; and
- Internal audit assurance should be reflected in board reports.

Training

• Implement development sessions for the trust Board to enable them to better challenge self-certification recommendations.