

Board of Directors Meeting in Public - Cover Sheet

Subject:	Chair's Report	6 June 2019		
Prepared By:	Robin Smith, Deputy Head of Communications			
Approved By:	John MacDonald, Chair			
Presented By:	John MacDonald, Chair			
Purpose				
To update on key events and information from the last month.		Approval		
		Assurance	X	
		Update		
		Consider		
Strategic Objectives				
To provide outstanding care	To promote and support health and wellbeing	To maximise the potential of our workforce	To continuously learn and improve	To achieve better value
X	X	X	X	X
Overall Level of Assurance				
	Significant	Sufficient	Limited	None
			X	
Risks/Issues				
Financial				
Patient Impact				
Staff Impact				
Services				
Reputational				
Committees/groups where this item has been presented before				
N/a				
Executive Summary				
<p>An update regarding some of the most noteworthy events and items over the past month from the Chair's perspective:</p> <ul style="list-style-type: none"> • Chief Nurse Awards • Clinical Trials Days 2019 • SFH teams in national awards • SFH partners with local leisure centres • Nurses and college students create video to help people with learning disabilities identify symptoms of deadly infections • General update • Visit to Trust Teams and External Meetings • Membership summary 				

Chair Report – June 2019

Chief Nurse Awards 2019 nominations

Our 2019 Chief Nurse Awards will celebrate the amazing work of Sherwood nurses, midwives, support workers, housekeepers, allied health professionals and students. We saw a record of more than 330 nominations, and judging has now taken place. The full list of nominees has been announced, and Chief Nurse, Suzanne Banks has been out and about around the Trust with the communications team inviting shortlisted colleagues to the awards event.

Many congratulations to everyone that was either shortlisted or nominated, and thank you to everyone who took the time to nominate a colleague. We look forward to sharing all the successes at the awards ceremony on Friday 7 June where awards will be presented in the following categories:

- Communicating and working together
- Aspiring and improving
- Respectful and caring
- Efficient and safe
- Support Worker of the Year Award (health care assistant, midwife assistant or assistant therapist)
- Student of the Year Award (student nurse, student midwife, therapy student or nurse associate)
- Outstanding Educational Achievement of the Year (Sponsored by the RCN)
- Outstanding Leadership.

Clinical Trials Day 2019

Our Research and Innovation Department celebrated clinical trials day at King's Mill Hospital on Thursday, 16 May 2019 showcasing information about the trials ran at Sherwood Forest Hospitals and how the system works. The celebrations featured one particular patient who is reaping the benefits of being part of a clinical trial.

King's Mill Hospital patient, Peter French, 65 years old from Kirkby-in-Ashfield was given a prognosis of 18 months to two years after being diagnosed with prostate cancer, which had also spread to his bones. Peter was given the opportunity to enter a clinical trial called STAMPEDE by the Research and Innovation Department at King's Mill Hospital. So far, Peter is well whilst being on the trial and is expected to exceed his prognosis.

“In December 2017 I visited my GP because I thought I had a water infection. When I returned to get the results of my blood tests my GP told me that I probably had prostate cancer.

“I had a biopsy and a bone scan with my urologist to determine how aggressive this cancer was. Unfortunately the cancer had spread to my pelvis, ribs and lymph nodes.

“My urologist gave me a prognosis of 18 months to two years. My oncologist said he may be able to improve on that as there is evidence to show that a clinical trial (STAMPEDE) can add years to a prognosis.

“It’s a no-brainer really. I signed up to the trial there and then. I researched online about the STAMPEDE Trial and people who were already on the trial said, just go for it. I thought, what’s to lose?

“You can’t fault the treatment I’ve had and I’m a great believer in the NHS.”

Head of Research and Innovation, Alison Steel said: “We are in a great position to be able to offer patients these clinical trials at King’s Mill Hospital and Newark Hospital. Clinical trials are so important for the future of medicine; we have patients willing to give their time and energy to help future patients. Without research and innovation, healthcare would not move forward and our research staff and patients are a credit to the NHS.”

The Research and Innovation department have successfully recruited 2121 participants onto research trials in many clinical areas across the Trust in 2018/2019.

Clinical research improves health outcomes and getting involved not only has the potential to benefit the people that take part, but also gives the opportunity to have a positive impact on the care and treatment of other patients in the future.

Sherwood Forest Hospital teams in national awards

Congratulations to our pre-op team for being Highly Commended in the HSJ Value Awards 2019 on 23 May, the team were deservedly recognised for their project to improve patient experience and efficiency; reducing on the day cancellations with a preoperative phone call in the Surgical Services of the Year category.

Congratulations also to our Radiology service who were shortlisted in the Improving the Value of Diagnostic Services Award category for their ‘growing their own’ radiologists.

Next month we have three of our teams in the running for a HSJ Patient Safety Award:

- Learning Disabilities Initiative of the Year; For the Empowering the Delivery of Holistic Care for people with Learning Disabilities project.

- Best Partnership Solution Improving Patient Safety; For the High Volume Service User Programme that the Trust has created in partnership with health, social care and blue light services partners in the region.
- Quality Improvement Initiative of the Year; For the service transformation project that has significantly improved delivery of Acute Non-Invasive Ventilation (NIV) to patients.

Best of luck to all those involved!

SFH partners with local leisure centre to help patients get fit before operations

Sherwood Forest Hospitals is working in partnership with Mansfield District Leisure Trust to give patients who are going into hospital for a planned operation the best chance of success by getting fit and healthy first.

The new innovative scheme is set to improve the health and fitness of patients who are undergoing planned surgery by giving them the opportunity to be referred to Mansfield District Leisure Trust's Healthy Life Programme. Research has shown that patients who are fit and healthy often have better surgical outcomes.

Led by Consultant Anaesthetist at Sherwood Forest Hospitals, Dr Rebecca Barker, and Sister Kelly Crutchely, who is part of the Pre-operative Assessment Team, any patient who is booked in to have an operation can ask to be referred to the programme, but there will be a particular focus on elderly patients.

Dr Barker said: "When patients are coming into hospital for surgery, it's really important that they are as fit and healthy as they can be in order to have the best possible outcome from their surgery. We want to help our patients get the best results possible and help them to help themselves so we've partnered with Mansfield District Leisure Trust to offer this beneficial programme. Getting fit just six weeks before an operation has been shown to reduce the likelihood of complications during and after surgery.

"We're really keen to promote this new initiative to as many patients as possible waiting to undergo surgery. A patient's commitment to recover, even before going into surgery, plays a large factor in their recovery. The fitter you are going into surgery, the quicker and easier recovery will be and the quicker patients can be back in their own homes recovering."

Geoff Waller, Chair of Mansfield District Leisure Trust, added: "We are delighted to partner up with Sherwood Forest Hospitals on this important scheme. Helping local people be better prepared physically for upcoming operations is vital work, and something we are extremely proud to be involved in.

"Healthy Life has been a real success story for the Trust in Mansfield, and our dedicated fitness teams have helped hundreds of local people get and stay healthy, improving their quality of life."

The programme gives patients access to four Mansfield Leisure Centres including specialised support, gym, swim and classes at a reduced price for up to six months.

Nurses and college students create innovative video to help people with learning disabilities identify symptoms of deadly infections

The community is being helped to recognise the signs of infection and sepsis in people with a learning disability and help prevent potentially avoidable deaths, thanks to a creative video produced by hospital nurses and college students.

The Lead Sepsis and Learning Disability nurses from Sherwood Forest Hospitals and media students from Vision West Nottinghamshire College joined forces to create the video, which shows some of the softer signs of deterioration that a person with a learning disability may show.

A recent report by the University of Bristol showed that respiratory infections and sepsis are the top causes of death in people with a learning disability. Many of these deaths are avoidable if the person, their paid carers or families are fully informed in an accessible format about these conditions.

Sepsis is when the body's reaction to an infection damages its own organs and tissues. The video shows a student from the college who has autism acting out some of the symptoms that may show in someone who has a severe infection or sepsis. It is being promoted today by NHS England and is available nationally for use throughout all areas of health and social care to help the wider community.

Specialist Lead Nurses at Sherwood Forest Hospitals, Paula Evans and Ruth Harrison, said: "We know that there have been cases across the country that could have been avoided had people had access to information around spotting the signs of sepsis and being confident enough to escalate their concerns. We have worked together alongside other external agencies to produce accessible information and video learning about sepsis and infection, to increase the community's awareness. By raising awareness around this, across the country, in an accessible way, we hope to see a decline in these avoidable deaths nationally."

The college's employability and work placement co-ordinator, Julie Hough, said: "It's been a huge privilege for the students to be asked to be involved in such an important project. Not only have they been able to implement their new acting, filming and editing skills, but they've increased their own knowledge of a healthcare setting and reaching out to vulnerable members of the community.

"Throughout the project we've seen great strides in their confidence, team-working and attitude towards work as well as real enthusiasm in producing this film for the hospital. We're all really delighted with the final edit and hope that it goes a long way to helping others."

The video can be viewed [here](#).

General update

In the last month the key issues I have been focusing on are:

- Understanding how we manage understand and manage our risk as an organisation, and how that plays into our partners
- How we ensure we are delivering the objectives in our new strategy
- Our partnership role in the ICS and ICP, and the introduction of Primary Care Networks

Visits to Trust Teams and External Meetings

I have attended a number of external meetings including:

- The Midlands and East Chairs networking event
- The ICS Board
- NHS Leadership Academy
- Visiting the Wigan Deal

Within the Trust I have been out and about to the following departments and meetings:

- Meeting our new Freedom to Speak up Guardian
- Council of Governors meeting.
- Appraisal meetings with our Non-Executive Directors
- Board of Directors Workshop on risk and strategy
- Clinical Excellence Awards meeting.
- Staff milestone event.

Membership summary

Our new Governors have now been inducted and we held our latest Full Council of Governors meeting on 14 May. Our Governors have also continued their 'Meet Your Governor' sessions across all three sites. Lead Governor, Sue Holmes has also begun work on a new Governor's community garden situated near the car park adjacent to the Therapy suite.

May's digital event was again sent to members in Trust Matters, this month featuring our Patient Information service showcasing how Sherwood Forest Hospitals is dedicated to ensuring patients receive the best possible information about their care and treatment.