

WE HAVE GROWN  
WE HAVE DEVELOPED  
WE ARE SUCCESSFUL



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# Research Snapshot

Your inside look into the world of research at SFH

VOLUME 1 ISSUE 3

SUMMER EDITION

## PHYSIOTHERAPY IN CLINICAL TRIALS

In the world of Physiotherapy, Occupational Therapy and Orthotics, research careers aren't as well established as in other professions such as nursing, medicine or pharmacy. This is slowly changing, as more and more brilliant AHPs embark upon careers as clinical researchers. Often the brilliant academic work that is published doesn't quite align with the day to day "real life" clinical world. More and more clinicians are realising, actually, if we get involved with the research from the start... we can influence the production of an evidence base that's relatable and meaningful.



If you'd like to know more about getting more involved with on-going research within SFH or how to access support to embark upon a career as a clinical researcher, why not contact **Morgan Lowe**, Therapy Services Research Champion for a chat and a cuppa!

## NIHR | National Institute for Health Research

The NIHR conducted national surveys with the **2018/19** participants to explore the patient experience of those taking part in research. This year saw the recruitment of over **750,000** participants to more than **5000** NIHR studies

The survey revealed:

**90% reported they would agree or strongly agree that they had a good experience of taking part in research**

To read the full report: [https://www.nihr.ac.uk/patients-and-public/documents/Research%20Participant%20Experience%20Survey%20Report%202018\\_19%20V4.pdf](https://www.nihr.ac.uk/patients-and-public/documents/Research%20Participant%20Experience%20Survey%20Report%202018_19%20V4.pdf)

The research team has....



Re-branded and created a new logo



## RESEARCH PERFORMANCE

**316** participants have been recruited since April!!

**NIHR** | Clinical Research Network  
East Midlands

Congratulations to Sherwood Forest Hospitals NHS Foundation Trust



2,121 people took part in research at the Trust in 2018/19

that's a 28.2% increase in research participation from the previous year



85 clinical trials were available for patients to take part in at the Trust

For more information, please visit  
[www.nihr.ac.uk/nihrleaguetable](http://www.nihr.ac.uk/nihrleaguetable)



## THROUGH THE EYES OF A PATIENT

Watch Peter's story here:

<http://bit.ly/2JlfGNi>



## Can you help? WORK-PROMS

### Do you have fibromyalgia?

If you work more than 1 day per week and have fibromyalgia conditions you may be eligible to help us with...

**WorkProms:** Adapting and testing work assessments for people with arthritis and musculoskeletal conditions.

We are developing questionnaires to better understand how fibromyalgia and pain conditions affect people's working lives.

To participate in this study and find out more information

**Contact: Phil Buckley (Research AHP) on Ext: 2521 or 6693**

[phillip.buckley@nhs.net](mailto:phillip.buckley@nhs.net)



centre for musculoskeletal health & work



University of Salford  
MANCHESTER

## Study spotlight



### INJUSTIS—It's Not JUST Idiopathic pulmonary fibrosis Study @INJUSTIS\_Study



The aim of this studies is to understand whether patients with progressive pulmonary fibrosis, regardless of the cause, have shared reasons for their disease progression. We will do this by assessing whether the genetic, cellular and chemical signals in the blood of people with Idiopathic Pulmonary Fibrosis and other lung scarring conditions are similar or different.

**GREAT NEWS! We are the top recruiters behind the study co-ordinating centre, Nottingham**



**Well Done & Thank You to Dr Amsha & Dr Hutchinson**

## Want to get involved?

Speak to your research champions to find out which clinical trials and studies that are happening in your area now.

[sfh-tr.researchandinnovation@nhs.net](mailto:sfh-tr.researchandinnovation@nhs.net)

01623 622515, extension 3990

[www.iamresearch.co.uk](http://www.iamresearch.co.uk)



Thank you for supporting the Charity ball held at South Normanton Holiday Inn in aid of the Gamma Scanner Appeal which helped to raise £6,000.

Thank you to our very own Rebecca Holmes who helped to organise this event with the hotel team.



Holiday Inn