

## INFORMATION FOR PATIENTS

# Occupational asthma assessment (OASYS)

Your consultant has asked us to give you a simple peak flow meter, which will allow you to make measurements of your breathing, as and when required, throughout the day.

### What will happen during the test?

A physiologist will show you how to use the peak flow meter and will instruct you how and when to perform the breathing tests.

We will also ask you to keep a diary of your daily symptoms and inhaler use.

### How long will the test take?

You will be with us for around 30 minutes when collecting the machine and up to 15 minutes when your recording is brought back to be downloaded.

Please bring with you a list of your current medications.

**Please continue to take all prescribed medication as normal.**

### The results

The results will go to your doctor who will explain them to you at your next clinic visit.

### What if I need hospital transport?

You will need to arrange transport by telephoning the following numbers between 7am and 9pm, Monday to Saturday (please use the number for the area you live):

- Nottinghamshire: 0345 266 9662
- Derbyshire: 0300 300 3434
- Lincolnshire: 0848 357 1556

### Contact details

Respiratory Department: 01623 672259

King's Mill Hospital	Newark Hospital
Mansfield Road	Boundary Road
Sutton in Ashfield	Newark
Notts	Notts
NG17 4JL	NG24 4DE

### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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