

Board of Directors Meeting in Public - Cover Sheet

Subject:	Chair's Report			5 March 2020	
Prepared By:	Robin Smith, Acting Head of Communications				
Approved By:	John MacDonald, Chair				
Presented By:	John MacDonald, Chair				
Purpose					
To update on key events and information from the last month. Approval					
Assurance				X	
	Update				
Consider					
Strategic Objectives					
To provide	To promote and	To maximise the	To continuously		To achieve
outstanding	support health	potential of our	learn and		better value
care	and wellbeing	workforce	improve		
Х	Х	Х	Х		Х
Overall Level of Assurance					
	Significant	Sufficient	Limited		None
			X		
Risks/Issues					
Financial					
Patient Impact					
Staff Impact					
Services					
Reputational					
Committees/groups where this item has been presented before					
N/a					

Executive Summary

An update regarding some of the most noteworthy events and items over the past month from the Chair's perspective:

- CQC Assessment
- New antibiotics service at King's Mill Hospital
- Sherwood Forest Hospitals rated as one of the cleanest Trusts in the country
- New bleep system reunites parents with their children after operations
- Study shows King's Mill Hospital is one of best in the country for emergency bowel surgery
- SFH Stars of the Month
- New Consultants
- Visits to Trust Teams and External Meetings
- Membership summary



Chair's Report - March 2020

CQC Assessment

I know Richard Mitchell will cover the CQC in more detail in his report, but I want to take this opportunity to thank all SFH colleagues who have engaged with the CQC as part of our assessment, be it in the core services inspections, or through the 'Use of Resources' or 'Well-Led' assessments. We will await the CQC report keenly.

New antibiotics service at King's Mill Hospital helps patients get home quicker A new service at King's Mill Hospital is helping patients who would normally need to stay in hospital for intravenous antibiotics get home quicker, not only meaning they can get back to their everyday life, but also making beds available during the busiest time for the NHS.

The new Outpatient Parenteral Antibiotic Therapy (OPAT) service offers an alternative to an inpatient stay for patients that are otherwise able to go home but need to continue a course of intravenous antibiotics. It means that patients can go back to the comfort of their own home, hobbies and work, whilst their treatment continues to be administered in the OPAT clinic at King's Mill Hospital or their own home.

This new service was introduced for eligible respiratory patients in December. Normally, patients who require antibiotics intravenously are kept in hospital for the duration of the course of antibiotics. This new service means that patients can be fitted with a midline or PICC line, which are both thin tubes that are inserted into a large vein in the arm so that antibiotics can be delivered directly to the bloodstream, before going home. They then return to the OPAT clinic at King's Mill Hospital each day or have their antibiotics at home for the duration of the course, which is normally around two to three weeks.

Jeff Roper, 73 from Shirebrook, is a regular patient at King's Mill Hospital due to his asthma, which he has suffered with since the age of eight. In December last year he became the first patient to benefit from the new OPAT service. He was admitted to King's Mill Hospital with Bronchiectasis at the beginning of December, an infection which meant Jeff was struggling to breath and needed a course of intravenous antibiotics. After a week in hospital, Jeff was able to go home, just in time to prepare for Christmas, with just daily visits to the clinic for his dose of antibiotics.

Jeff said: "Last time I was in hospital with an infection that affected my breathing I had to stay in for three weeks as I was on a course of intravenous antibiotics where they had to be administered three-times a day, including early morning. This time using the new service has been a very different experience! Within a week I was going home with just a midline catheter in my arm knowing that I just had to come back to clinic each day, which is easy for me as I'm so local."

Jeff was fitted with a catheter as well as a small infuser pump which means his three daily doses are administered over a 24-hour period, with just one visit to the clinic each day to change the infuser pump.

He added: "The midline and pump is very compact and comfortable and I'm much more comfortable at home and sleeping better than I would be if I was in hospital. Getting back to normality so soon has been brilliant. It wouldn't have been ideal being in hospital close to Christmas anyway, but there was a risk that if I was still in hospital I would be for Christmas day too.



"It was nice to get home to my wife and get back into a routine. When I'm in hospital for long periods of time, I forget what I'm doing and lose a routine. I'm enjoying being back so quickly."

Sherwood Forest Hospitals rated as one of the cleanest Trusts in the country

Sherwood Forest Hospitals has been rated above the national average in all areas of the latest Patient Led Assessment of the Care Environment (PLACE) survey.

The Trust has been rated as one of the cleanest in the country scoring 100% for cleanliness at King's Mill Hospital, 99.35% for Newark Hospital and 99.86% for Mansfield Community Hospital against the national average of 98.06% alongside high scores for food, privacy, condition appearance, dementia care and disability.

The figures published by NHS Digital, show that Sherwood Forest Hospitals' Trust-wide score for cleanliness at the time of assessment was more than 1.5 percentage points above the national average of 98.06%.

To determine the results, local independent patient representatives, Governors, Health Watch representatives and Trust staff along with the PLACE Lead for the Trust, Louisa Ward, visit the three sites to review, through the patient's eyes, the environment within which the Trust delivers care. The inspection focuses on cleanliness, food, privacy, dignity and wellbeing, dementia, disability, condition, appearance and maintenance of the buildings.

Sherwood Forest Hospitals Associate Director of Estates and Facilities, Ben Widdowson, said: "This assessment provides an invaluable insight into how people rate their experience at our hospitals. The scores achieved are a tribute to our staff and teams who work hard to maintain such high standards.

"It is pleasing to see that we have improved our scores in the dementia care category of the survey, as we have made many positive changes across our sites to ensure that our environments are as dementia friendly as possible, with different flooring and colour coded areas.

"It was really encouraging to see us scoring so highly across the board and see the many positive comments that were made about our hospitals."

The PLACE assessments apply to hospitals, hospices and day treatment centers providing NHS-funded care. They focus on the environment, rather than clinical care. Details of this year's PLACE survey can be found here -https://www.digital.nhs.uk/pubs/place19

New bleep system reunites parents with their children after operations

A new bleep system for parents who are waiting for their child to come out of an operation has been developed at King's Mill Hospital.

The bleep system will ensure that parents get a pager, which will bleep immediately once their child is out of theatres and is ready for them to greet them.

Deputy Sister on the Children's Ward, Ward 25, Carol Hind, who has been involved in the project explains: "In the past parents may have missed a call from the ward when their child is ready or the ward has not been able to contact them, which can be distressing for both the parents and the patient. The new system will ensure that parents will be bleeped as soon as their child comes out of theatres, so they will be able to be reunited as soon as possible.



"We know that having an operation at a young age can be quite a scary experience and so we wanted to look in to how we could improve the process and make things better for our patients and their families."

The project has involved teams from Ward 25 and Theatres collaborating across both specialties to improve the pathway, with the hope that this will be a big improvement and take some of the stress out of the situation for everyone involved.

Andrew and Sarah Longmead were the first family to try the new bleep system, they said: "It's a really good idea, it was good for us because we were able to go and get a cup of tea and take a short walk around the hospital, safe in the knowledge that we would hear the bleep go off as soon as Toby was ready for us to greet him again.

"It's a really stressful time for the whole family, so little things like this can really make a difference. It's something so simple, but we didn't need to worry about getting a phone signal or checking our phones for missed calls, so it was one less thing for us to think about."

The bleep system began this week and is being run in conjunction with the 'theatres car' which allows younger patients to go down to theatre in a mini electric car, taking the stress out of the situation by having some fun on the journey.

Study shows King's Mill Hospital is one of best in the country for emergency bowel surgery

Sherwood Forest Hospitals NHS Foundation Trust is one of the best performing Trusts in the country when it comes to carrying out emergency bowel surgery, according to the National Emergency Laparotomy Audit.

An emergency laparotomy (emergency bowel surgery) is a surgical operation for patients, often with severe abdominal pain, to find the cause of the problem and treat it. Emergency bowel surgery can be carried out to clear a bowel obstruction, close a bowel perforation and stop bleeding in the abdomen, or to treat complications of previous surgery. These conditions could be life-threatening.

The audit results released in December look across a large number of key metrics to assess how well these patients are being treated at all acute Trusts. Sherwood Forest Hospitals ranks particularly high in some of the most important measures, including:

- The National 30-day mortality rate, for these patients this stands at 9.6% nationally, at Sherwood Forest Hospitals this figure is as low as 3.8%, the fourth best score in the county and puts them in the top six Trusts in the country
- The average length of hospital stay for these patients stands at 16 days nationally, the figure is half that at Sherwood Forest Hospitals of only eight days. Joint eighth in the country with a number of other Trusts (the best figure is seven days).
- One of a number of Trusts that could evidence that 100% of the most acutely at risk
 patients had their surgery directly supervised by a consultant surgeon and a consultant
 anaesthetist. This suggests that patients are always being accurately assessed for risk, and
 are being treated by the most appropriate clinicians.

Around 24,300 people need emergency bowel surgery each year in NHS hospitals, often as a result of severe infection, and 143 emergency bowel operations were carried out at King's Mill Hospital during the period covered by the study.



Sherwood Forest Hospitals' Medical Director, David Selwyn, said: "The figures from the audit show that we are delivering the best care in the East Midlands to our patients. This is all thanks to the effort, dedication and skills of the whole team across Sherwood Forest Hospitals, from the admission of a patient, to a quick diagnosis and the early intervention of different teams.

"These results reflect a whole pathway approach to how we identify, prepare for, operate and help the recovery of patients who need this care. Thank you to everyone at Sherwood Forest Hospitals who has been involved in achieving this."

The National Emergency Laparotomy Audit was started in 2013 because studies showed this is one of the most risky types of emergency operation and lives could be saved and quality of life for survivors enhanced by measuring and improving the care delivered. You can read the reports in more detail at: https://www.nela.org.uk/reports.

February Stars of the Month

Each month we are recognising our clinical and non-clinical Stars of the Month through my monthly report, including the nomination they have received from a colleague. Congratulations and thank you to our February star of the months:

Clinical Star of the Month for February Charlene Robinson, Staff Nurse, Ward 22

"Charlene is an amazing End of Life Care Champion. She is always striving to develop EOLC and supports her colleagues on Ward 22 to do this. Charlene has developed a "Butterfly Bag" which can be given to relatives when their loved one dies. It contains:

- 2 wooden hearts that can be written on, or have a fingerprint put on
- · A tea light
- A memory poem

The bags are a gesture of compassion & kindness and I am immensely proud of Charlene for doing this. As a consequence, we have had these bags kindly supported by Charitable Funds so that families of every person who dies at the Trust can have one if they wish. Charlene is a true star by demonstrating that she lives the Trust values & behaviours and that we only have one chance to get it right for people at end of life. Thank you Charlene."

Non-Clinical Star of the Month for February Keith Ince, Domestics

"I would like to nominate this person as over the course of a weekend in November he was observed to be on his hands and knees with a bucket and cloth, scrubbing a mark that someone had made that went all the way from EAU, past theatre holding bay and along to the old corridor. I believe that this truly shows dedication in his role and shows a true sense of pride in his work, going above and beyond.

Upon trying to find out his name I spoke to different members of the SFH team who all knew the individual that I was trying to identify - this dedication to his job is obviously not out of character. He is a true unsung hero as many people will not even realise the lengths that someone has gone to in ensuring that our hospital appears outstanding."



New Consultants

Each month we are pleased to list new consultants that we have recruited to SFH.

- Dr Slawomir Bielak was appointed as a substantive Consultant in Cardiology
- Dr Awani Patel, appointed as a substantive Consultant in Radiology
- Dr Fatima Yusuf, appointed as a substantive Consultant in Emergency Medicine
- Dr Andrew Jacklin, appointed as a substantive Consultant post in Emergency Medicine
- Dr Saad Hassan, appointed as a locum Consultant post in Radiology.

Visits to Trust Teams and External Meetings

I have attended a number of external meetings including:

- Meeting with NHS Providers
- ICS Board meeting
- Meeting with Chairs of NUH and Nottinghamshire Healthcare NHS Foundation Trust
- East Midlands Chair Network

Within the Trust I have been out and about to the following departments and meetings:

- Governor 121s
- NED 121s
- Board workshop
- Full Council of Governors
- Remuneration Committee
- 15 Steps visit

Membership summary

The Forum for Public Involvement group met on Monday 3 February, and Meet your Governor sessions took place across all three sites again in February.

Membership numbers

Number of public members: 15,453 Number of staff members: 6,220

Total: 21,673