Healthier Communities, Outstanding Care



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RE: Freedom of Information Request

15th April 2024

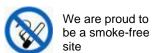
Dear Sir/Madam

With reference to your request for information received on 28th March 2024 in which you asked:

- 1. Do you have a specialist service for long Covid patients within your trust? Please name the clinic/service
- 2. How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year-to-date ie 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service
- 3. Is the service physician-led?
- 4. Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:
 - physical rehabilitation please give details.
 - Graded exercise therapy
 - CBT or other psychological intervention please state whether this is to cope with symptoms or with a view to improving/treating them.
 - Advice on pacing
 - A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
 - drug treatment
 - other, please specify.
- 5. Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?
- 6. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible.
- 7. Does the service have the ability to order diagnostic tests and scans?
- 8. If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic
- 9. If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?

Home, Community, Hospital.





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- Advice on pacing
- A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
- drug treatment
- other, please specify.
- 10. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:
 - a. doctor
 - b. nurse
 - c. physiotherapist
 - d. occupational therapist
 - e. clinical psychologist/ CBT practitioner / psychotherapist/counsellor
 - f. other, please specify.
- 11. For any doctors employed, please specify their specialism eg GP, cardiologist, neurologist, psychiatrist.
- 12. Is the clinic expected to continue running after 2025?

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do not hold the information you have requested. We do not provide Long Covid services at the Trust.

Under Section 16 of the Act we have a duty to provide advice and assistance. Please contact NHS Nottingham and Nottinghamshire ICB notts.foi@nhs.net who may hold this information.

Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email sally.brookshanahan@nhs.net.

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems.

Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/your-data-matters/official-information/.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email casework@ico.org.uk.

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email sfh-tr.foi.requests@nhs.net.

Yours faithfully

Information Governance Team

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