

RESPIRATORY TRACT INFECTION (SUSPECTED OR CONFIRMED) POLICY

		POLICY	
Reference	ICP 33		
Approving Body	Infection Prevention and Control		
Date Approved	12/04/2024		
For publication to external SFH website	Positive confirmation received from the approving body that the content does not risk the safety of patients or the public:		
	YES	NO	N/A
	X		
Issue Date	10 th May 2024		
Version	4.0		
Summary of Changes from Previous Version	- Updated AGP list, updated acronyms. - Move Donning and doffing pictures to appendix - Updated evidence base		
Supersedes	Version 3.0, Issued 30 th April 2021 to Review Date April 2024		
Document Category	Clinical		
Consultation Undertaken	Infection Prevention and Control Team		
Date of Completion of Equality Impact Assessment	05/04/2024		
Date of Environmental Impact Assessment (if applicable)	05/04/2024		
Legal and/or Accreditation Implications	In accordance with Public Health England and NICE Guidance		
Target Audience	Trust wide		
Review Date	April 2027		
Sponsor (Position)	Director of Infection Prevention and Control		
Author (Position & Name)	Nurse Consultant for Infection Prevention and Control, Sally Palmer		
Lead Division/ Directorate	Clinical Support, Therapies and Outpatients		
Lead Specialty/ Service/ Department	Infection Prevention and Control Team		
Position of Person able to provide Further Guidance/Information	Infection Prevention and Control Team		
Associated Documents/ Information		Date Associated Documents/ Information was reviewed	
Not Applicable		Not Applicable	
Template control		June 2020	

CONTENTS

Item	Title	Page
1.0	INTRODUCTION	3
2.0	POLICY STATEMENT	3
3.0	DEFINITIONS/ ABBREVIATIONS	3-4
4.0	ROLES AND RESPONSIBILITIES	4-7
5.0	APPROVAL	7
6.0	DOCUMENT REQUIREMENTS (POLICY NARRATIVE)	7-11
7.0	MONITORING COMPLIANCE AND EFFECTIVENESS	12
8.0	TRAINING AND IMPLEMENTATION	13
9.0	IMPACT ASSESSMENTS	13
10.0	EVIDENCE BASE (Relevant Legislation/ National Guidance) and RELATED SFHFT DOCUMENTS	13-14
11.0	KEYWORDS	14
12.0	APPENDICES	
Appendix A	Donning and doffing PPE	15
Appendix B	Equality Impact Assessment	17-18
Appendix C	Environmental Impact Assessment	19

1.0 INTRODUCTION

Respiratory infections are common, principally causing colds in both adults and children. Most are fairly mild, self-limiting and confined to the upper respiratory tract. These microorganisms can progress and cause more severe infections and even death. There are many viral causes of respiratory infection; with the most common ones seen in the Trust being pertussis (whooping cough), rhinoviruses, respiratory syncytial virus (RSV), influenza viruses' types A, B and C, para-influenza viruses. Some viruses to be aware of include Human Metapneumovirus and the Coronavirus infections COVID-19, Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome Coronavirus (MERS-CoV). These can cause severe illness requiring higher level precautions. It is likely that other respiratory illness will emerge elsewhere in the world and details of the presentation and epidemiology made available by the World Health Organisation and United Kingdom Health Security Agency (UKHSA) as soon as possible.

Bacteria may cause lower respiratory tract infections, secondary to an initial viral infection. Outbreaks of respiratory virus infection are associated with increased hospitalisations and mortality. People with compromised immune, cardiac and/or pulmonary systems are at increased risk of serious complications of infection.

2.0 POLICY STATEMENT

To ensure patients with respiratory infections are cared for appropriately and actions are taken to minimise the risk of cross- infection and severe infection.

This clinical document applies to:

- All staff that enter clinical areas
- All patients cared for within our services

3.0 DEFINITIONS/ ABBREVIATIONS

3.1 Definitions

Trust	Sherwood Forest Hospitals NHS Foundation Trust
Staff	All employers of the Trust including those managed by a third party on behalf of the Trust
Immunocompromised	A term applied to patients whose immune mechanisms are deficient
Neutropenia	Refers to a neutrophil count of less than 0.5
Infection	Host reaction to organisms lodging and multiplying in the tissue e.g. abscesses, wound infections or chest infections. The host exhibits symptoms of infection for example temperature of $>38^{\circ}\text{C}$ and associated symptoms at/in the site of infection i.e. inflammation, accumulation of pus, diarrhoea.
Hazard Group Pathogens	Causes severe human disease and is a serious hazard to Employees, it is likely to spread to the community and there is usually no effective prophylaxis or treatment available.
HCAI	Healthcare associated infections are any infection that arises as a result of healthcare regardless of the care setting. It includes hospital, primary and community care acquired infections.
HAI	Hospital acquired infection is any infection that arises as a result of hospital care.

IPC	Infection prevention and control processes to prevent and reduce to an acceptable minimum the risk of the acquisition of an infection amongst patients, healthcare workers and any others in the healthcare setting.
Isolation of patients	The aim of patient isolation or single room care is to contain and prevent the spread of potential or known pathogenic or epidemiologically important organisms in order to reduce the risk of transmission of infection to and from patients, visitors or staff.
Communicable disease	Infection which is capable of spreading from person to person. Spread of infection is usually spread by one of the following means: 1) Direct contact: with contaminated blood, or body secretions particularly by staff hands that have become contaminated by body or body contact, and by transfusion of contaminated blood. 2) Indirect contact: through equipment such as razors, needles, other equipment such as bedpans, commodes, beds. 3) Airborne: contaminated skin scales, aerosol spread via droplets from coughing and sneezing. 4) Vectors: third parties such as cockroaches, fleas, flies, mosquitoes can carry infectious agents.
Respiratory syncytial virus	The commonest cause of severe respiratory illness such as bronchiolitis (inflammation of the bronchioles) in young children aged less than 2 years. It is also the commonest cause of hospital admissions due to acute respiratory illness in children.
Human metapneumovirus	The most severe form of inherited deficiency of immunity, affected infants are unable to mount either t-cell responses or produce antibody against infectious agents.

3.2 Abbreviations

RTI	Respiratory Tract Infection
HCAI	Healthcare Associated Infection
HAI	Hospital Acquired Infections
IPCT	Infection Prevention and Control Team
DIPC	Director of Infection Prevention and Control
IPCD	Infection Prevention and Control Doctor
IPCN	Infection Prevention and Control Nurse
IPCC	Infection Prevention and Control Committee
RSV	Respiratory syncytial virus
SARS	Severe Acute Respiratory Syndrome
CNH	Central Nottinghamshire Hospital Plc
SFS	Skanska Facilities Services
CCDC	Consultant in Communicable Disease Control
DH	Department of Health
NaDCC	Sodium Dichloroisocyanurate
NOID	Notification of infectious diseases
AGP	Aerosol generating procedures
CVC	Central venous catheter
PICC	Peripherally inserted central catheter

4.0 ROLES AND RESPONSIBILITIES

4.1 Trust Board

The Trust Board has overall responsibility for ensuring there are effective strategic, corporate and operational arrangements in place to maintain effective infection prevention and control programme and that appropriate financial resources are place to support that programme.

4.2 Chief Executive

The Chief Executive is ultimately responsible for ensuring that there are effective arrangements for infection prevention and control.

4.3 Director of Infection Prevention and Control

The Director of Infection Prevention and Control (DIPC) has Trust wide responsibility for the development of strategies and policies for the management of infection prevention and control.

- Ensuring that there are effective and appropriate arrangements in place for the isolation of patients when required
- Funding additional resources necessary to prevent/control an outbreak as appropriate
- Ensuring that the provision of existing isolation facilities or single rooms are not compromised by future service developments and ward reconfigurations

4.4 Infection Prevention and Control Team

The Infection Prevention and Control Team (IPCT) will inform and support all staff in relation to the identification, and management requirements of patients with suspected/known infection. The IPCT are also responsible for:

- Providing education to clinical staff on the early detection of possible infectious conditions and possible outbreaks
- Communicating up to date information relating to isolation issues and outbreaks to appropriate personnel within the Trust
- Advising and co-ordinating the appropriate action to be taken to isolate patients and prevent/limit hospital outbreaks

4.5 Chief Operating officer

Chief Operating Officer (COO) will ensure that the divisions have well developed clinical governance forum which monitors the application of this policy.

4.6 General Managers/Divisional Directors of Nursing/Clinical Leads

These Managers will ensure that the necessary management arrangements and structures are in place to support all employees to fulfil their obligations in their role of infection prevention and control practices.

4.7 Duty Nurse Manager

They are responsible for:

- Adhering to the isolation priority scoring system (ICP31) and prioritises patients accordingly
- Liaising with ward staff to ensure that patients are placed appropriately within isolation/single rooms where possible
- Where the above is not possible due to limited availability, liaising with ward staff to ensure that a risk assessment is undertaken in conjunction with IPCT to identify the most appropriate and safe placement of the 'infected' patient
- Facilitating the movements of patients requiring isolation to other wards where appropriate

- Ensuring that patients admitted with neutropenic sepsis are admitted into bespoke isolation rooms (Side room 1), if this is not available then to a normal side room

4.8 Matrons

Matrons are responsible for ensuring that all staff accountable to them are aware of this policy and adhere to its statement. They will actively promote and support all current infection prevention and control measures.

4.9 Ward Sister/Charge Nurses/Departmental Lead

They will act as excellent role models and are responsible and accountable for infection prevention and control within their sphere of responsibility. They will ensure that all staff are aware of all relevant infection prevention and control measures. They are also responsible for:

- Ensuring dissemination of this policy
- Ensuring compliance with this policy and ensuring patient safety is maintained
- Facilitating the delivery of education provided by the IPCT
- Ensuring staff in their area have the knowledge and skills to work safely
- Co-ordinating staff, linen and gloves supplies etc during an outbreak
- Taking action when staff fail to follow the principles of this policy

4.10 Infection Prevention and Control Link Representatives

Infection Prevention and Control Link Representatives will disseminate all relevant infection prevention and control information to staff within their own work environment.

4.11 Occupational Health

The Trust Occupational Health Department is responsible for:

- Alerting the IPCT of any infectious conditions amongst Trust employees that could be transmitted during the course of their work
- Participating in the contact tracing of staff exposed to infectious conditions as applicable
- Co-ordinating staff treatment of any infectious disease
- Reporting of any staff symptoms during an outbreak

4.12 Clinical Team

Clinical teams are responsible for the prompt notification of infectious diseases to the Public Health England (PHE), communicating to the IPCT details of patients known or suspected of having an infectious disease or who are at an increased risk of acquiring an infection, and ensuring that they comply with this policy.

4.13 All Staff

All staffs are responsible for:

- Implementing standard infection prevention and control precautions for all patients and abiding by the guidance of this policy
- Providing the special requirements for the management of patients with specific infections that are either known or suspected or for the management of patients who are at an increased risk of acquiring an infection
- Gaining the appropriate lawful consent prior to examination, treatment or care and where necessary undertaking a two stage test and planning care in a patient's best interests as required.

4.14 Estates and Facilities Department

Estates and Facilities Department along with Central Nottinghamshire Hospital Plc (CNH) and Skanska Facilities Services (SFS) are responsible for ensuring the on-going maintenance of the ventilation systems and the general environment of the isolation rooms and side rooms used for the purpose of isolation.

4.15 Medirest

Medirest, as the Trust cleaning contractors are responsible for:

- Ensuring that the room/bed space used for patients with known or suspected infections are cleaned daily
- Ensuring that the room/bed space used for patients with known or suspected infections are clean according to the Cleaning guidance: 'Isolation Level Clean' specifications following the discharge/transfer of the patient
- Ensuring that the room/bed space is cleaned in accordance with the cleaning guidance: 'Isolation Level Clean' specifications prior to the admission of a patient who requires protective isolation
- Ensuring that all healthcare cleaners have the knowledge and skills required to undertake daily and isolation cleaning of single rooms used for isolation purposes
- Ensuring that all Medirest staff comply with this policy

5.0 APPROVAL

Following appropriate consultation this policy (v4.0) has been approved by the Infection Prevention and Control Committee.

6.0 DOCUMENT REQUIREMENTS (POLICY NARRATIVE)

A respiratory tract infection (RTI) is an infection process affecting any part of the upper and/or lower airways. Symptoms of RTI can include any of the following: fever, rhinorrhoea (runny nose), sore throat and cough, limb or joint pain, headache, lethargy, chest pain and breathing difficulty. They can infect any age group although the severe complications of such infections are often restricted to children and the elderly. These viruses are most commonly transmitted by airborne droplets or nasal secretions and can lead to a wide spectrum of illness.

6.1 When to contact the Infection Prevention and Control Team

The IPCT **must** be informed about:

- Suspected or confirmed respiratory infections i.e. Influenza, pertussis (whooping cough) and COVID-19
- Suspected or confirmed respiratory infections from patients that have recently travelled to countries with infections alerted by external agencies (WHO/PHE)
- Potential outbreaks so that advice about appropriate isolation of patients can be given
- Where side rooms are not available for patients requiring isolation
- When patients required to be cared for in the bespoke isolation room (side room with the lobby and separate ventilation) rather than a standard side room

6.2 Notification of Infectious Diseases

Certain diseases (or suspicion of) are notifiable by law to the Consultant in Communicable Disease Control (CCDC) at the UKHSA. The clinician who considers or diagnoses the infection is responsible for the notification. The Trust IPCT and/or the Infection Prevention and Control Doctor (IPCD) must also be informed of these disease/infections. The notification of infectious diseases (NOID) forms can be obtained via the Trust Infection Prevention and Control web page. However serious notifications must be made by telephone in the first instance followed by written notification. East Midlands Public Health England Centre contact details are: UKHSA East Midlands Seaton House, City Link, London Road, Nottingham, NG2 4LA.
Telephone: **0344 225 4524 option 1**

6.3 Increased risk of developing complications

Some individuals will be more at risk of developing complications, typically pneumonias from RTIs:

- People aged 5 to 65 years with:
 - chronic lung disease
 - chronic heart disease
 - chronic kidney disease
 - chronic liver disease
 - chronic neurological disease
 - immuno-suppression (whether caused by disease or treatment)
 - diabetes mellitus
- Pregnant women
- Young children under 5 years old
- People aged 65 years and older
- Haematology patients; all respiratory viruses pose a risk to clinical haematology patients as they can cause severe viral pneumonitis and may lead to secondary bacterial infections

6.4 What to do if you have a patient with suspected viral respiratory infection

All adults and children admitted with signs and symptoms of a viral upper respiratory tract infection must be care for under source isolation with respiratory isolation precautions in place. All patents should be screened for COVID-19, following the latest swabbing guidance. Patients should be screened for recent travel to countries known to have any incidence of Severe Acute Respiratory Syndrome (SARS), Middle East Respiratory Syndrome Coronavirus (MERS-CoV), Human Metapneumonvirus. Inform the Infection Prevention and Control Team (IPCT)/Consultant Microbiologist, who will advise on which viral screening will be required, the throat swabs are obtained from the microbiological laboratory. Remember that a normal chest x-ray does not rule out respiratory virus infection. It is vital that visitors with signs and symptoms of a viral upper respiratory tract infection are encouraged not to visit, a full explanation must be provided to them, to ensure that they are aware of the potential risk to their relative and others within the hospital environment.

6.5 General management of patients with viral respiratory infection

This section should be read in conjunction with ICP 31 Isolation precautions for patients with confirmed or suspected infectious illness policy. Regular assessment and evaluation of the situation is required, in conjunction with the medical staff, the IPCT to decide if isolation remains the most appropriate form of care.

- **Isolation:** source isolation with respiratory isolation precautions. Respiratory Precautions sign must be placed on the door and the door kept closed. The physical

isolation of a person for medical reasons is one element, however it is important to remember that an isolation room is only part of the process in dealing with individual patients suspected or known to have a respiratory infection. Negative pressure rooms (bespoke side room) **are not** required for most microorganisms but are of particular value when dealing with highly infectious airborne agents e.g. SARS, Novel coronavirus. Psychological support and reassurance must also be given to the patient whilst in isolation

- **Hand hygiene:** hand washing before and after contact with the patient is the single most important measure in preventing the spread of infection. Hands must be washed after the removal of PPE. For COVID 19 hand hygiene follow the Donning and Doffing guidance. Alcohol based hand rub for hand decontamination must be available both in the room (except under enteric precautions) and outside the isolation room
- **Personal protective equipment (PPE):** must be worn when entering the room and for prolonged direct contact, which involves a disposable plastic apron and non-sterile gloves, and when handling blood or body fluids and secretions. For Donning and Doffing guidance see [Appendix A](#).
 - Exclusions, this policy does not cover the use of PPE for [category 4/Hazard Group 4 pathogens](#). Recommendations will be available from the IPCT and the Advisory Committee on Dangerous Pathogens
 - **Sterile glove:** sterile glove must be worn for aseptic techniques or when handling all invasive device for neutropenic patients, and when handling parenteral feeding via a central venous catheter (CVC) or a peripherally inserted central catheter (PICC)
 - **Mask:** masks are required for all suspected/confirmed respiratory viruses. Advice should be sought from IPCT if in doubt.
 - **Eye Protection:** to be worn if mandated by the current Trust PPE guidance.
- **Patient's personal hygiene:** must be of a high standard, to prevent skin colonisation or infection. Liquid soap or shower gel should be used rather than bars of soap. It is important that the patient receive education on good hand hygiene practices, including washing hands before eating and after toileting. Dental hygiene must be performed at least twice a day. When shaving an electric razor is preferred to a wet razor, which **must** be the patient's own razor and not a communal one
- **Equipment:** where ever possible equipment should be single patient use or single use, where this is not possible equipment must be thoroughly cleaned with a Clinell® Universal wipe while being used within the room (refer to last section for discharge cleaning)
- **Laundry:** nightwear and bed linen must be changed daily and when soiled. Linen must be disposed of at the point of use. Used linen must be placed into a red alginate bag inside the room, and then placed in a white plastic laundry bag outside of the room
- **Waste:** clinical waste must be placed into a clinical waste bag inside the room, the bag must be sealed and labelled in the room prior to being removed and taken to the ward waste hold
- **Patient charts/notes:** patient's charts and notes must be kept outside of the isolation room/area
- **Cutlery and crockery:** the use of disposable cutlery or crockery is not required. Patients can use normal cutlery and crockery, the risk of cross infection from these is minimal if they have been thoroughly washed in a dish washer (thermal disinfection). **They must not be washed by hand**
- **Visitors:** must be instructed to wash their hands on entering the room. Exclude those with any infection, or who have been in contact with infection. During the neutropenic phase, visitors must be advised to keep to two visitors at a time, children especially young children should be discouraged from visiting as they often have minor infections. This needs to be balanced with the psychological needs of the patient and their family

- **Cleaning of source isolation rooms:** A high standard of cleanliness as a daily minimum must be maintained by damp dusting, for the duration of the isolation using the micro-fibre system must continue to be used. A peracetic acid based product is used in conjunction with the micro-fibre system for all surfaces (Medirest staff). Nursing staff wipe bed frame and nursing/medical equipment with Clinell® universal sanitising wipes. Commodes to be cleaned with Clinell® wipes after each use)

6.6 Respiratory precautions

Respiratory precautions can be divided into droplet precautions, airborne precaution and aerosol generating procedure (AGP) precautions.

Droplet precaution: are designed to minimise the transmission of respiratory pathogens from infected patients to the mucous membranes of susceptible persons. They are used to prevent the transmission of infectious diseases over short distance through the air i.e. pulmonary tuberculosis, chickenpox, and influenza. A single room must be used.

Airborne precaution: are designed to prevent transmission of infectious agents that remain infectious when suspended in the air and can travel over long distances. Unless an AGP is performed this mode of transmission is not considered important in the transmission of respiratory pathogens causing RTIs.

- Visitors and members of staff from other department must report to the Nurse-in-Charge before entering the room
- Patients should not leave the room to attend other departments without prior arrangements
- The door of the room must be kept closed at all times unless the clinical need of the patient dictates otherwise
- Instruct symptomatic persons to cover mouth/nose when sneezing/coughing, use tissues and dispose in non-touch receptacle, observe hand hygiene after soiling of hands with respiratory secretions
- Don appropriate PPE prior to entering and removed prior to leaving the isolation/single room, and disposed of as clinical waste
- During aerosol generating procedures on patients with suspected or proven infections transmitted by respiratory aerosols (i.e. influenza, SARS, Coronavirus), wear a fit tested FFP3 in addition to gloves, repellent gown (not apron) and eye protection
- Hands must be washed with soap and water and then disinfected with an alcohol based hand rub before entering the room, after patient contact, after contact with potentially infected materials and after removal of PPE
- Respiratory hygiene/cough etiquette (catch it, bin it, kill it). Patient should be instructed to follow the recommendations for respiratory hygiene/cough etiquette. Use a disposable, single use tissue to cover mouth and nose when coughing, sneezing, wiping or blowing noses. The tissue must be disposed of promptly and hands washed immediately.

Aerosol generating procedures precautions

- a full face shield over the standard eye protection (not instead of)
- full body disposable water repellent gown
- FFP3 respiratory; any healthcare staff required to wear an FFP3 respirator must have undertaken FFP3 respiratory fit testing prior to using it
- only those healthcare staff who are required to undertake the procedure should be present
- staff must be careful to contain the area of contamination, as these procedures can produce high concentrations of virus in the air and on environmental surfaces

- in the event of a breach in infection control procedures for instance incorrectly worn FFP3 respiratory during an AGP, staff must be reviewed by Occupational Health

Medical procedures that are considered to be aerosol generating and associated with an increased risk of respiratory transmission are:

- awake* bronchoscopy (including awake tracheal intubation)
- awake* ear, nose, and throat (ENT) airway procedures that involve respiratory suctioning
- awake* upper gastro-intestinal endoscopy
- dental procedures (using high speed or high frequency devices, for example ultrasonic scalers/high speed drills)
- induction of sputum
- respiratory tract suctioning**
- surgery or post-mortem procedures (like high speed cutting / drilling) likely to produce aerosol from the respiratory tract (upper or lower) or sinuses.
- tracheostomy procedures (insertion or removal)

* Awake including "conscious" sedation (excluding anaesthetised patients with secured airway).

** The available evidence relating to respiratory tract suctioning is associated with ventilation. In line with a precautionary approach, open suctioning of the respiratory tract, regardless of association with ventilation, has been incorporated into the current (COVID-19) AGP list. It is the consensus view of the UK IPC cell that only open suctioning beyond the oro-pharynx is currently considered an AGP, and that oral/pharyngeal suctioning is not an AGP.

Source: "National infection prevention and control manual for England", 8 June 2022.

During nebulisation, the aerosol derives from a non-patient source, the fluid in the nebuliser chamber and does not carry patient derived viral particles. If a particle in the aerosol coalesces with a contaminated mucous membrane, it will cease to be airborne and therefore will not be part of an aerosol.

6.7 Duration of isolation requirements

The duration of isolation precautions must continue for 48 hours after the resolution of fever and respiratory symptoms (not including cough). For prolonged illness with complications, control measures must be used during the duration of the acute illness (PHE 2012). Immunosuppressed patients may remain infectious for a much longer period of time, and are at risk for the development of antiviral-resistant virus. The decision to discontinue isolation must be based on assessment of the patient's clinical condition and agreement with the IPCT.

7.0 MONITORING COMPLIANCE AND EFFECTIVENESS

Minimum Requirement to be Monitored (WHAT – element of compliance or effectiveness within the document will be monitored)	Responsible Individual (WHO – is going to monitor this element)	Process for Monitoring e.g. Audit (HOW – will this element be monitored (method used))	Frequency of Monitoring (WHEN – will this element be monitored (frequency/ how often))	Responsible Individual or Committee/ Group for Review of Results (WHERE – Which individual/ committee or group will this be reported to, in what format (eg verbal, formal report etc) and by who)
Use of Standard Precautions	IPCT	Audit	Monthly	IPCC
Hand hygiene compliance	IPCT	Audit	Monthly	IPCC

8.0 TRAINING AND IMPLEMENTATION

Clinical staff should receive induction training on all aspects of infection prevention and control precautions, to prevent the spread of all known or undisclosed transmissible infection, every year thereafter as part of the Trust mandatory training program. Training will be provided by the Infection Prevention and Control Team.

All staff should receive PPE donning and doffing training.

All staff involved in aerosol generating procedures will be fit tested and trained in the use of FFP3 masks. This training will be facilitated through key trainers and health and safety lead. Training records to be managed by training and development

9.0 IMPACT ASSESSMENTS

- This document has been subject to an Equality Impact Assessment, see completed form at [Appendix B](#)
- This document has been subject to an Environmental Impact Assessment, see completed form at [Appendix C](#)

10.0 EVIDENCE BASE (Relevant Legislation/ National Guidance) AND RELATED SFHFT DOCUMENTS

Evidence Base:

- Loveday. H., Wilson. J Pratt. R., Pellowe. C; Golsorkhi, A. Tingle, A. Bak, J. Browne, J, Prieto, J., Wilcox. M. 2014. ***Epic 3. National evidence based guidelines for preventing healthcare associated infections in NHS hospitals in England.*** Journal of Hospital Infection
https://www.his.org.uk/files/3113/8693/4808/epic3_National_Evidence-Based_Guidelines_for_Preventing_HCAI_in_NHSE.pdf
- Coia. J., Ritchie. L., Adisesh. A., Makinson Booth. C., Bradley. C., Bunyan. D., Carson. G., Fry. C., Hoffman. P., Jenkins. D., Phin. N., Taylor. B., Nguyen-Van-Tam. J., Zuckerman. M., (The Healthcare Infection Society Working Group on Respiratory and Facial Protection). 2013. ***Guidance on the use of respiratory and facial protection equipment.*** Journal of Hospital Infection. 85 p. 170-182
- Public Health England. 2017. ***PHE Guidelines for the Public Health Management of Pertussis Incidents in Healthcare Settings***
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/564657/Guidelines_for_the_Public_Health_Management_of_Pertussis_in_Healthcare_Settings_2016.pdf accessed November 2017
- Department of Health. 2015. ***Health and Social Care Act 2008: Code of practice for health and adult social care on the prevention and control of infections and related guidance***
- Heath and Safety Executive. 2013. ***The approved list of biological agents. Advisory committee on dangerous pathogens.***
<http://www.hse.gov.uk/pubns/misc208.pdf> Accessed November 2017
- NHS England. 2022. National Infection Prevention and Control Manual for England.
- **Clinical guide for the management of respiratory patients during the coronavirus pandemic** NHS March 2020

Related SFHFT Documents:

- Covid-19 Pneumonia Treatment in Adult Inpatient Guideline
- Respiratory tract infections in adults management guideline

11.0 KEYWORDS

COVID 19, Isolation, Precautions, RTI, pertussis, whooping cough, rhinovirus, RSV, influenza, SARS, severe acute respiratory syndrome, lower, upper, pulmonary

12.0 APPENDICES

[Appendix A](#) – Donning and Doffing of PPE

[Appendix B](#) – Equality Impact Assessment Form

[Appendix C](#) – Environmental Impact Assessment Form

Appendix A - Donning and Doffing PPE

Before undertaking any procedure or task, staff should assess the risk of likely exposure to blood and/or other body fluids, non-intact skin, mucous membranes, or any equipment or items in the care environment that could be contaminated, and wear PPE if required. PPE must protect adequately against the risks associated with the procedure or task. The items of PPE worn will vary based on the type of exposure anticipated, and not all items of PPE may be required.

Putting on Personal Protective Equipment (PPE)

Before beginning, check which items of PPE are required and that these are available in the correct size.

The order for putting on PPE is Apron or Gown, Fluid-Resistant Surgical Mask (FRSM)/ Respiratory Protection Equipment (RPE) (FFP3),¹ Eye Protection, then Gloves.

1



Apron: Pull over head and tie securely at the back.

2



Gown: Fully cover torso neck to knees, arms to end of wrist and wrap around the back. Fasten at the back.

3



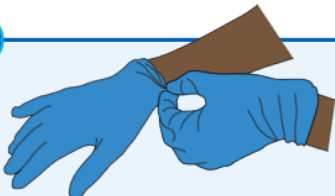
FRSM or RPE (FFP3)¹: Secure ties or elastic bands at middle of head and neck. Fit flexible band to nose bridge. Fit snug to face and below chin. Respirators must be fit checked if being worn.

4



Eye Protection (Goggles/Face Shield): Place over face and eyes and adjust to fit.

5



Gloves: Pull on taking care to minimise contamination of the outer surface by holding gloves at the wrist opening only. Extend to cover wrist (over gown cuffs, if applicable).

Steps on removing PPE are continued on the next page.

Removing Personal Protective Equipment (PPE)

When removing PPE, the correct technique is essential to avoid touching the most contaminated areas of PPE e.g., the outside of gloves and front of aprons/gowns, eye protection, and FRSM/RPE.

The order for removing PPE is Gloves, Apron or Gown, Eye Protection, then FRSM/RPE (FFP3)¹.



Gloves: Pinch and lift the outside of the glove in the palm area with the opposite gloved hand; peel off while turning inside out. Hold the removed glove in the gloved hand. Slide two fingers of the ungloved hand under the remaining glove at the wrist. Peel the second glove off over the first glove and discard.



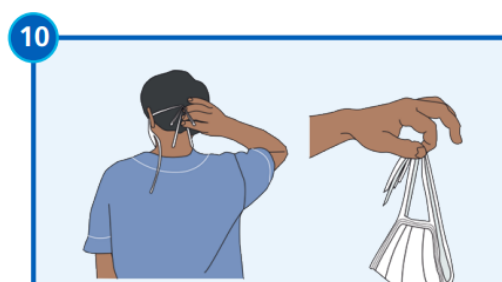
Apron: Unfasten or break neck ties and allow apron to fall forward. Unfasten or break waist ties and pull apron away from the body touching the inside only. Fold or roll into a bundle and discard.



Gown: Unfasten neck, then waist ties. Remove using a peeling motion; pull gown from each shoulder towards the same hand turning gown inside out. Hold removed gown away from body, fold or roll into a bundle and discard.



Eye Protection (Goggles/Face shield): Handle eye protection only by the headband or the sides. Face shields/goggles should be removed by grasping sides and pulling directly forward, away from face. To remove goggles with an elasticated headband, tilt head forward and grasp the headband with index fingers and thumbs, lift the headband upwards whilst pushing frame away from face, lower goggles away from face and discard.



FRSM or RPE (FFP3)¹: Unfasten the ties - first the bottom, then the top or, if elasticated, pull top and bottom elastics together. Handling the ties/elastics only pull away from the face without touching front of mask/respirator and discard.

- All PPE should be removed before leaving the care area and immediately disposed of directly into the appropriate waste stream, or a designated receptacle for reusable PPE.
- Perform hand hygiene immediately upon removal of PPE.

1. Reusable RPE including powered hoods may require a different order for putting on and removing, refer to your local policy if applicable.

APPENDIX B – EQUALITY IMPACT ASSESSMENT FORM (EQIA)

Name of service/policy/procedure being reviewed: Respiratory Tract Infections (Suspected or Confirmed) Policy			
New or existing service/policy/procedure: Existing			
Date of Assessment: 05/04/2024			
For the service/policy/procedure and its implementation answer the questions a – c below against each characteristic (if relevant consider breaking the policy or implementation down into areas)			
Protected Characteristic	a) Using data and supporting information, what issues, needs or barriers could the protected characteristic groups' experience? For example, are there any known health inequality or access issues to consider?	b) What is already in place in the policy or its implementation to address any inequalities or barriers to access including under representation at clinics, screening?	c) Please state any barriers that still need to be addressed and any proposed actions to eliminate inequality
The area of policy or its implementation being assessed:			
Race and Ethnicity	LOW	LOW	LOW
Gender	LOW	LOW	LOW
Age	LOW	LOW	LOW
Religion	LOW	LOW	LOW
Disability	LOW	LOW	LOW
Sexuality	LOW	LOW	LOW
Pregnancy and Maternity	LOW	LOW	LOW
Gender Reassignment	LOW	LOW	LOW
Marriage and Civil Partnership	LOW	LOW	LOW
Socio-Economic Factors (i.e. living in a poorer neighbourhood / social deprivation)	LOW	LOW	LOW

What consultation with protected characteristic groups including patient groups have you carried out? • NA
What data or information did you use in support of this EqIA? • NA
As far as you are aware are there any Human Rights issues be taken into account such as arising from surveys, questionnaires, comments, concerns, complaints or compliments? • No
Level of impact From the information provided above and following EQIA guidance document <u>Guidance on how to complete an EIA</u> (click here), please indicate the perceived level of impact: Low Level of Impact <i>(Delete as appropriate)</i> For high or medium levels of impact, please forward a copy of this form to the HR Secretaries for inclusion at the next Diversity and Inclusivity meeting.
Name of Responsible Person undertaking this assessment: Sally Palmer
Signature: <i>S Palmer</i>
Date: 05/04/2024

APPENDIX C – ENVIRONMENTAL IMPACT ASSESSMENT

The purpose of an environmental impact assessment is to identify the environmental impact, assess the significance of the consequences and, if required, reduce and mitigate the effect by either, a) amend the policy b) implement mitigating actions.

Area of impact	Environmental Risk/Impacts to consider	Yes/No	Action Taken (where necessary)
Waste and materials	• Is the policy encouraging using more materials/supplies? • Is the policy likely to increase the waste produced? • Does the policy fail to utilise opportunities for introduction/replacement of materials that can be recycled?	YES	The trust has a Waste management System in place for PPE disposal.
Soil/Land	• Is the policy likely to promote the use of substances dangerous to the land if released? (e.g. lubricants, liquid chemicals) • Does the policy fail to consider the need to provide adequate containment for these substances? (For example bunded containers, etc.)	NO	
Water	• Is the policy likely to result in an increase of water usage? (estimate quantities) • Is the policy likely to result in water being polluted? (e.g. dangerous chemicals being introduced in the water) • Does the policy fail to include a mitigating procedure? (e.g. modify procedure to prevent water from being polluted; polluted water containment for adequate disposal)	NO	
Air	• Is the policy likely to result in the introduction of procedures and equipment with resulting emissions to air? (For example use of a furnaces; combustion of fuels, emission or particles to the atmosphere, etc.) • Does the policy fail to include a procedure to mitigate the effects? • Does the policy fail to require compliance with the limits of emission imposed by the relevant regulations?	NO	
Energy	• Does the policy result in an increase in energy consumption levels in the Trust? (estimate quantities)	NO	
Nuisances	• Would the policy result in the creation of nuisances such as noise or odour (for staff, patients, visitors, neighbours and other relevant stakeholders)?	NO	