

Outstanding Care,
Compassionate People,
Healthier Communities



Sherwood Forest Hospitals
NHS Foundation Trust

Partners/supporters staying overnight on the maternity ward

Information for patients



**Maternity
Services**

With you every step of the way

Following feedback from our families about how we can improve your birthing experience, King's Mill Hospital are able to offer the option for partners/supporters of women/birthing people to be able to stay overnight on our maternity ward.

If you would like for your partner/supporter to stay, please let your midwife know when you arrive at hospital in labour or for your planned Caesarean birth.

If you require any further information, please speak to your community midwife.

What to bring with you

You should bring your hospital bag as normal. If your partner/supporter is going to be staying overnight with you then they will need to bring:

- A pillow
- Slippers
- Pyjamas/comfortable clothing
- Snacks and money to purchase meals as these are not provided
- Blanket.

What will be provided

The midwives' primary concern is for the woman/birthing person; however, a birthing partner/supporter can stay overnight to support the person on the maternity ward after they have given birth. Your partner/supporter will be provided with a recliner chair and hot/cold drinks.

Requirements for a partner/supporter for an overnight stay

- Please keep conversations quiet and don't make non-essential telephone calls between 10pm and 7am.
- Please do not walk around the ward or leave the ward between 10pm and 7am.
- Please remain fully clothed at all times and shower/attend to personal care at home.

Car parking charges

Please visit the Trust's website for up to date information on parking and charges:
<https://www.sfh-tr.nhs.uk/patients-and-visiting/parking/>

What to expect on the ward:

- For partners/supporters staying in shared bays the visitor toilet is located between B and C bays. Partners/supporters in side rooms may use the ensuite toilets located in the rooms. Side rooms are prioritised for families expecting prolonged stays, with babies on the Neonatal Unit or anybody with a clinical need.
- Tea/coffee rounds are completed during the day by a ward hostess. Overnight there are facilities to make your own hot drinks.
- A vending machine is located on the landing outside the maternity ward.

How partners/supporters can help you:

- Support with the baby
- Help you to lift the baby
- Help you get drinks/food
- Support with personal care (if you wish).

Contact us

Telephone: 01623 676170 or speak to your community midwife.

Refreshments available on/off site

On site:

- **Spice of Life restaurant, level 6**
Breakfast 8am – 11am
Lunch 12pm – 3pm
- **WHSmith/M&S**
Monday to Friday, 7am – 8pm
Saturday to Sunday, 9am – 6.30pm
- **Costa Coffee**
Monday to Friday, 7.30am – 6pm
Saturday to Sunday, 9am – 5pm
- **Daffodil Café**
Monday to Friday, 8am – 4pm
- **Level 6 Vending Machine**
Serving hot and cold food 24 hours a day

Off site

Several cafés, supermarkets, and food outlets are located within a short distance of the hospital site. Patients and visitors can search for nearby options using online maps (such as Google Maps) or other navigation apps.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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