

Outstanding Care,
Compassionate People,
Healthier Communities



Sherwood Forest Hospitals
NHS Foundation Trust

The Neonatal Home Care Team

Information for parents



The Neonatal Home Care Team will facilitate a safe, early discharge by providing on-going specialist care, support and advice for families whose babies have been nursed on the Neonatal Intensive Care Unit/transitional care and are now ready for life at home.

The team will provide support when:

- Your baby was born before 34 weeks gestation.
- Your baby was born weighing 2kg or less.
- Your baby is going home requiring nasal cannula oxygen.
- Your baby is going home needing nasogastric tube (NGT) feeding.
- Your baby is ready for discharge, as long as they meet any of the following criteria:
 - Keeping warm without a hot cot
 - Off all monitoring
 - Gaining weight
 - Completing at least two oral feeds within 24 hours (NGT at home).



The role of the team:

- Providing support in preparing for home.
- Telephoning you shortly after discharge home and arranging future visits.

During these visits:

- You will be offered advice/support with feeding.
- Baby will be weighed regularly and you will be offered advice if changes with feeding/milks need to be made.
- You will be offered advice if you have concerns about your baby.
- Supporting you after initial discharge home up until around your baby's due date or just after. At this time, when you feel confident and are happy with your baby's care, we will discharge you from our service.
- Offering support if your baby has individual needs such as NGT feeding or has an oxygen dependency. This support will be provided up until around four weeks before your baby will be referred on to the Community Children's Team for on-going care.



What to do if a baby stops breathing



What to do if a baby is choking

Contact Information:

- Jo Jepson – Telephone: 07483 903097
- Molly Wright – Telephone: 07483 903131
- Sophie Brown – Telephone: 07483 903114
- Simon Randall – Telephone: 07483 903137

If none of the above can be contacted please leave your details on Nottingham Duty Nurse 0115 9249924 Ext 82647 and we will call back on the same day.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know.

You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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