

Weigh in Wellbeing Support drop-in session Dec 2023 – March 2024

Date	Time	Location
Wed 13 Dec	11.30am -1.30pm	Newark Hospital, Main Corridor
Wed 3 Jan	1.00pm – 3.00pm	Level 3, main corridor between wards 33 and 34, King's Mill Hospital
Wed 10 Jan	11.00am – 1.00pm	Opposite ward lifts near the Faith Centre, King's Mill Hospital
Wed 17 Jan	12.00pm – 2.00pm	King's Mill Treatment Centre, opposite X-ray, King's Mill Hospital
Wed 24 Jan	12.00pm – 1.00pm	MCH Resource room, main reception, Mansfield Community Hospital
Wed 31 Jan	11.00am – 1.00pm	Trust HQ main corridor, King's Mill Hospital
Wed 7 Feb	11.30am – 1.30pm	Newark Hospital, Main Corridor
Wed 14 Feb	1.00pm – 3.00pm	Level 3, main corridor between wards 33 and 34, King's Mill Hospital
Wed 21 Feb	11.00am – 1.00pm	Opposite ward lifts near the Faith Centre, King's Mill Hospital
Wed 28 Feb	12.00pm – 2.00pm	King's Mill Treatment Centre, opposite X-ray, King's Mill Hospital

Wed 6 March	12.00pm – 1.00pm	MCH Resource room, main reception, Mansfield Community Hospital
Wed 13 March	11.00am – 1.00pm	Trust HQ main corridor, King's Mill Hospital

For the latest dates please scan the QR code Or e-mail <u>sfh-tr.wellbeing@nhs.net</u> for dates and more information.