

INFORMATION FOR PATIENTS

ENfit bottle adaptors and syringes

What are ENfit bottle adaptors and ENfit syringes?

An ENfit syringe is a measuring device used to accurately measure and give doses of liquid medicine.



A bottle adaptor is a device which allows the ENfit syringe to connect to the medicine bottle.



Step by step guide:

1. Wash your hands before starting. Shake the bottle of medicine each time you use it.
2. Remove the lid of the bottle. Insert the bottle adaptor, insert the narrow end of the adaptor first, into the neck of the bottle by firmly pressing down.

The bottle adaptor will remain in place until the bottle is empty and should be discarded with the bottle. The bottle adaptors are designed to allow the bottle to be recapped whilst the adaptor remains in place and therefore the bottle adaptor does not need to be removed from the bottle once fitted.



3. Remove the syringe provided from the packaging.

Take the empty syringe and pull the plunger back so that the top of the black ring is on the volume for the dose you need to give.

Push the syringe onto the bottle adaptor and push the purple plunger down slowly pushing the air into the bottle.



4. Tip the bottle and pull the purple plunger back to the required dose mark.

The syringe should fill with liquid medicine.

Ensure there are no air bubbles in the syringe by lightly tapping the syringe.

Tip the bottle back to its upright position and detach the syringe.

Leave the bottle adaptor in place and replace the original lid of the bottle.

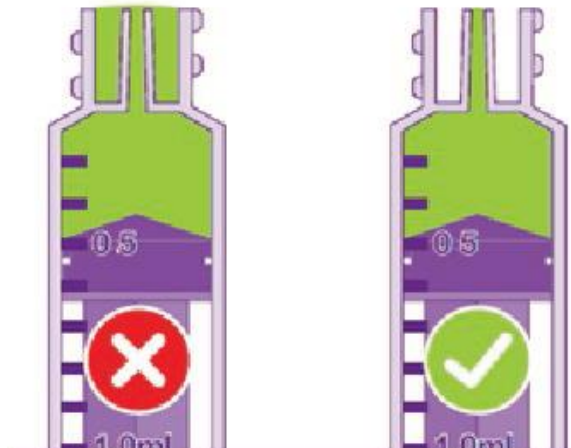


Important

1ml or 2.5ml ENfit syringes must always be used with a bottle adaptor to keep the syringe tip (moat) clear of fluid.

You must check the moat is clear of any excess fluid before administration.

Tap or flick the syringe until the excess fluid has been fully removed from the moat.



4. To reduce the risk of choking, before giving the medicine make sure that you or the person taking the medicine is in an upright position rather than lying down.

Place the syringe into the mouth, with the tip near the inside of the cheek. Push the plunger in slowly, giving the individual enough time to swallow the medicine as it squirts out.

After use do not throw the syringe away

The ENfit syringes provided are **reusable** and can be used for up to 14 days.

Cleaning instructions:

1. Do not allow contents to dry in the syringe before washing. Syringes can be cleaned by washing in warm, soapy water. The plunger should be removed and washed separately.
2. Do not scrub either component of the syringe as this will shorten the life of the syringe.
3. Rinse off each component with cold water thoroughly and allow to air dry.

Please be aware that the equipment for measuring and administering liquid medicines supplied from a community pharmacy may be different. Bottle adaptors and ENfit syringes may not be supplied as routine.

Contact details:

- Pharmacy Department - 01623 622515, extension 3166.
- SFHT Pharmacy Medicines Helpline - 01623 672213.

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service:

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

To be completed by the Communications office
Leaflet code: PIL202504-05-EBAS
Created: August 2017 / Revised: April 2025 /
Review Date: April 2027