Healthier Communities, Outstanding Care



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NG17 4JL

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RE: Freedom of Information Request

8th December 2023

Dear Sir/Madam

With reference to your request for information received on 10th November 2023, I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold the information you have requested. A response to each part of your request is provided below.

In your request you asked:

- Do you have a Staff Health and Wellbeing Lead in your organisation?

 Yes
- 2. Do you have a Staff Wellbeing Team and what is the structure?

 Yes, we have a People Wellbeing Lead who manages the Deputy People Wellbeing Lead.
- 3. Where does staff health and wellbeing sit within your organisation? Human Resources.
- 4. Do you have a Mental Health First Aid programme?
 - Yes REACT Mental Health training is supported by our Occupational Health colleagues, providing a one day training course to colleagues.
- 5. How many Mental Health First Aiders do you have?
- 6. How many Health and Wellbeing Champions do you have? 115 as of 14.11.2023
- 7. Has staff health and wellbeing had financial investment since 2021?
 Yes
- 8. Does your organisation offer staff training? If so, what training do you offer?
 Yes
 - Wellbeing Conversations training
 - Wellbeing Champion Induction training
 - Menopause for Managers training
 - Coping Under Pressure Workshop

Home, Community, Hospital.





I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email sally.brookshanahan@nhs.net.

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/your-data-matters/official-information/.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email casework@ico.org.uk.

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email sfh-tr.foi.requests@nhs.net.

Yours faithfully

Information Governance Team

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.