

FREE OFFER

Integrated  
Care System  
Nottingham & Nottinghamshire



**NHS**  
Nottingham and  
Nottinghamshire

# Nottingham and Nottinghamshire NHS Staff Free Stop Smoking Offer

Do you work with or for the NHS in Nottinghamshire and want to stop smoking? You can have 3 months access to the Pro features of the Smoke Free app and 12 weeks FREE Nicotine Replacement Products or a vape and e-liquid refills. All this and 24/7 access to expert stop smoking advisors for support when you need it most.

**All you need to do is scan the QR code or use the following link to download the app:**

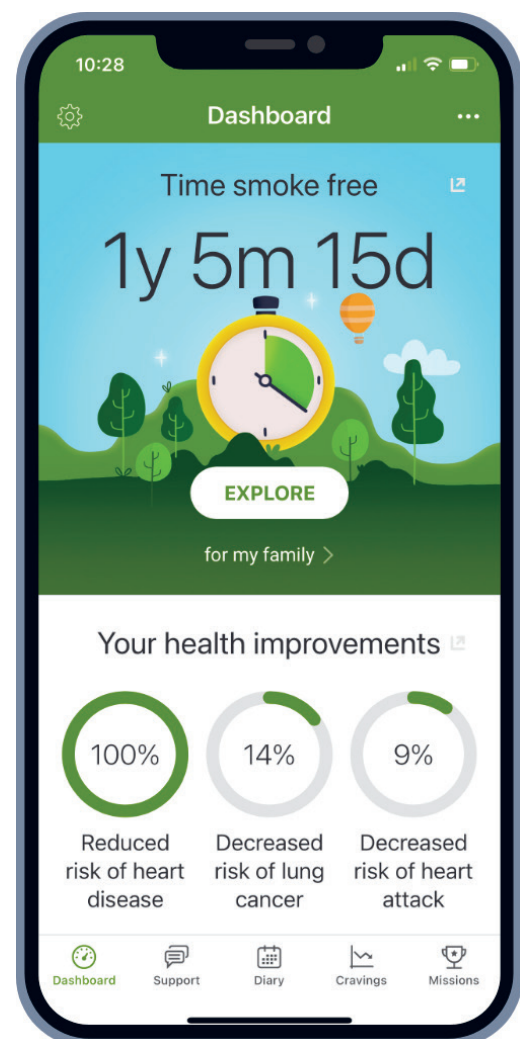
**<https://link.smokefreeapp.com/nottsnhs>**

**For more details contact your health and wellbeing lead or email Kerry Johns:**

**[kerry.johns@smokefree.ai](mailto:kerry.johns@smokefree.ai)**

**Need help downloading the app? email:**

**[support@smokefreeapp.com](mailto:support@smokefreeapp.com)**



 **Smoke  
Free**

[smokefreeapp.com](https://smokefreeapp.com)