

King's Mill Hospital

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2nd March 2026

[REDACTED]

Dear Sir/Madam

Freedom of Information Act (FOI) 2000 - Request for Information Reference: Chemsex-related Services, Policies, and Pathways

I am writing in response to your request for information under the FOI 2000.

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold some of the information you have requested. A response to each part of your request is provided below.

Home, Community, Hospital.

FOI Request / Question	Question Response	Is there an exemption?	Exemption	Exemption Details
<p>1. Service Provision</p> <p>a) Does your Trust currently provide any clinical or non-clinical services that explicitly address any of the following (e.g., within sexual health, mental health, addiction, or emergency care settings) (please say Yes or No for each):</p> <ul style="list-style-type: none"> • Chemsex • Sexualised drug use • Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use • Crystal methamphetamine use • Mephedrone use • LGBTQ+ health issues <p>b) If Yes to any of the above, please describe the nature of each of these services (e.g. dedicated chemsex clinic, integrated support within substance use or sexual health services or other). If you have more than one service for one item, please specify the nature of each service.</p> <p>c) If Yes to any of the above, please provide</p>	<p>With respect to Sexual Health:</p> <p>a. All patients attending our service who have a full history taken are asked about –</p> <ul style="list-style-type: none"> • Chemsex – YES • Sexualised drug use – YES • Gamma-hydroxybutyrate (GHB)/gamma-butyrolactone (GBL) use – YES • Crystal methamphetamine use – YES • Mephedrone use – YES • LGBTQ+ health issues – YES <p>b. These questions are covered in the full sexual health proforma used within our sexual health service. We do not have any specific dedicated service which covers these issues if raised.</p> <p>c. No documents. Patients requesting support for recreational drug use would be signposted to the local Drug & Alcohol service (ie Change Grow Live)</p>			

<p>any documents, guidelines or websites/URLs for each of these services.</p>				
<p>2. Referrals and Care Pathways a) Does your Trust have an established referral pathway or protocol for patients identified as engaging in any of the following (please say Yes or No for each):</p> <ul style="list-style-type: none"> • Chemsex • Sexualised drug use • Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use • Crystal methamphetamine use • Mephedrone use <p>b) If Yes to any of the above, please say which departments are involved in these pathways (e.g. sexual health, mental health, A&E, drug and alcohol teams etc). If you have more than one pathway for one item, please specify the departments for each.</p> <p>c) If Yes to any of the above, please provide any documents, guidelines or protocols that refer to, or describe, such pathways.</p> <p>d) Are there any formal partnerships with external or community-based organisations</p>	<p>With respect to Sexual Health:</p> <p>a.</p> <ul style="list-style-type: none"> • Chemsex/YES • Sexualised drug use/YES • Gamma-hydroxybutyrate (GHB)/gamma-butyrolactone (GBL) use/YES • Crystal methamphetamine use/YES • Mephedrone use/YES <p>b. As per Point 1c above, sexual health service patients requesting support for recreational drug use would be signposted to the local Drug & Alcohol service (ie Change Grow Live)</p> <p>c. No documents.</p> <p>d. No.</p> <p>e. N/A.</p>			

<p>that provides care or services specifically for LGBTQ+ or individuals that engage in chemsex, sexualised drug use or use of GHB/GBL, meth or mephedrone (e.g. Controlling Chemsex, Terrence Higgins Trust, London Friend)? Please state Yes or No. e) If yes to question 2d, please 1) state all external or community-based organisations that your trust has a formal partnership with and please 2) provide any documents, guidelines or protocols that refer to, or describe, these partnerships.</p>				
<p>3. Workforce and Training a) Have any staff received training specifically relating to chemsex, sexualised drug use or LGBTQ+ needs in the last 3 years? Please state Yes or No. b) If yes to question 3a, please state: • The type of staff trained (e.g. clinicians, counsellors, health advisers) • For what services the training was provided for • The name(s) of the training provider(s) and</p>	<p>With respect to Sexual Health: a. Yes b. Clinical staff within the sexual health service will have had opportunity to attend in-house sessions on LGBTQ+ issues and on Chemsex as part of their continuing professional development, but specific numbers of those educated is not available.</p>			

<p>any relevant documents or website/URL</p> <ul style="list-style-type: none"> • The approximate number of staff trained 				
<p>4. Monitoring and Evaluation</p> <p>a) Does your Trust collect data on the number of service users presenting with issues related to chemsex or sexualised drug use? Please state Yes or No.</p> <p>b) If yes to question 4a, please provide available data (by year, from 2020 to present) on:</p> <ul style="list-style-type: none"> • Number of individuals assessed or treated • Type of service accessed (e.g., sexual health, A&E, mental health) • Any outcome measures collected (if available) 	<p>With respect to Sexual Health</p> <p>a. No, not in Sexual Health</p> <p>b. N/A</p>			

I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email sally.brookshanahan@nhs.net.

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/your-data-matters/official-information/>.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email casework@ico.org.uk.

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email sfh-tr.foi.requests@nhs.net.

Yours faithfully

Information Governance Team

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.

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