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**19<sup>th</sup> February 2025**

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Dear Sir/Madam

**Freedom of Information Act (FOI) 2000 - Request for Information Reference:**  
Claudication Services

I am writing in response to your request for information under the FOI 2000.

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do not hold the information you have requested. We do not provide Vascular services at the Trust.

Under Section 16 of the Act we have a duty to provide advice and assistance. Please contact Nottingham University Hospitals NHS Trust [FOI@nuh.nhs.uk](mailto:FOI@nuh.nhs.uk) who may hold this information.

**Home, Community, Hospital.**

FOI Request / Question	Question Response	Is there an exemption?	Exemption	Exemption Details
<b>Services</b>				
Q1. Does your Trust currently provide a vascular service for the diagnosis and treatment of vascular diseases, specifically including vascular surgery and interventional vascular radiology?	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Q2. If vascular services are available, is your organisation designated as a specialist vascular care centre or a hub centre within the network of care providers? (please select all that apply) <b>Specialist services:</b> providing diagnostics and expert advice in an outpatient setting and providing elective and 24/7 emergency vascular services. <b>Hub centre:</b> providing diagnostics and expert advice in an outpatient setting.	<input type="checkbox"/> Specialist centre <input type="checkbox"/> Hub <input type="checkbox"/> Other (Please specify)			
<b>Claudication clinics</b> <b>Intermittent claudication:</b> Intermittent claudication is the most common clinical symptom associated with peripheral arterial disease — walking (exercise) induced pain in the lower limbs caused by diminished circulation that is relieved by rest.				

Q3. In your organisation, are there specific claudication clinics for patients with intermittent claudication?	<input type="checkbox"/> Yes <input type="checkbox"/> No – If no please skip to question Q10			
Q4. If yes, which healthcare professional usually sees patients in these clinics? Please select all that apply.	<input type="checkbox"/> Vascular surgeon/medical doctor <input type="checkbox"/> Vascular nurse specialist <input type="checkbox"/> Allied health professional <input type="checkbox"/> Other (Please specify)			
Q5. In your organisation, what is the format of claudication clinics? Please select all that apply.	<input type="checkbox"/> Diagnostic testing <input type="checkbox"/> Disease counselling and treatment planning <input type="checkbox"/> Offer lifestyle management <input type="checkbox"/> Offer exercise <input type="checkbox"/> Other (Please specify)			
Q6. How frequently are claudication specialist clinics held?	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2–4 weeks <input type="checkbox"/> Every 2–4 months <input type="checkbox"/> Less frequently than all the above options <input type="checkbox"/> Other (Please specify)			
Q7. What is the standard interval for routine follow-up for patients diagnosed with intermittent claudication?	<input type="checkbox"/> Every 1 month, <input type="checkbox"/> Every 3–6 months <input type="checkbox"/> Every 12 months <input type="checkbox"/> Determined by clinical need <input type="checkbox"/> No formal follow-up <input type="checkbox"/> Not Known			

	<input type="checkbox"/> Other (Please specify)			
Q9. In your organisation, what is the current waiting time for patients with intermittent claudication between referral and 1 <sup>st</sup> appointment in the vascular specialist clinics?	Please specify...			
<b>Exercise</b>				
Q10. Are patients with intermittent claudication who attend your Trust offered a supported exercise programme specifically designed for claudication? Please select all that apply.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Verbal advice only			
Q11. What is the format of the exercise programme for patients with claudication? Please select all that apply.	<input type="checkbox"/> Supervised classes in hospital or community setting <input type="checkbox"/> Virtual Supervised classes at home <input type="checkbox"/> App based directed exercise at home <input type="checkbox"/> Home/Unsupervised <input type="checkbox"/> Don't Know			
Q12. If a structured programme exists, where is this programme provided?	<input type="checkbox"/> Your hospital/ Trust, i.e within your organisation <input type="checkbox"/> Another hospital/ Trust, i.e outside your organisation <input type="checkbox"/> Referral to primary care setting outside your organisation <input type="checkbox"/> Referral to a private setting outside your organisation <input type="checkbox"/> Other (Please specify)			

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Q13. Over what duration do these supervised exercise programmes typically last for patients diagnosed with claudication?	<input type="checkbox"/> 4-8 weeks <input type="checkbox"/> 12-16 weeks <input type="checkbox"/> More frequently than all the above options (Please specify) ..... <input type="checkbox"/> Less frequently than all the above options (Please specify) .....			
Q14. How long are the classes (in minutes)?	<input type="checkbox"/> 30-60 minutes <input type="checkbox"/> 60-90 minutes <input type="checkbox"/> More frequently than all the above options (Please specify) ..... <input type="checkbox"/> Less frequently than all the above options (Please specify) .....			
Q15. How often/frequently (times per week) do the classes meet?	<input type="checkbox"/> Once per week <input type="checkbox"/> Every 2-4 weeks <input type="checkbox"/> Every 2-4 months <input type="checkbox"/> Less frequently than all the above options <input type="checkbox"/> Other (Please specify)			
Q16. Which healthcare professionals are involved in delivering the classes? Please select all that apply.	<input type="checkbox"/> Physiotherapist <input type="checkbox"/> Nurse <input type="checkbox"/> Exercise professional <input type="checkbox"/> Other (Please specify)			
<b>Smoking</b>				

Q17. In your organisation, where do you offer a smoking cessation service to patients with intermittent claudication?	<input type="checkbox"/> Your hospital/ Trust, i.e within your organisation <input type="checkbox"/> Another hospital/ Trust, i.e outside your organisation <input type="checkbox"/> Referral to primary care setting outside your organisation <input type="checkbox"/> Referral to a private setting outside your organisation <input type="checkbox"/> Other (Please specify) .....			
<b>Dietetics</b>				
Q18. In your organisation, where do you offer a dietetics service to patients with intermittent claudication?	<input type="checkbox"/> Your hospital/ Trust, i.e within your organisation <input type="checkbox"/> Another hospital/ Trust, i.e outside your organisation <input type="checkbox"/> Referral to primary care setting outside your organisation <input type="checkbox"/> Referral to a private setting outside your organisation <input type="checkbox"/> Other (Please specify) .....			
<b>Psychology</b>				
Q19. Does your organisation offer a psychology service specific for patients with intermittent claudication?	<input type="checkbox"/> Yes <input type="checkbox"/> No – If no please skip to question Q21			
Q20. Is there a screening pathway for patients with intermittent claudication to be referred to a psychologist?	<input type="checkbox"/> Yes <input type="checkbox"/> No – If no please skip to question Q21			
<b>Referral</b>				
Q21 What are the available pathways or methods by which patients with intermittent claudication are referred to	<input type="checkbox"/> Vascular staff screen lists of hospital ward patients <input type="checkbox"/> A telephone/pager referral system <input type="checkbox"/> A paper referral form (collected in person/faxed/posted)			

the vascular service in your organisation? Please select all that apply:	<input type="checkbox"/> Secure email system <input type="checkbox"/> Electronic computerised system (e.g. patient record system) <input type="checkbox"/> Other (Please specify)			
Q22. Is there a standard proforma for referral to vascular?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Other (Please specify)			

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I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email [sally.brookshanahan@nhs.net](mailto:sally.brookshanahan@nhs.net).

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/your-data-matters/official-information/>.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email [casework@ico.org.uk](mailto:casework@ico.org.uk).

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email [sfh-tr.foi.requests@nhs.net](mailto:sfh-tr.foi.requests@nhs.net).

Yours faithfully

#### Information Governance Team

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.