

INFORMATION FOR PATIENTS

Vascular ultrasound scan

This leaflet gives you information about the test that has been booked for you.

What is a vascular ultrasound scan?

This scan is designed to look at the blood vessels (veins and arteries) within the body. For this to be done, the vascular scientist/physiologist will put some jelly onto your skin and use a probe to take some pictures. Your doctor may ask us to scan the vessels in your neck, arms, legs or abdomen.

Is the test safe?

An ultrasound uses harmless sound waves to produce pictures. The test is painless. It does not use radioactivity.

How long will the test take?

The time taken to do the test depends upon the type of scan you have been referred for. Tests last from 20 minutes to 90 minutes.

What should I wear?

You should wear clothes that are easy for you to remove. If you are coming for a scan of your legs, please make sure that you wear sensible underwear which is not too tight. Ladies will be asked to remove any support wear (such as girdles or Spanx) and gentlemen wearing long-johns will be asked for them to be removed.

Will I be given the results?

The results will be passed onto the consultant who requested the test. You will be given the results at your next outpatient appointment.

What preparation is needed?

You can take all your medication as normal. You can eat and drink as normal.

What if I need hospital transport?

If you need hospital transport due to medical reasons you will need to arrange this by using one of the numbers below:

- Nottinghamshire/Leicester: 0345 266 9662
- Derbyshire: 0300 300 3434
- Lincolnshire: 0843 357 1556

Contact details

Cardiorespiratory and Vascular
Department: **01623 672259**.

If the appointment given is not suitable, please contact us.

Please note this test is not available at Newark Hospital.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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