

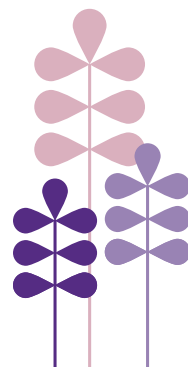


Do you provide unpaid care for someone?

For families and friends looking after someone at this hospital

When a family member or friend becomes ill, older or disabled and needs support you may provide help and support to them, unpaid. This might be providing help with shopping, cleaning, cooking, doing the laundry, assisting with medication, helping with appointments. It can also be help moving around, as well as emotional support, arranging and checking on care, attending meetings, financial support and washing/ bathing or helping to communicate.

If you are helping someone because they are ill or disabled, then you are a carer.





How are carers supported by this hospital?

It can be a difficult time when someone you care for is admitted to hospital. You may wish to be with your relative or friend to continue to support them.

When a patient goes into hospital, it can be a difficult time for the carers. Some carers are real experts. If you are providing a lot of care, you are also very likely to know a lot about their condition and how the person you are caring for likes to be cared for.

If you are supporting someone, then we will arrange for you to have a Carer Passport. This has a number of benefits which will help you as a carer.

As a Carer Passport holder at this hospital, you can:

- ↪ Visit out of normal visiting hours.
- ↪ Provide assistance with personal care, meals and drinks.
- ↪ Be actively involved in the meetings about the person.
- ↪ Be involved in discussion and planning for the discharge of the person you are caring for.
- ↪ Provide support to the person you care for when they are having tests in the hospital.

During their stay in the hospital, your Carer Passport will also give you the following:

- ↪ Free car parking.
- ↪ Regular drinks whilst on the ward.
- ↪ An opportunity to share mealtimes with the person you are caring for.
- ↪ Discounts when buying food at the hospital restaurant Spice of Life.
- ↪ Occasionally being able to stay overnight.
- ↪ Comfort packs for unexpected stays.

A Carer Passport is an offer of support, not an entitlement. It can be withdrawn without notice at staff discretion or if the patient withdraws their consent.

The Carer Passport does not affect your basic rights as a carer. At the point of hospital discharge, you have a right to be consulted as a carer. You are also eligible for an assessment of your needs as a carer. This is true of all carers, whether you have a Carer Passport or not. Please speak to the nurse in charge for further information.

More information

You can request a carers assessment by contacting your local county council. This can be completed by an online enquiry form or by telephone.

Application form

Signed copies should be made available for both the carer and the patient's hospital records.

Patient's name:

By signing below, I indicate that I am aware of the terms of this scheme. In particular:

- ✓ I understand that the Carer Passport can be withdrawn without notice at staff discretion or if the patient withdraws their consent.
- ✓ I know that I may be asked to leave for privacy reasons, when others may need rest, or to enable medical staff to carry out their duties.
- ✓ I know that hygiene and infection control is important in wards and I will follow any arrangements that are in place.
- ✓ I will tell staff if I'm entering or leaving the ward outside of normal visiting hours.
- ✓ I understand that staff will talk to me about what is confidential and what information can be shared with me.
- ✓ I know that the Carer Passport is for the duration of the patient's stay in hospital and will cease when the patient is discharged. I may be asked to complete this form again, if the patient is readmitted. I understand this ensures the hospital keep up-to-date records of who is caring and this can change.

Carer's name:

Phone number:

Carer's signature:

Date:

Relationship
to patient:

Passport authorised by:

Print name:

Job title:

Date:



Consent to issue a Carer Passport

Patient has consented to a Carer Passport for their carer

Y

N

Patient does not have capacity but would benefit from assistance from their carer

Y

N

If neither of the above statements are true, then a Carer Passport cannot be issued. If the Carer Passport has been revoked, please give the date:

Consent authorised by:

Print name:

Job title:

Other sources of support and information for carers

In the Hospital

Patient Experience Team (PET)

01623 672222

sfh-tr.PET@nhs.net

Community Involvement Department

01623 676011

sfh-tr.voluntary.services@nhs.net

National support

Carers UK

0808 808 7777

carersuk.org

Carers Trust

0300 772 9600

carers.org

Local Support

Nottinghamshire Carers Hub

**0115 824 8824 Lines are open Monday to Friday,
9am until 5pm**

hello@tuvida.org

Nottinghamshire County Council

0300 500 80 80

Derbyshire County Council

01629 533190

