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**25<sup>th</sup> August 2026**

Dear Sir/Madam

**Freedom of Information Act (FOI) 2000 - Request for Information Reference:**  
Hysteroscopy Pain Management

I am writing in response to your request for information under the FOI 2000.

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold some of the information you have requested. A response to each part of your request is provided below. Please accept our sincere apologies for the delay.

**Home, Community, Hospital.**

| FOI Request / Question                                                                                                           | Question Response                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Is there an exemption? | Exemption      | Exemption Details |
|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------|-------------------|
| 1. Please supply a graph of your most recent audit of pain scores for<br>a. diagnostic hysteroscopy<br>b. operative hysteroscopy | Please, see Image below for the pain scores in operative hysteroscopy. There is no audit on diagnostic hysteroscopy procedures. The diagram is an outcome of the recently published Trial: "King's Mill Anterior-Posterior and Transverse (KAPT) block versus paracervical block in operative outpatient hysteroscopy: a single-centre randomised controlled trial" that was performed in our Department by our Lead Mr Laiyemo, provided please see accompanying document FOI 1378 KAPT | No                     | Not applicable | Not applicable    |

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**Patient Experience Team**  
01623 672222  
sfh-tr.pet@nhs.net

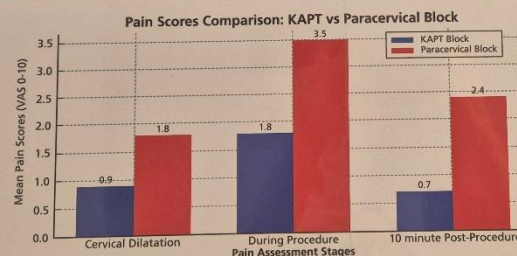


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**Trust Chair** Graham Ward  
**Chief Executive** Jon Melbourne

### Pain Scores

| Time Point                | KAPT Block | Paracervical Block | p-value      |
|---------------------------|------------|--------------------|--------------|
| Cervical dilatation       | 0.9 ± 1.2  | 1.8 ± 2.2          | 0.082        |
| During procedure          | 1.8 ± 2.0  | 3.5 ± 3.1          | <b>0.029</b> |
| 10 minutes post-procedure | 0.7 ± 1.0  | 2.4 ± 2.6          | <b>0.007</b> |



2. In the last 2 years how many/and what percentage of your hysteroscopy patients had the service of an anaesthetist giving general or regional anaesthetic or IV sedation plus analgesia for :

- diagnostic hysteroscopy
- operative hysteroscopy

This information is not held.

No

Not applicable

Not applicable

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|                                                                                                                                                                        |                                                                                                                                                                                                                                                                      |    |                |                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------|----------------|
| 3. Is Entonox routinely available for your awake hysteroscopy procedures.                                                                                              | Yes                                                                                                                                                                                                                                                                  | No | Not applicable | Not applicable |
| 4. Is Pentrox available for your awake hysteroscopy procedures? If so is this available to all patients from the outset of the procedure or only at the onset of pain? | Not applicable                                                                                                                                                                                                                                                       | No | Not applicable | Not applicable |
| 5. Do you offer IV sedation with analgesia for hysteroscopy in<br>a. outpatients and<br>b. day case/theatre.                                                           | a. No<br>b. Yes                                                                                                                                                                                                                                                      | No | Not applicable | Not applicable |
| 6. Are you considering offering IV sedation with analgesia for hysteroscopy. If so would this be a new/separate clinic?                                                | No.                                                                                                                                                                                                                                                                  | No | Not applicable | Not applicable |
| 7. What percentage of your patients received any kind of anaesthesia for<br>a. diagnostic hysteroscopy<br>b. operative hysteroscopy                                    | a. diagnostic procedures – no audit available but anaesthesia is offered in a form of local anaesthesia and Entonox is offered to all patients.<br><br>b. For operative hysteroscopy in 100% local anaesthetic is administered, and Entonox remains patients choice. | No | Not applicable | Not applicable |
| 8. What percentage of all your hysteroscopy procedures couldn't be completed due to pain or                                                                            | This information is not held.                                                                                                                                                                                                                                        | No | Not applicable | Not applicable |

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|                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |    |                |                |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------|----------------|
| distress in<br>a. diagnostic hysteroscopy<br>b. operative hysteroscopy                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |    |                |                |
| 9. Is it true that local anaesthesia is only offered if the patient is showing signs of pain during<br>a. diagnostic hysteroscopy<br>b. operative hysteroscopy                                                                                                    | a. diagnostic hysteroscopy – no, this is patient's choice and is always offered prior to the procedure<br><br>b. operative hysteroscopy – no, in operative hysteroscopy patients can decline the local anaesthesia but it is administered routinely in each case unless declined                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | No | Not applicable | Not applicable |
| 10. Are over-the-counter medicines patients take at home and distraction techniques the ONLY pain management used for<br>a. diagnostic hysteroscopy<br>b. See and Treat polypectomy/myomectomy<br>c. scheduled polypectomy/myomectomy<br>d. endometrial ablation. | a. diagnostic hysteroscopy – no, we offer oral pain relief as well – paracetamol, ibuprofen, buscopan and codeine are available in clinic. Gel, containing lidocaine (Instillagel), local anaesthetic and Entonox are available at all times<br><br>b. See and Treat polypectomy/myomectomy - no, we offer oral pain relief as well – paracetamol, ibuprofen, buscopan and codeine are available in clinic. Gel, containing lidocaine (Instillagel), local anaesthetic and Entonox are available at all times<br><br>c. scheduled polypectomy/myomectomy – no, we offer oral pain relief as well – paracetamol, ibuprofen, buscopan and codeine are available in clinic. Gel, containing lidocaine (Instillagel), local anaesthetic and Entonox are available at all times<br><br>d. endometrial ablation – no, we offer oral pain relief as well – | No | Not applicable | Not applicable |

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|                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                       |    |                |                |
|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------|----------------|
|                                                                                                                                                | paracetamol, ibuprofen, buscopan and codeine are available in clinic. Gel, containing lidocaine (Instillagel), local anaesthetic and Entonox are available at all times.                                                                                                                                                                                                                                              |    |                |                |
| 11. Would you please supply a copy of your consent forms for all types of hysteroscopy procedures (Outpatient and day case with anaesthetist.) | See attached. We use Consent form 1 in the day case and Consent form 3 in the outpatient setting. Please see FOI 1378 Outpatient hysteroscopy stickers sample which are attached to the consent form in the outpatient hysteroscopy for various procedures offered. Please see FOI 1378 KMH_002319_Hysteroscopy Assessment Form_2025 the hysteroscopy assessment proforma which the Department has designed recently. | No | Not applicable | Not applicable |
| 12. Would you please supply or tell me where I can see, a recent Hologic audit of your Myosure service.                                        | This information is not held.                                                                                                                                                                                                                                                                                                                                                                                         | No | Not applicable | Not applicable |

I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email [sally.brookshanahan@nhs.net](mailto:sally.brookshanahan@nhs.net).

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/your-data-matters/official-information/>.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email [casework@ico.org.uk](mailto:casework@ico.org.uk).

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email [sfh-tr.foi.requests@nhs.net](mailto:sfh-tr.foi.requests@nhs.net).

Yours faithfully

### Information Governance Team

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.