

## INFORMATION FOR PATIENTS

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# Integrated Community Stroke Service

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The service aims to enable people who have been admitted to hospital with a diagnosis of stroke, to have specialist stroke rehabilitation delivered within the community

### What does the service do?

The service consists of a specialist team who works with people who have had a stroke and helps them to make the transition from hospital to home.

Once people are safe to be discharged from hospital, the team can provide stroke rehabilitation to maximise their potential.

The service offers support for up to six months from discharge from hospital to promote recovery.

### Who will benefit from the service?

People with a new diagnosis of stroke, who are assessed to be medically stable to return to their own home with the specialist input of the Integrated Community Stroke Service.

### How does the service work?

- The team will contact you after discharge from hospital to identify your rehabilitation needs and help you set personalised goals - we will offer support tailored to your individual needs.
- We may provide visits at home, virtual therapy (via a video call) or support over the telephone. We will discuss together the input we can offer on the initial contact with each individual and agree a treatment plan.
- With your permission we will work with you, your family, carers, or friends to support you at home and promote your independence - we will also refer to other specialist services as appropriate.
- You will remain in the service for a maximum of up to six months; this will be determined by your needs.
- The frequency of your input will depend upon your individual needs.
- There is no cost to you for this service.

## Who may I receive input from as part of this service?

You will receive input from a specialist stroke team. You may not need input from everyone in the team, but the team members include:

- Physiotherapist
- Occupational therapist
- Speech and language therapist
- Clinical psychologist
- Community specialist stroke nurse
- Rehabilitation support worker
- Stroke assistant practitioner.

## Contact details

We value and welcome your feedback to continually improve our service.

We will be asking you to complete a short questionnaire prior to discharge from our service. If you have any other comments or suggestions, please contact a member of the team:

Stroke Early Supported Discharge  
Level 1  
King's Mill Hospital  
Mansfield Road  
Sutton in Ashfield  
Nottinghamshire  
NG17 4JL

Telephone: 01623 672355

## Further sources of information

NHS Choices:

[www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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