

INFORMATION FOR PATIENTS

Catheter care after discharge

You are being discharged home with a catheter in place. We aim to remove it within two weeks.

Before you leave the hospital, please ensure you have been given spare leg/night bags and have been shown how to apply and change these. We recommend you change them weekly.

Personal hygiene is very important. Have a daily shower or bath. Do this with your leg bag or valve attached. Wash the skin in the area where the catheter enters the body with unperfumed or mild soap and water at least daily.

Your catheter should not cause you any problems, but occasionally it may leak. One reason for this is constipation, so please ensure your bowel movements are regular. As long as it is draining, and you are not experiencing any pain, please do not be alarmed.

Contact details

If you have any queries, please telephone Urology Outreach on 01623 622515, extension 2429. If your call goes to the answer phone, please leave a message and we will return your call.

Our working hours are Monday to Friday, 9am to 5pm - we do not work weekends or bank holidays. If you have any problems with your catheter outside of these hours you will need to attend your nearest Emergency Department.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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