Outstanding Care, Compassionate People, Healthier Communities

NHS Sherwood Forest Hospitals NHS Foundation Trust

INFORMATION FOR PATIENTS

Baby hip scan

Your baby has been referred for a hip scan. This leaflet will help you understand what this involves.

What is a baby hip scan?
A baby hip scan uses ultrasound to produce a picture of your baby's hips on a TV screen. This is similar to the scans carried out on women during their pregnancy.

This examination usually takes less than 20 minutes. There is no special preparation, and you do not need to bring anything with you.

Why does my baby need a hip scan?
It is sometimes important to check that the hip joint has developed normally. This is done for several reasons:

- If baby has been laid breech during late pregnancy.
- If other family members had dislocated/dysplastic hips.
- If clicky hips are discovered at your baby's neonatal check.

What are clicky hips?
A clicky hip usually means that the practitioner who examined your baby shortly after birth could move the thigh bone more than is usual in the hip joint.

Clicky hips in a newborn baby very rarely produce any lasting problems but they do alert the practitioner to the possibility of instability or dislocation of the hip.

When is the scan done?
The scan will be carried out when your baby is approximately four to six weeks old.

Who will perform the scan?
Your baby's scan will be carried out by a specially trained sonographer. The sonographer will give you full explanation of what the scan involves. You will be asked to give your permission before the examination is performed.

How is the scan done?
You will need to remove your baby's lower clothing but not the nappy.

Your baby will then be laid on his/her side in a specially designed hip ultrasound cradle. You will be asked to hold your baby still during the examination.

A small amount of gel will be put on baby's thigh and the sonographer uses an ultrasound probe to produce the pictures.

Will it hurt my baby?
Your baby may cry because they do not like being held still but the examination will not be painful. You may bring any comforters/soothers for your baby.

What happens after the scan?
At the end of the scan the sonographer will discuss the results with you.

If you have any concerns or questions regarding the scan, please telephone the ultrasound department on 01623 622515, extension 3211.

Finally
We need to know your baby will be attending the appointment. Please contact us as soon as possible on the above number. If your appointment time is inconvenient then we can offer an alternative.

Please leave any valuables at home. You are responsible for all personal items you bring into hospital and the Trust cannot accept responsibility for their loss or damage.

Your radiology records
This Trust is part of a group of NHS hospitals in the East Midlands that have a shared NHS radiology system, which is used by our healthcare professionals to access your radiology records.

If necessary, your radiology records may also be accessed by healthcare professionals in other NHS hospitals in the East Midlands or NHS Service Providers, to ensure you receive consistent, safe and effective clinical care and treatment, irrespective of where you receive your care.

If you have any concerns about providing information or how we use it, please discuss this with radiology staff so that you fully understand the potential impact on your care or treatment.

Further sources of information
NHS Choices: www.nhs.uk/conditions
Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)
PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222
Newark Hospital: 01636 685692
Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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