

## INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

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# Learning difficulties/developmental delay resources

## Information, support, and useful websites

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### Local information

#### **Nottinghamshire Help Yourself**

This website is designed to help you find information about a whole range of services that are available in the county.

Website: <http://www.nottshelpyourself.org.uk>

There are specific resources for children/young with additional needs and their families. Select the green button 'Local Offer – Special Educational Needs and Disabilities (SEND)'.

#### **Statutory SEND Service:** [Statutory SEND Service | Nottinghamshire County Council](#)

The statutory SEND service brings together colleagues from education and social care into one team to deliver a holistic approach to support for children and young people with disabilities who are aged 0 to 25 years.

**Family Hub Networks** have been established to support families from conception until their child reaches the age of nineteen. This service incorporated what was the Children's Centre Service and parts of the Family Service. Teams provide universal and early help support helping families as needs emerge. They retain a specialism for supporting under-fives, whilst providing additional support for families with school aged children. More info at [Family Hub Networks | Nottinghamshire County Council](#)

**Targeted Early Help Services** which were previously provided by the Family Service are now part of new Family Support and Safeguarding Teams (FSST). These teams provide intensive support for families with entrenched or complex needs and include education enforcement.

#### **Accessing Early Help and Family Hub Services/Support**

There have also been some changes in the way you can refer to Nottinghamshire County Council early help services. Requests for support can now be made using one online form regardless of the age of the child/young person.

Referring to Early Help services | Nottinghamshire County Council - complete the online service request form for families from conception to 19 years.

Call the Early Help Unit on 0115 804 1248 (especially if the referral is considered complicated, or you just need advice). If you have any questions or want to discuss the needs of a family, please contact the Early Help Advisors at email [earlyhelp@nottscc.gov.uk](mailto:earlyhelp@nottscc.gov.uk) or telephone 0115 804 1248.

**Ask Us Nottinghamshire** (formerly Iris)

An information service for parents of children and young people with disabilities in Nottingham and Nottinghamshire. Ask Us can also provide education advice.

Telephone: 0800 121 7772

Website: <https://askusnotts.org.uk/>

**Community Paediatrics website** (Sherwood Forest Hospitals)

Website: [www.cyp.sfh-tr.nhs.uk](http://www.cyp.sfh-tr.nhs.uk)

**Dynamic Support Register (DSR)**

This new policy aims to prevent unnecessary hospital admissions for people with a learning disability and autistic people. The policy includes new guidance on the implementation of dynamic support registers and updates to the Care (Education) and treatment reviews.

For enquiries, email: [nnicb-nn.nottsdsr@nhs.net](mailto:nnicb-nn.nottsdsr@nhs.net)

## Education

**Ask Us Nottinghamshire** (formerly Parent Partnership Service)

Support for parents to understand the education system, plus support to improve communication between parents and school.

Website: <https://askusnotts.org.uk/>

Telephone: 0800 121 7772

**IPSEA** (Independent Parental Special Education)

Website: <https://www.ipsea.org.uk/>

Telephone: 0300 222 5899 (open Fridays, 10am-3pm).

Advice and tribunal advice telephone appointments can be booked through the website.

Information regarding supporting children with additional needs in school can also be accessed on the Nottinghamshire Help Yourself website (details on the previous page in 'Local information').

## National

**Family Lives**

Provides support help and advice for parents managing children and young people with or without disabilities.

Website: [www.familylives.org.uk](http://www.familylives.org.uk)

Freephone: 0808 800 2222

**Contact a Family**

Provides information about medical conditions including learning disability.

Website: <http://www.cafamily.org.uk/>

Helpline: 0808 808 3555

**Family Fund**

Provides grants to low-income families with a severely ill or disabled child.

Website: <http://www.familyfund.org.uk/>

## For families of young people with learning disabilities

### **A Place to Call Our Own (APTCOO)**

This charity offers support and services to families of children with additional needs. Bases at: Botany Avenue, Mansfield, Cameleon Lodge, Thoresby and North Farm House, Budby.

Website : [www.aptcoo.co.uk](http://www.aptcoo.co.uk)

Email : [enquiries@aptcoo.org](mailto:enquiries@aptcoo.org)

Telephone: 01623 629902

### **AbilityNet**

AbilityNet helps people of any age and with any disability to use technology to achieve their goals at home, at work and in education.

Website: [www.abilitynet.org.uk](http://www.abilitynet.org.uk)

Helpline: 0800 048 7642

### **The Challenging Behaviour Foundation**

For information and support please see the Family Support Service section of the website.

Website: <http://www.challengingbehaviour.org.uk/>

Family Support Line: 0300 666 0126

Email: [support@theCBF.org.uk](mailto:support@theCBF.org.uk)

## Websites for children and young people

### **Mencap**

A charity supporting people with a learning disability, and their families and carers.

Website: <http://www.mencap.org.uk>

## Benefits

### **Citizens Advice Bureau**

Online advice: <http://www.adviceguide.org.uk/>

### **Disability Rights UK**

Website: <https://www.disabilityrightsuk.org/>

### **Disability Living Allowance information**

Website: <http://www.disabilityrightsuk.org/disability-living-allowance-dla>

**Personal Independent Payment** (replaces Disability Living Allowance for those over 16 years of age)

Website: <http://www.disabilityrightsuk.org/personal-independence-payment-pip>

### **Department for Work and Pensions**

Website: <http://www.dwp.gov.uk/>

### **Disability Living Allowance**

Website: <https://www.gov.uk/disability-living-allowance-children>

An application can be started online, or a form requested by telephone on 0800 121 4600.

## General health information



## Information services

### Library & Knowledge Service, King's Mill Hospital

The library holds several books and resources which can support your child and young person's needs. Books are available to be borrowed by professionals and members of the public.

Telephone: 01623 622515, extension 4009

Email: [library.sfht@nhs.net](mailto:library.sfht@nhs.net)

Online link to catalogue of books and resources: <https://koha.healthlibrariesmidlands.nhs.uk/> - click on 'All libraries' on the right hand side and select King's Mill Hospital.

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### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns, or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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